

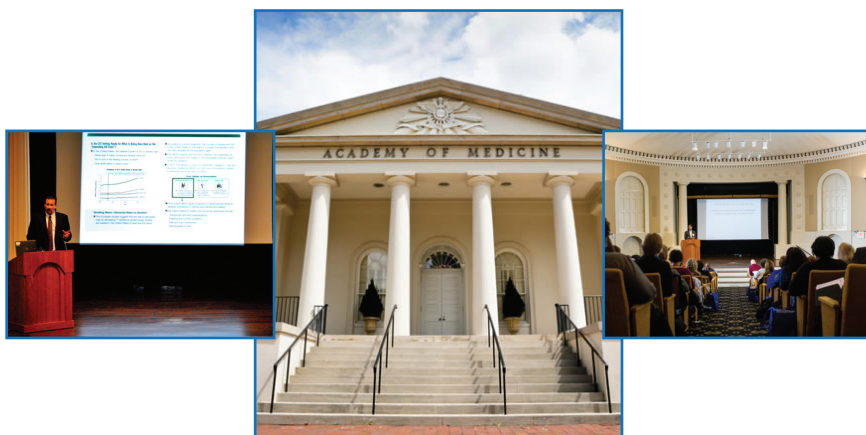
Celebrating our 10th Anniversary

2019 ANNUAL CONFERENCE

Advancing Dementia Care to the Next Level

SATURDAY, FEBRUARY 23

The Historic Academy of Medicine at Georgia Tech
875 West Peachtree Street NW, Atlanta, GA 30309



GEORGIAGAPNA.ORG



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Georgia Memory Net is a statewide program dedicated to the diagnosis and treatment of Alzheimer's disease and other dementias. We're here to give Georgians, and their primary care providers, the tools they need for accurate diagnosis, appropriate treatment, and long-term support.



President's Welcome

Welcome!

Georgia GAPNA is pleased to be partnering with Georgia Memory Net for this year's conference. Advancing Dementia Care to the Next Level will provide you with the knowledge and expertise to enhance your practice. We have a stellar line up of speakers and leaders in the area of dementia to share their wisdom with you. We sincerely thank you for coming and hope you enjoy the day!

This is our TENTH annual continuing education conference! When Georgia GAPNA first began, one of the missions was to provide regular geriatric specific education to clinicians in our State. We have come so far and learned so much along the way. It is our pleasure to continue this incredible experience so you know where to come. As we celebrate 10 years of education and networking, our hope is that you make the most of your time today. Reach out and discover the incredible work that the colleagues in this room do each and every day. Our hope is not only will you learn together today, but learn from each other as well!

We would love to have you join our Chapter! Please stop by the GA GAPNA booth in the exhibit hall and ask about membership.

Sincerely,

Amy Imes

MSN, GNP-BC and President, Georgia Chapter of GAPNA

Agenda

7:30 AM - 8:15 AM *Registration :: Check-in :: Breakfast :: Exhibit Visitation*

8:15 AM - 8:30 AM *Welcome and Announcements*

8:30 AM - 10:00 AM *Keynote Speaker:*
Theater **James J. Lah, MD, PhD (Jim)**
Clinical Core Director, Goizueta Alzheimer's Disease
Research Center - Emory University
Co-Director, Georgia Memory Net

INNOVATIONS IN ALZHEIMER'S CARE

Overview of current and future state of Alzheimer's disease
and related dementias

10:00 AM - 10:05 AM *Penny Maynard Memorial Scholarship Presentation*

10:00 AM - 10:30 AM *Break :: Exhibit Visitation*

10:30 AM - 12:00 PM *Highlighted Speaker:*
Theater **David W. Loring, PhD**
Neuropsychology Program Director, Emory Brain Health Center
Neuropsychology Lead, Georgia Memory Net

BEYOND THE MINI-COG; TAKING DIAGNOSIS TO THE NEXT LEVEL

Overview of neuropsychological testing

12:00 PM - 1:15 PM *Industry Sponsored Product Theater Non-CE Lunch*

Theater **Jerry Bruggeman MD, MBA, CMD**
Co-Founder, Advanced Senior Care Associate Medical Director
Hospice Compassus Columbia, Missouri

DEMENTIA AT THE END OF LIFE

Prediction and Prognostication – are we getting any better?

