# Nurse Practitioners the Force of the Future of Healthcare

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# Objectives

- As a result of this activity the learner will be able to describe the importance of membership in a national organization to further enhance the role of the NP.
- As a result of this activity the learner will be able to articulate the impact of NP care on Healthcare in the US.
- As a result of this activity the learner will be able to describe trends to reduce barriers to NP practice.
- As a result of this activity the learner will be energized as a NP impacting the future.

### COI

• The presenter is president of the American Association of Nurse Practitioners.

# Opportunity

"Not knowing when the dawn will come, *I open every door.*"

**Emily Dickinson** 

# Changes in Health Care

- Less physicians (MD and DO) going into primary care
- Not changed much since the 1990s

# Changes in the HC system

- 1965 Medicare and Medicaid programs provided care low-income and disabled
  - Increased demand for primary care

- ACA
  - Increased demand for primary care



Children – poor, rural areas lacked access to health care services

Dr. Loretta Ford Dr. Henry Silver

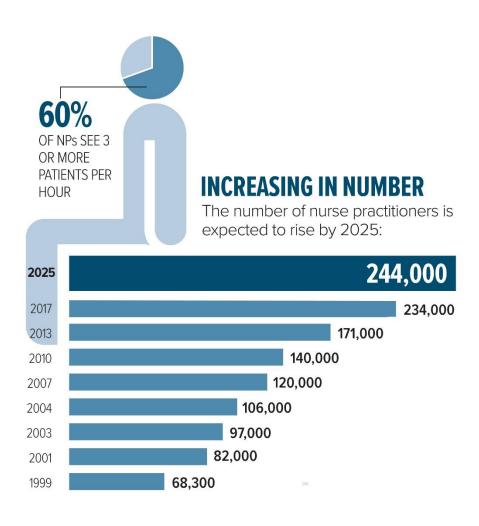
**OPPORTUNITY!** 

# Opportunity

#### Others

- Jan Towers
- Mona Counts
- University of PA

#### Not the Same NP Profession



#### Not the Same NP Professional Association



#### **AANP**

Over 89,000 members

#### **AANP Mission Reflects Commitment**

The mission of AANP is to empower all nurse practitioners

to educate quality bealth care through

to advance quality health care through practice, education, advocacy, research and leadership.

### AANP's P.E.A.R.L.s Leading the Way

- **PRACTICE**: Promoting professional development and clinical excellence
- **EDUCATION**: Equipping NPs with cutting edge the knowledge and skills
- ADVOCACY: Advancing the recognition of NPs nationwide and Removing Barriers that Prevent Full and Direct Access to NP Services
- RESEARCH: Investing in Outcomes Research to Support NP Practice and Policy
- LEADERSHIP: Developing a generation of NP leaders to shape the profession and transform patient care



# Breaking New Ground



# Primary Care

85% of NPS practice in Primary Care Over 1 billion visits per year to NPs.

# Primary Care is Changing

- Need for access to care
- Patient outcomes
- Community health
- Reduction of healthcare spending

# Primary Care is Changing

- Medicare Access & CHIP Reauthorization Act 2015
  - Ending SGR formula for determining Medicare payments
  - Change to quality measures
  - MIPS Merit-Based Incentive Payment System
     Combines PQRS, Value Modifier and EHR

# Primary Care is Changing

- Alternative Payment Models
  - ACOs, PCMH, bundled payment models
- MIPS measurements
  - Quality
  - Resource use
  - Clinical practice improvement
  - Meaningful use of certified EHR technology

#### **NPs**

- Caused a disruption in Primary Care
  - we care for patients with as good or better outcomes as physicians
    - Nurse practitioners can provide care that leads to increased patient satisfaction and similar health outcomes when compared with care from a physician
    - Nurse practitioners provide a quality of care that is at least as good, and in some ways better, than physicians.
    - a growing body of evidence that the quality of primary care delivered by nurse practitioners is equivalent to that by physicians

#### **NPs**

High quality and cost effective

The bottom line: nurse practitioners
reduce overall health spending (Bauer, 2010)

# Showcasing NP Disruption in Primary Care





# Collaboration with other Nurses to Impact Primary Care







- ✓ Ensure patients have *full & direct access* to NP services
  - Modernize State Licensure Laws
    - NPs can provide a larger portion of care than dated state law currently authorizes them to deliver
    - Increasing needs for quality, affordable and accessible health care demand better utilization of today's health provider workforce
    - Advocate for the adoption of Full Practice Authority

- Signature Recognition
  - Inefficiencies occur when NPs remain unable to "treat the paperwork" that reflects the care they provide
  - Promote policies that recognize the signature of NPs on forms related to patient care.

- ✓ Full Participation in Health Care Redesign and Reimbursement Platforms
  - NPs are the fastest growing member of primary care provider workforce
  - NPs are quickly becoming the primary care provider of choice for millions of Americans

 Protect a patient's right to choose an NP as their primary care provider while having that care covered under their insurance plan

 Create open and transparent health care systems where NPs are identified as full partners in Medical Home, Accountable Care Organizations (ACOs), insurance exchanges and other developing innovations

#### Florida

- You have made some giant steps
- Keep the momentum going!

# Specialty Practice Groups (SPG)

- ✓ Current Membership
  - Acute Care 2581 members
  - Cardiology 595 members
  - Convenient Care/Urgent Care 875 members
  - Dermatology 680 members
  - Endocrine 263 members
  - Orthopedics 584 members
  - Pain Management –785 members
  - Psych Mental Health 777 members
  - Independent Practice
  - Emergency
  - GI



### When Patients Choose, Patients Win

- WeChooseNPs.org
- https://www.wechoosenps.org/

# Raising the NP Profile-join with us!

- Follow @AANP\_News on Twitter and Instagram
- Like AANP's Facebook page:
   AmericanAssociationofNPs
- Use #NPsLead



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# Spreading the News about NPs!







# Counting on YOU!

You make all the difference.

# Questions???

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