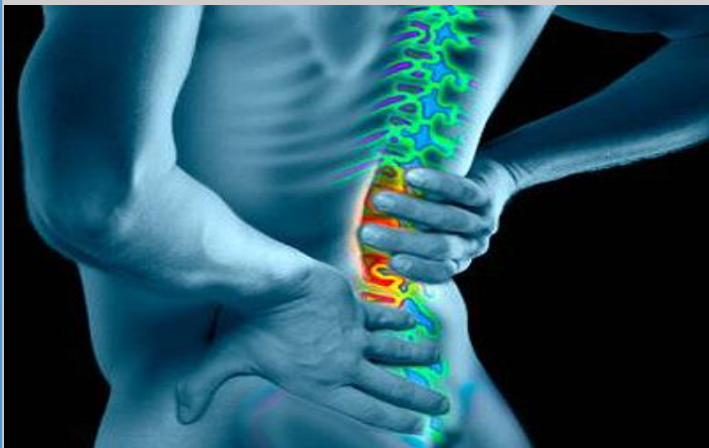


Managing Pain In the Primary Care Setting

April 26 & April 27, 2019

The Petroleum Club
Shreveport, LA



Jointly provided by:



Pain Symposium

Friday, April 26th

- 1:00 PM Registration
- 1:45 PM Welcome and Introduction
- 2:00 PM Low Back Pain in Primary Care—Lee Rielly, PhD
- 2:45 PM Fibromyalgia and Osteoarthritis: An Update for the Primary Care Provider—Mary “Katie” Walton, MD
- 3:30 PM Break
- 3:45 PM The Role of Physical Therapy in the Management of Chronic Myofascial Pain—Johanna Lough, PT, Cert. DN
- 4:30 PM Yoga and Chronic Pain—Lori Panu, MPH
- 5:00 PM Questions/Discussions
- 5:15 PM Program Conclusion
- 5:30PM-7:30PM Reception

Saturday, April 27th

- 7:00 AM Registration and Breakfast
- 7:45 AM Welcome and Introduction
- 8:00 AM Overview of Pain Pharmacology: Safe Prescribing Practices —Randall P. Brewer, MD
- 8:45 AM Controlled Dangerous Substances: Legislative Update and Avoiding Drug Diversion —Warren Rivera
- 9:30 AM Managing Migraines in Primary Care—Debra Davis, MD
- 10:15 AM Break with Exhibitors
- 10:30 AM Addiction and Substance Abuse: Considerations for diagnosis and treatment in the Primary Care Setting—Olufemi Ogundeji, MD
- 11:15 AM The Role of Physical Therapy in Chronic Pain—Lee Rielly, PT PhD
- 12:00 PM Lunch Lecture: Medical Marijuana: Where are we now?
- 1:00 PM Break with Exhibitors
- 1:15 PM Acupuncture—Roscoe Chan, MD, FRCPC, ACU
- 1:45 PM When to Refer to a Pain Specialist for Advanced Pain Therapies —Randall P. Brewer, MD
- 2:30 PM Case Study Discussion—Melanie Smith, PA-C
- 3:15 PM Questions & Answers, Key Takeaways
- 3:45 PM Program Completion

Statement of Need

In light of the federal government's recognition of the national opioid epidemic and the release of the CDC Guideline for Prescribing Opioids for Chronic Pain, physicians need to recognize and understand the importance of a multi-disciplinary and multi-modal approach to treating chronic pain.

Overview

The purpose of this activity is to increase physician knowledge regarding treating chronic pain patients. In order to provide the highest quality of patient care, physicians must know the tools and resources available in treating this complex patient population. Providers should understand the mechanisms and types of pain as well as become familiar with the classes of medications, physical modalities, and interventions utilized to treat chronic pain.

Educational Objectives

At the conclusion of this educational activity, the participants should be better able to effectively:

- Discuss the essential neurophysiology and neuropharmacology as a basis for the selection of methods to medically manage chronic pain.
- Discuss the use of complementary and alternative medicine for the management of multiple chronic pain conditions.
- Distinguish between migraine and other types of headache to guide treatments with the appropriate pharmacotherapeutic intervention.
- Discuss the burden of managing adults with low back pain in the United States within the context of the healthcare delivery system, economy and workforce.
- Describe the contemporary issues regarding the role of select therapeutic interventions within the scope of physical therapy practice, including patient education, thermal modalities, electrotherapy, mechanical spinal traction, manual therapy, and exercise therapy in the management of adults with chronic low back pain complaints.
- Define the components of monitoring practices in the use of controlled therapies for chronic pain including written consent, urine toxicology, and pharmacology monitoring as guided by new opioid prescribing laws and rules.
- Describe common methods of diversion and recognize red flags.
- Identify signs of addiction and appropriate treatment options utilizing community resources.

Predicted Outcomes

Predicted *changes in practice* as a result of participating in this activity may include the improved ability to:

- Utilize new legislation and safe prescribing practices to shape office policies for the treatment of chronic pain in primary care setting.

- Develop treatment plans incorporating multi-modal practices including physical therapy and complimentary medicine for the management of chronic pain states.
- Manage and treat painful states with medications based on neurophysiology and neuropharmacology principles previously discussed.