Crystal Dining Room **Sean Cannone, DO, CMD**
President, Teleoworks, LLC, Dallas, Texas

**XARELTO®:
AN ALTERNATIVE TO WARFARIN IN LONG-TERM CARE**

Agenda

1:15 PM - 2:15 PM *Social Worker and Clinical Breakout Session 1*

Crystal Dining Room **Rebecca Dillard, BS, MA**
Project Director, Georgia Memory Net
Emory University School of Medicine

WHAT'S NEW IN DEMENTIA CARE? GEORGIA, LEADING THE WAY

Early diagnosis and community services planning

Theater **Jose A. Rey, Pharm.D., BCPP**
Professor, Nova Southeastern University – College of Pharmacy
Clinical Psychopharmacologist, South Florida State Hospital

IS THERE A DRUG FOR THAT?

Neuropharmacology - Part 1

2:15 PM - 2:30 PM *Break :: Exhibit Visitation*

2:30 PM - 3:30 PM *Social Worker and Clinical Breakout Session 2*

Crystal Dining Room **Brandi Hackett, LMSW, C-ASWCM**
Clinical Care Specialist
Family Private Care

WHO SAYS YOU CAN'T GO HOME?

A psychosocial exploration of provider recommendations and
family response due to increasing needs of dementia

Theater **Jose A. Rey, Pharm.D., BCPP**
Professor, Nova Southeastern University – College of Pharmacy
Clinical Psychopharmacologist, South Florida State Hospital

YES, THERE IS!

Neuropharmacology - Part 2

3:30 PM - 4:30 PM *Closing Speaker:*
Theater **Miles P. Hurley, JD, CELA**
Hurley Elder Care Law

PROTECTING THOSE WHO CANNOT PROTECT THEMSELVES

4:30 PM *Closing Announcements :: Adourn*

LOCATED IN THE THEATER

Industry Sponsored Product Theater

DEMENTIA AT THE END OF LIFE: Prediction and Prognostication – are we getting any better?



Jerry Bruggeman
MD, MBA, CMD

*Co-Founder, Advanced Senior Care
Associate Medical Director, Hospice
Compassus Columbia, Missouri*

Presented by



LOCATED IN THE CRYSTAL DINING ROOM

Industry Sponsored Product Theater

XARELTO®: AN ALTERNATIVE TO WARFARIN IN LONG-TERM CARE



Sean Cannone
DO, CMD

*President
Teleoworks, LLC
Dallas, Texas*

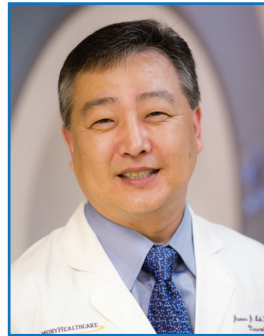
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Keynote Speaker

James J. Lah, MD, PhD (Jim)

Clinical Core Director, Goizueta Alzheimer's Disease Research Center - Emory University
Co-Director, Georgia Memory Net



INNOVATIONS IN ALZHEIMER'S CARE

- Understand the current state of Alzheimer's disease research & clinical guidelines
- Explain the importance of early recognition and accurate diagnosis
- Implement rational treatment strategies for Alzheimer's disease, including expansion of treatment targets
- Describe new ideas for improving access and delivering care

Dr. James Lah graduated with honors from Duke University, and subsequently enrolled as a Medical Scientist Program Fellow at Ohio State University, where he earned his MD-PhD with a focus on Neurobiology and Cell Biology. After an internship in Medicine, Dr. Lah completed his Neurology Residency at Emory, and joined the Emory Neurology faculty in 1996.

