

## Event Agenda

### APRN Summit and Pharmacology Review

Friday, April 13, 2018 at 1:00pm CT – Saturday, April 14, 2018 at 5:00pm CT

All times listed in Central Time (US & Canada).

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#### Friday, April 13, 2018

12:30pm – 1:00pm	<b>Check-in and exhibit time</b>
1:00pm – 2:30pm	<b>Practice Drift</b> Maureen Cahill, MSN, RN, APN-CNS, Senior Policy Advisor for the National Council of State Boards of Nursing (NCSBN) 1.5 CEU credits
2:30pm – 3:15pm	<b>APRN Consensus Model Update</b> Julie Sabo PhD, RN, APRN, CNS. APRN Specialist at the Minnesota Board of Nursing 0.75 CEU credits
3:15pm – 3:30pm	<b>Break/Exhibitor Time</b>
3:30pm – 4:30pm	<b>Employer Panel</b> 1.0 CEU credit Employer Representatives answer questions regarding the state of APRN practice in their respective organizations
4:30pm – 5:00pm	<b>Legislative Update</b> MN APRN Coalition President Renee Dahring, MS, APRN, CNP and Vice President Brian K. Goodroad, DNP, APRN, CNP 0.5 CEU credits Highlights of the 2018 legislative session and next steps

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#### Saturday, April 14, 2018

8:00am – 8:15am	<b>Welcome</b>
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8:15am – 10:15am	<p><b>Opioid Prescribing: Safe Practice, Changing Lives</b>  Pamela Davies, MS, ARNP, A/GNP-C, ACHPN, RN-BC  2.0 CEU credits</p> <p>This activity presented by AANP is based on the nationally vetted safe opioid prescribing standards using the FDA REMS blueprint. In addition to a robust presentation on Extended Release/Long Acting (ER/LA) opioids, our faculty will also review the nature of pain and pain management, Immediate Release/Short Acting opioids, components of an opioid trial and long term therapy, the decision to stop treatment and related issues, and the CDC Guideline for prescribing opioids for chronic pain.</p>
10:15am – 10:45am	<p><b>Break/Exhibitor</b></p>
10:45am – 11:30am	<p><b>Practical Management of Hypertension for the Busy Clinician</b>  Sarah Benak, MSN, APRN, CNP  Mayo Clinic  0.75 CEU credits</p> <p>At the conclusion of this presentation, participants will be able to select an appropriate medication regimen for the initial treatment of essential hypertension.</p>
11:30am – 12:15pm	<p><b>What does a “LAMA” have to do with COPD?: Review of Pharmacological Therapy for COPD</b>  Eric Aguirre, MSN, APRN, CNP  Mayo Clinic  0.75 CEU credits</p> <p>At the conclusion of this presentation, participants will be able to:</p> <ol style="list-style-type: none"> <li>1) Describe the most common pharmacological treatment for COPD and related delivery devices.</li> <li>2) List 2 clinical pearls when considering pharmacological treatment for COPD.</li> </ol>
12:15pm – 1:00pm	<p><b>Lunch/Exhibit</b>  Lunch provided. Visit exhibitor booths. Network!</p>
1:00pm – 1:45pm	<p><b>Psychopharmacology for Non-Psych Prescribers</b>  Janelle Jones, APRN, PMHNP-BC  0.75 CEU credits</p> <p>At the conclusion of the presentations, participants will be able to:</p> <ol style="list-style-type: none"> <li>1) prescribe first-line psychotropics for depression, anxiety, and bipolar disorders.</li> <li>2) describe when to continue/discontinue psychotropics and when referral to psychiatry is warranted.</li> </ol>

1:45pm – 2:45pm

**CYP 450 Enzyme System**

Ruth Staus, DNP, APRN, CNP  
Metropolitan State University  
1.0 CEU credit

At the conclusion of the presentation, participants will be able to:

- 1) describe basic P450 function.
  - 2) describe the four pharmacogenomic phenotypes and their application in clinical practice prescribing.
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2:45pm – 3:30pm

**Diabetes**

Elizabeth Nelson, MSN, APRN, CNP  
Mayo Clinic  
0.75 CEU credits

At the conclusion of the presentation, participants will be able to:

- 1) describe the latest ADA guidelines updates in the treatment of diabetes.
  - 2) list three pharmacotherapy considerations important for anti-diabetic medications.
  - 3) identify different programs utilized to treat type 1 and type 2 diabetes.
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3:30pm – 4:00pm

**Break/Exhibits**

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4:00pm – 5:00pm

**Updates in Infectious Diseases: An Ambulatory Care Focus**

George Konstantinides, PharmD, BCPS, AAAHIVP and Aileen Ahiskali, PharmD are pharmacists at Hennepin Healthcare- HCMC.

1.0 CEU credit

At the conclusion of the presentation, participants will be able to:

- 1) list 2018 IDSA guideline updates for the diagnosis and treatment of Clostridium difficile infection.
  - 2) describe medication options appropriate for outpatient treatment of community-acquired pneumonia.
  - 3) describe appropriate treatment options for asymptomatic urinary tract infections and best practice therapies for relevant UTIs.
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