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Tulane University Health Sciences Center and CrescentHealth Consulting. Tulane University Health Sciences Center is accredited by the ACCME to provide continuing medical education for physicians.

Designation

Tulane University Health Sciences Center designates this live educational activity for a maximum of *10 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Tulane University Health Sciences Center and CrescentHealth Consulting presents this activity for educational purposes only and does not endorse any product, content of presentation or exhibit. Participants are expected to utilize their own expertise and judgment while engaged in the practice of medicine. The content of the presentations is provided solely by presenters who have been selected because of their recognized expertise.

CEU Credits

Tulane University Center for Continuing Education is accredited by the International Association for Continuing Education and Training (IACET) and is authorized to issue the IACET CEU.

Tulane University Center for Continuing Education is authorized by IACET to offer 1 CEU for this program.

Disclosure

This activity has been planned and implemented in accordance with the ACCME® Accreditation Requirements and the IACET 1-2018 Standard to ensure balance, independence, objectivity, and scientific rigor. All individuals responsible for content, regardless of role(s), are required to document financial relationships or the absence of relationships with commercial interests, and all potential conflicts of interest must be resolved prior to the activity. Disclosure of off-label, experimental or investigational use of drugs or devices must also be made known to the audience.

Physician Competencies

This conference is designed to address the issues of competence in the following areas:

ACGME/ABMS Competencies

Patient Care and Procedural Skills, Medical Knowledge, Practice Based Learning Improvement, Interpersonal and Communication Skills, Professionalism and Systems- based Practice.

Institute of Medicine Competencies

Provide Patient Centered Care, Work in Interdisciplinary Teams, Employ Evidence-based Practice.

Interprofessional Education Collaborative Competencies

Values/Ethics for Interprofessional Practice, Roles/Responsibilities, Interprofessional Communication and Teams and Teamwork.

Meeting Site

The Petroleum Club

416 Travis St., Shreveport, LA 71101
15th Floor
318-425-4251

Accommodations

The Remington Suite Hotel & Spa

220 Travis St., Shreveport, LA 71101
318-425-5000

\$165 Single or Double, plus applicable taxes.

Mention the **CrescentHealth Group** to receive the discounted rate. Reservation Cut-Off Date is **March 26, 2019**. After this date, rooms and rates are subject to availability. A written confirmation will be sent by the hotel upon request. ***If guest rooms at the Remington sell out, please call our office at 318-524-7163 for reservation assistance.***

Registration

The registration fee includes all educational sessions and materials, buffet breakfast, lunch, and refreshment breaks. Register online at <http://tulane.edu/cce/> and click on the Pain meeting or complete the registration form and return it with payment to: Tulane Center for Continuing Education, 1430 Tulane Avenue #8451, New Orleans, Louisiana 70112-2699. You may also fax your credit card registration to 504-988-1779.

Written notification of cancellation must be postmarked by **April 14, 2019** to obtain a partial refund of the registration fee (a \$35 administrative fee will be retained). After that time, no refunds will be issued. Tulane University Health Sciences Center reserves the right to cancel this program if there are insufficient registrations. Full refunds would be made in that event. However, CrescentHealth Consulting and Tulane University Health Sciences Center is not responsible for any related costs or expenses including change/cancellation charges assessed by airlines. If you do not receive confirmation in a timely manner, please call us at (504) 988-5466.

Registration Form (or register online at:

<https://ww2.highmarksce.com/tulane/>)

Pain for Primary Care Symposium 2019

April 26 & 27, 2019

Name _____ Degree _____

Address _____

City _____ State _____ Zip Code _____

Phone _____ Fax _____ Specialty _____

Are you a Physician? ☐ Yes ☐ No

Email _____

Emergency Contact: _____

Phone Number _____ Alternate Number _____

Registration Fees	Early Bird	After 4/1/19
<input type="checkbox"/> Physicians	\$199	\$239
<input type="checkbox"/> PAs/NP	\$199	\$239
<input type="checkbox"/> Allied Health	\$199	\$239
<input type="checkbox"/> Nurses	\$199	\$239
<input type="checkbox"/> Residents/Students*	\$99	\$139

*(with letter of verification emailed to cme@tulane.edu)

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1430 Tulane Ave #8451, New Orleans, Louisiana 70112-2699

Fax your credit card registration to: (504) 988-1779

Indicate any special needs as designated by the ADA. _____

Indicate dietary restrictions: _____

Faculty

Activity Director

Randall P. Brewer, MD, CPI

Medical Director, River Cities Interventional Pain Specialists
Founder/Principal Investigator, River Cities Clinical Research Center
Adjunct Professor, Neurology, Louisiana State University Health Sciences Center
Shreveport, LA

Roscoe Chan, MD, FRCPC, ACU

Board Certified Radiation Oncologist (USA & Canada)
Certified Medical Acupuncturist
Medical Director, Radiation Oncology
CHRISTUS Highland Cancer Center
Shreveport, LA

Debra Davis, MD

Professor of Clinical Neurology, Louisiana State University Health Sciences Center
American Board of Psychiatry and Neurology Certification in Neurology
United Council for Neurologic Subspecialties Certification in Headache Medicine
Shreveport, LA

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Physical Therapist
On Point Physical Therapy and Wellness
Shreveport, LA

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Shreveport, LA

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Shreveport, LA

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