Dr. Lah continues to lead active basic and clinical research efforts. In his clinical work, he has developed a multidisciplinary team devoted to improving the care of patients with Alzheimer's and other brain diseases. He is currently Associate Professor of Neurology at Emory University where he serves as Clinical Core Leader and Associate Director of the Goizueta Alzheimer's Disease Research Center, Director of the Cognitive Neurology Program, and Vice Chair of Neurology.

Dr. Lah has published over 100 peer-reviewed articles, and has been awarded numerous research grants from NIH and other agencies. In 2009 Emory University appointed Dr. Lah to the Alice and Roy Richards Endowed Chair for Alzheimer's Research.

Highlighted Speaker

David W. Loring, PhD

Neuropsychology Program Director, Emory Brain Health Center
Neuropsychology Lead, Georgia Memory Net



BEYOND THE MINI-COG; TAKING DIAGNOSIS TO THE NEXT LEVEL

- Characterize the severity of dementia utilizing neurocognitive testing
- Identify individual patterns that may suggest dementia subtypes
- Understand the basis for primary memory interpretation
- Recognize alternate reasons that patients may perform poorly on neurocognitive tests

David W. Loring is Professor of Neurology and is the Director of Neuropsychology in the Neurology Department. Dr. Loring is Board Certified in neuropsychology by the American Board of Professional Psychology/American Board of Clinical Neuropsychology, and is a Fellow of the American Psychological Association and the National Academy of Neuropsychology. He is currently an Associate Editor for *Epilepsia*, and along with Stephen Bowden, Editor-in-Chief for *Neuropsychology Review*.

Dr. Loring was the 2009 recipient of the Distinguished Lifetime Contributions to Neuropsychology Award from the National Academy of Neuropsychology. His clinical research interests include treatment effects on cognitive and behavioral aspects of epilepsy, with general clinical interests in neuropsychological performance across the lifespan.

His books include *Amobarbital Effects on Lateralized Brain Function: The Wada Test*, editing the *INS Dictionary of Neuropsychology and Clinical Neurosciences*, and co-authorship of *Neuropsychological Assessment (4th Edition)*. He joined the Emory faculty in 2008.

Social Worker Breakout Session 1

Rebecca L. Dillard, BS, MA
Project Director, Georgia Memory Net
Emory University School of Medicine



WHAT'S NEW IN DEMENTIA CARE? GEORGIA, LEADING THE WAY *Early diagnosis and community services planning*

- Appropriately refer a patient to Georgia Memory Net services, especially for early diagnosis
- Collaborate with regional Memory Assessment Centers in comprehensive assessment & care planning for patients diagnosed with cognitive impairment
- Describe community services available via Georgia Memory Net's partners to patients with cognitive impairment and their caregivers

Rebecca Dillard is Project Director of the Georgia Memory Net, a state-funded program governed by Emory University's Cognitive Neurology Programs. Rebecca and the Emory-based GMN faculty and staff work in tandem with the state Aging and Disabilities Resource Network, Alzheimer's Association, Rosalyn Carter Institute, and GMN-Developed Memory Assessment Clinics statewide to increase access to diagnostic services and community services across the state of Georgia for persons living with dementia. Prior to her current role, Rebecca has served in leadership positions with the Emory Center for Health in Aging and most recently with the Emory Urban Health Initiative based at Grady Memorial Hospital. She holds degrees from Vanderbilt University and the University of North Carolina - Chapel Hill.

Social Worker Breakout Session 2

Brandi Hackett, LMSW, C-ASWCM
Clinical Care Specialist
Family Private Care



WHO SAYS YOU CAN'T GO HOME? *A psychosocial exploration of provider recommendations and family response due to increasing needs of dementia*

- Identify emotional changes that occur within an individual and their support network upon diagnosis of dementia or disease progression that warrant increased care – often beyond their original expectations.
- Select multi-disciplinary, proactive planning options to best promote safety with changing functional status – even with resistance from family and/or the individual with dementia.
- List 3 barriers that affect compliance to recommendations and how to professionally encourage conversations leading to safer options.

