



**College of
Nursing**



THE UNIVERSITY OF IOWA
COLLEGE OF NURSING
and
IOWA ASSOCIATION OF NURSE PRACTITIONERS

2018 Annual Nurse Practitioner Conference

Friday, October 26, 2018
Child Serve
5406 Merle Hay Road, Johnston, Iowa



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STATEMENT OF PURPOSE

The Iowa Association of Nurse Practitioners is pleased to host the 2018 Annual Nurse Practitioner Conference. The conference will feature a variety of topics designed to enhance your professional practice: 5-2-1-0 Healthy Choices Count; Marijuana Effects on the Brain; Pediatric Rehabilitation/Physiatry; Psychopharm; Sex Trafficking; Behavioral Issues in Children, and Concussion Management.

OBJECTIVES

Upon completion of this offering, participants will be able to:

- Discuss Iowa's effort to reduce childhood obesity 5-2-1-0 Healthy Choices Count
- Review specific risks to brain development and other health issues due to marijuana use in adolescents
- Describe Cerebral Palsy and the different types of Cerebral Palsy
- Discuss impairments associated with Cerebral Palsy
- Highlight principals in managing and treating Cerebral Palsy
- Identify current stressors seen in teens that contribute to anxiety and depression
- Review a summary of evidence-based treatment approaches to common pediatric mental health disorders
- Outline when and what psychotropic medications should be used based on target symptoms and diagnosis
- Assess side effects and monitoring of commonly used psychotropic medications
- Discuss what human trafficking and sex trafficking is
- Describe what sex trafficking looks like in Iowa
- Outline what factors make individuals the most vulnerable to sex trafficking
- Describe emotional behavioral conditions in children
- Review of the pathophysiology of a concussion
- Discuss epidemiology, Iowa law, and best practice standards for concussion treatment
- Discuss acute post-injury management of concussions
- Highlight the importance of immediate evaluation and symptom management of concussions
- Discuss graduated return to academics and return to play protocols post concussion
- Review the latest evidence that support active rehabilitation for concussion recovery

SCHEDULE

Friday, October 26, 2018

7:15am	Registration and continental breakfast Optional tour of Child Serve
8:00am	Opening Announcements /Sara Neff
8:15am	5-2-1-0 Healthy Choices Count! /Jami Haberl
9:15am	Marijuana Use in Adolescents /Susan Pike
10:15am	Break with vendors
10:30am	Cerebral Palsy: Common Impairments & Challenges /Fred Klingbell
11:30am	Stressed to the Max /LuAnn Volkmer
12:00pm	Pediatric Psychopharmacology Update 2018 /Kimberly Roberts
12:30pm	Lunch and time with vendors Breakout: Career Planning Tips with Melnic/Jill Gilliland
1:30pm	Sex Trafficking and Our Communities /Stephanie Olson
2:30pm	Developmental Delays and Behavioral Conditions in Young Children /Susan Van Cleve
3:30pm	Break with vendors
3:45pm	Active Rehabilitation for Concussion Management /Hannah Jepson
4:45pm	Evaluation and CEU Recording
5:00pm	Adjourn

SUPPORTING FACULTY

Dr. Fred Klingbeil, MD
Medical Director of Pediatric Rehabilitation Medicine
Child Serve
Des Moines, Iowa

Jami Haberl, MPH, MHA
Executive Director
Iowa Healthiest State Initiative

Stephanie Olson,
CEO/President
The Set Me Free Project

Susan Pike, MD
Child and Adolescent Psychiatry
Child Health Specialty Clinics
University of Iowa Hospitals and Clinics
Iowa City, Iowa

Kimberly Roberts, MSN, ARNP, PMHNP-BC
Pediatric Psychiatry Unity Point
Des Moines, Iowa

Hannah Jepson Slaughter, C-PNP-PC, ARNP
Pediatric Rehabilitation Medicine
Child Serve
Des Moines, Iowa

LuAnn Volkmer MSN, PMHS, NP-C
Blank Children's Adolescent Clinic
Des Moines, Iowa

Susan Van Cleve, DNP, CPNP-PC, PMHS, FAANP
Clinical Professor and Primary Care Pediatric Nurse Practitioner Program Director
College of Nursing
The University of Iowa
Iowa City, Iowa

OTHER SUPPORT

Jill Gilliland
Melnic Consulting Group

CONFERENCE LOCATION AND ACCOMMODATIONS

The conference will be held at Child Serve, 5406 Merle Hay Road, Johnston, Iowa

A block of rooms has been reserved at the Sheraton West Des Moines, 1800 50th St., West Des Moines, Iowa, for Thursday night (October 25). The rate is \$119 plus tax. Reservations must be made before October 4 to receive the discounted rate. Please use this link to make a reservation:

<https://www.starwoodmeeting.com/events>

CONTINUING EDUCATION AWARD

The University of Iowa College of Nursing is an Iowa Board of Nursing approved provider: Number 1. Full-time attendance will award 7.0 contact hours. Application has been made to NAPNAP for 7 contact hours for the 2018 Annual Nurse Practitioner Conference.

REFUNDS AND CANCELLATIONS

If an applicant withdraws registration prior to the opening of the conference, the registration fee, less a \$25.00 handling charge, will be refunded. No refunds will be made after the conference has convened. Although rarely necessary, we reserve the right to cancel the program due to lack of sufficient enrollment. Please call 319-335-4141 or 800-551-9029 regarding any refunds or cancellations.

REGISTRATION FEES

IANP Members:	\$150
Non-Members:	\$200
Students:	\$50 (proof of enrollment required)

The 2018 Annual Nurse Practitioner Conference registration fee includes program, materials, luncheons, refreshment breaks, and Iowa and NAPNAP CEU recording fees.



FURTHER INFORMATION

For further program information, contact:

Molly James

Office of Teaching Services

The University of Iowa College of Nursing

Iowa City, IA 52242

Phone: 319-335-7075

FAX: 319-353-5326

molly-james@uiowa.edu

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact Molly James in advance at 319-335-7075.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information, contact the Office of Equal Opportunity and Diversity at 319-335-0705.

FOUR WAYS TO REGISTER:

1. Mail The University of Iowa
Center for Conferences
250 Continuing Education Facility
Iowa City, IA 52242-0907
2. Fax 319-335-4039
3. Phone 800-551-9029 or 319-335-4141
4. Web centerforconferences.uiowa.edu

**** If it is the first time you have registered online with the Center for Conferences, you will not have a log-in or password until you create your account. Click on the line "create an account" and proceed. If you have questions regarding this process, please contact UICC at the numbers listed above.***

REGISTRATION FORM
2018 Annual Nurse Practitioner Conference
October 26, 2018

Name _____
Employer _____
Employer's Address _____
City _____ State _____ Zip _____
Home Address _____
City _____ State _____ Zip _____
E-mail address _____
Home Phone Number _____
Work Phone Number _____
Nursing License Number* _____
Do not place my name/address on conference participant list _____
Dietary restrictions _____

*The University of Iowa needs this information for processing CEU records. No persons outside the university are routinely provided this information. Enrollee's name/address lists are provided to facilitate networking unless you check the refusal above.

FEES:

_____ \$150 IANP Members
_____ \$200 Non-Members
_____ \$50 Student registration, proof of enrollment required

_____ Total enclosed

___ Check made payable to The Center for Conferences

___ Payment by Credit Card: ___ Visa ___ MasterCard ___ Discover

Card # _____ Exp. Date _____

3-digit security code on back of card _____

Name on Card _____

Billing Address of Cardholder _____

*** Or register online at centerforconferences.uiowa.edu ***