Brandi Hackett, LMSW, C-ASWCM attained her Bachelor's Degree in Psychology and Sociology from Shorter College and her Master's Degree in Social Work from the University of Georgia.

Since graduating in 2004, Brandi has worked in a variety of settings primarily with older adults. Her clients to date have ranged in age from their late 30s to over 105 years old!

As a volunteer, Brandi is currently the Executive Committee Chair of the Georgia Alliance for Health Literacy, is on the council of Cherokee Triad-SALT, and serves on the Friends of Holly Springs Police Foundation.

She is professionally published for her article on "Compassion Fatigue" in the *Journal for Certified Senior Advisors* – and has also been featured in local publications and radio broadcasts. She also has written and presented multiple continuing education classes for Social Workers, Discharge Planners, and Music Therapists. Brandi currently resides in Canton with her family.

Clinical Breakout Sessions 1 & 2

Jose A. Rey, Pharm.D., BCPP

Professor, Nova Southeastern University –
College of Pharmacy
Clinical Psychopharmacologist, South Florida
State Hospital



IS THERE A DRUG FOR THAT?

Neuropharmacology - Part 1

- Distinguish curative dementia treatment from pharmacological symptom management.
- Optimize treatment using cholinesterase inhibitors & NMDA antagonist to slow cognitive decline with respect to dementia subtype.
- Recognize when to alter dosage, change to a new medication & discontinue medications, particularly along the disease trajectory for dementia.

YES, THERE IS!

Neuropharmacology - Part 2

- Compare risks versus benefits for psychoactive drugs (mood stabilizers, SSRI's, atypical antipsychotics) used to manage behavioral disturbances commonly associated with cognitive impairment.
- Distinguish treatment strategies for acute versus chronic behavioral disturbances, especially minimizing PRN medications.
- Identify approaches to prevent & manage delirium in patients with dementia, including melatonin agonists.

Clinical Breakout Sessions 1 & 2

Jose A. Rey, Pharm.D., BCPP

Professor, Nova Southeastern University – College of Pharmacy
Clinical Psychopharmacologist, South Florida State Hospital

Jose A. Rey, M.S., Pharm.D., BCPP, is Professor of Pharmacy Practice at Nova Southeastern University (NSU), College of Pharmacy, in Ft. Lauderdale, Florida. He is currently the clinical psychopharmacologist for the South Florida State Hospital.

Dr. Rey's research interests include: cosmetic neuropsychopharmacology, geropsychiatry, psychotropic polypharmacy, pain management, communication disorders, and clinical and pharmaco-economic outcomes research with antipsychotics.

He has presented his research at national and international meetings. Dr. Rey has published original research, articles, abstracts, book chapters, and reviews in peer-reviewed journals and textbooks, and has been an invited speaker at regional, state, national, and international meetings.

He is a member of the American Society of Health-System Pharmacists, the Board of Pharmaceutical Specialties, and the College of Psychiatric and Neurologic Pharmacists.

Dr. Rey received his doctorate from the University of Florida and completed an ASHP-accredited residency in psychiatric pharmacy practice at the Gainesville VAMC and Shands Hospital in Gainesville, Florida.

Closing Speaker

Miles P. Hurley, JD, CELA
Hurley Elder Care Law



PROTECTING THOSE WHO CANNOT PROTECT THEMSELVES

- Recognize the financial impact of Alzheimer's disease on families.
- Identify 2 essential documents people with Alzheimer's disease should have in place.
- Explain differences in establishing a health care surrogate versus guardianship for those with dementia, especially with regard to loss of decision-making capacity.

Miles Patrick Hurley is an Elder Law attorney in private practice in Atlanta, serving the legal needs of the elderly population on issues related to aging; including retaining independence, quality of life and financial security. Mr. Hurley is one of twelve attorneys in the state of Georgia to receive the Elder Law Attorney Certification (CELA), and one of approximately 400 nationwide.

Continuing Education

EMORY NURSING PROFESSIONAL DEVELOPMENT CENTER (ENPDC)

Emory Nursing Professional Development Center (ENPDC) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Attendees to this CNE activity will be awarded up to six contact hours by ENPDC upon completion of the evaluation tool and based upon their participation with the activity.

No conflict of interest has been found with the speaker for this CNE activity nor with the members of the planning committee.

ACCREDITATION COUNCIL FOR CONTINUING MEDICAL EDUCATION (ACCME)

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Emory University School of Medicine and the Georgia Gerontological Advanced Practice Nurses Association. The Emory University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The Emory University School of Medicine designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NATIONAL ASSOCIATION OF SOCIAL WORKERS (NASW)

This Program was approved for 1 Core hour and 5 Related hours of continuing education credit by the National Association of Social Workers-Gorgia Chapter as authorized by Georgia Composite Board of Professional Counselors, Social Workers and Marriage and Family Therapist.

ABOUT THE CONFERENCE PRESENTATION SLIDES:

Permitted presentation slides from 2019 speakers can be downloaded from the Georgia GAPNA website at www.georgiagapna.org in the **"Conference Handouts"** section using your registration login and password.

The Penny Maynard Memorial Scholarship Fund

Penny Maynard

(December 6, 1962 – February 23, 2014)

Penny Maynard was a nurse practitioner and Director of Clinical Operations with Optum (formerly Evercare). Since the inception of the Georgia Chapter of GAPNA, Penny was an active member. She previously served on the Georgia GAPNA board of directors as Secretary. In her 15 years at Optum, Penny dedicated her career to advancing geriatric care in a variety of roles. She loved her geriatric patients and could always put a smile on their faces.



In 2013, she was diagnosed with cancer, which she succumbed to in 2014, sadly leaving us too soon. Penny's laughter was infectious and would warm the hearts of those around her. She was loved and respected by all of her friends and colleagues. Penny's legacy will live on through all those whose lives she touched. She is survived by her husband Kevin and her three children, Kelli, Kevin and Tyler.

To honor her memory, **The Penny Maynard Memorial Scholarship Fund** was established through Georgia GAPNA. Donations to the fund will be used to provide assistance to an adult/gerontological advanced practice nurse who supports the mission and values of GAPNA.

Please visit www.georgiagapna.org for more details and to donate.

2019 Scholarship Recipient: Hannah Spero, RN, BSN



Hannah is currently in the Adult-Gerontology Primary Care Nurse Practitioner program at Emory University and has a Bachelor of Arts in International Development Studies from the University of California. She was also selected as a Fuld Palliative Care Fellowship scholar at the Nell Hodgson Woodruff School of Nursing, an innovative program that develops nurse leaders to make an impact in palliative care. Hannah discovered her passion for geriatrics and palliative care through her work as a CNA at the San Francisco VA Medical Center, particularly

with older homeless veterans. Hannah plans to use her work as a nurse practitioner to advocate for homeless veterans, as well as provide primary and palliative care to this patient population. Her goals don't stop there – she also wants to impact these older patients beyond direct care and in her own words, "...lead the health systems they access and...teach future nurse and nurse practitioner students how to care for these individuals." GA GAPNA is proud to recognize Hannah's accomplishments and we look forward to seeing her impact nursing throughout her career.

Congratulations, Hannah!

Buy Your Raffle Tickets Today!

The **Penny Maynard Memorial Scholarship** is made possible due to the generous donations of GAPNA Members and the annual Georgia GAPNA conference raffle. Please support our adult/gerontological advanced practice nursing students today by purchasing your **raffle tickets** at the GAPNA Booth. Tickets are 1 for \$5 and 5 for \$20 and winners must be present to win.

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