



Vermont Nurse Practitioners Association

# 28<sup>th</sup> Annual Conference



## INCLUSIVITY: NPs Caring for One, Caring for All

**March 29-30, 2018**



Announcing  
Keynote  
Speaker,  
Social  
Entrepreneur  
**HAL COLSTON**

**Stoweflake  
Mountain  
Resort  
  
Stowe,  
Vermont**

Join us for the largest Vermont NP  
gathering of the year! Register online:

[www.VTNPA.org](http://www.VTNPA.org)

Best rates prior to 3/16



# VNPA ANNUAL CONFERENCE

## KEYNOTE SPEAKER

### Inclusivity: The Power of Relationships



Hal Colston

The VNPA Planning Committee is pleased to announce social entrepreneur, Hal Colston as the 2018 keynote speaker.

Hal spent 17 years in the culinary field as a chef culminating in a teaching position at New England Culinary Institute (1989) after attending the University of Pennsylvania (1975). Transitioning to social services in 1993, Hal created the Good News Garage (1996) and NeighborKeepers

(2006) as a social entrepreneur. He received an honorary Doctor of Humanities degree from Saint Michael's College (2000) for creating Good News Garage. Appointed by Governor Peter Shumlin in 2011 as Executive Director of SerVermont, Hal now serves as Partnership for Change Director since 2013. Hal was named the 2014 "Vermonters of the Year" by the Burlington Free Press.

Hal has served on many non-profit boards such as the Howard Center, United Way of Chittenden County, VNA of Chittenden and Grand Isle Counties as chair, and Vermont Health Foundation as chair. He is board chair for the Center for Whole Communities and serves on the board of the Richard and Barbara Snelling Center for Government, Vermont PBS, Flynn Center for the Performing Arts, Vermont College of Fine Arts, as well as the United Way of Northwest Vermont Community Investment Committee.

Hal lives in Winooski, Vermont with his wife of 40 years, Beverly. They moved to Vermont in 1989 from Philadelphia with their three children: Craig, Alex, and Marissa. Hal is committed to social justice and over the years, has engaged the community in many different ways to help it become what it ought to be - a beloved community for all.

**Vermonters of the Year, 2014**  
**Burlington Free Press**



# VNPA

**Vermont Nurse Practitioners Association**

**2018 Planning Committee**

Callan Janowiec, DNP  
Program Chair

Kate Goyette, FNP

Alexander Johnston, APRN

Nancy Redfield, APRN-BC

Amy O'Meara, DrNP, APRN

Michelle Wade, MSN/Ed, NP

# VNPA ANNUAL CONFERENCE

## HIGHLIGHTS

**THURSDAY AFTERNOON WORKSHOP** beginning at 4:00pm

### **Suturing & Abscess Drainage: Practicum, Theory & Updates**

**Elizabeth Ellis-Kempner, MS, APRN**

## **Thursday Evening Dinner Discussion** **A Guide to Health Care Legislation**



### **State Senator Debbie Ingram**

Debbie Ingram of Douglas appointed Debbie to the Advisory Group for the Vermont Consolidated Plan, submitted annually to HUD, and Governor Shumlin appointed her as a consumer representative to the Steering Committee for the Vermont Health Care Innovation Project, a multimillion dollar grant awarded to the State through the Affordable Care Act. Debbie began her career in the film and television industry in Los Angeles, where she worked in development and production, and she ran a communications consulting firm in Bangladesh for seven years, writing, producing, and directing award-winning videos. Debbie is an ordained minister in the United Church of Christ (UCC) and has served as Chair of the Board of Directors of the Vermont Conference of the UCC. She is currently the Moderator of the Conference. This is Debbie's first term in the Senate.

Debbie also completed a Fellowship at Cambridge University, England. She has worked for the last ten years as the Executive Director of Vermont Interfaith Action, a coalition of congregations throughout the State that seeks to effect systemic change around issues of social justice. She has also served two terms on the Williston Selectboard, where she chaired the Affordable Housing Task Force and the Housing Trust Fund Task Force. Debbie is Williston's alternate to the Chittenden County Regional Planning Commission, where she chaired the Public Participation Plan Committee. Governor

#### **Committees**

- Senate Committee on Education, Clerk
- Senate Committee on Health and Welfare, Clerk
- Vermont Child Poverty Council
- Advisory Council on Special Education
- Canvassing Committee

## **Friday Morning Plenary Session** **Inclusivity Within Your Practice**



### **A. Evan Eyler, MD, MPH**

Dr. Evan Eyler is a Professor of Psychiatry and Family Medicine at the University of Vermont College of Medicine, with board certifications in Psychiatry, Psychosomatic Medicine (also known as Consultation-Liaison Psychiatry), Family Medicine, and Adolescent Medicine.

Dr Eyler is a graduate of the University of Michigan Medical School and the residency programs in Family Medicine at the University of Michigan Hospitals and Psychiatry at Dartmouth-Hitchcock Medical Center. Particular areas of interest include consultation psychiatry in primary care, and gender and sexuality concerns, particularly transgender.

Recent books include *Principles of Transgender Medicine and Surgery*, Ettner, Monstrey, Eyler (eds), Haworth Press, 2007; and *Gay, Lesbian, Bisexual and Transgender Aging: Challenges in Research, Practice and Policy*, Witten & Eyler (eds), Johns Hopkins University Press, 2012.



# VNPA 2018:

## 28<sup>th</sup> Annual Conference Agenda

Thursday, March 29

(1.0 | 0.50) = approved for 1 contact hour and 0.50 pharm credit hour.

4:00-5:30pm Thursday Workshop:  
**Suturing & Abscess Drainage: Practicum, Theory & Updates** (1.5 | 0.0)  
**Elizabeth Ellis-Kempner, MS, APRN**  
Appletree Bay Primary Care

5:30-6:00pm VNPA Business Meeting

6:00-7:45pm Dinner Discussion: **A Guide to Health Care Legislation** (1.75 | 0.0)  
**Debbie Ingram** State Senator, Chittenden County

7:45pm Dessert Reception, stay tuned for details

Friday, March 30

7:30-8:15am Registration | Exhibits | Breakfast

8:15-8:30am Welcome  
**Amy M. O'Meara, DrNP, APRN** President Vermont Nurse Practitioners Association

8:30-9:30am Keynote Address: **Inclusivity: The Power of Relationships** (1.0 | 0.0)  
**Hal Colston** Director  
Partnership for Change

9:30-10:30am Plenary Session: **Inclusivity Within Your Practice** (1.0 | 0.0)  
**A. Evan Eyler, MD, MPH** Professor of Psychiatry and Family Medicine University of Vermont College of Medicine  
Medical Director, Clinical Neurostimulation Service University of Vermont Medical Center

10:30-11:00am Break with Exhibitors

11:00-Noon Concurrent Sessions: ~ <b>A</b> ~	<b>A-1: Communication Matters: Best Practice in Advance Care Planning</b> (1.0   0.0) <b>Cindy Bruzzese, MPA, MSB</b> Executive Director, Clinical Ethicist Vermont Ethics Network	<b>A-2: The Nitty Gritty of Providing Gender Affirming Transgender Health Care</b> (1.0   0.33) <b>Leo I. Kline, MSN, AGNP</b> Primary Care Nurse Practitioner <b>Rachel Inker, MD</b> Family Physician Community Health Centers of Burlington
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Noon-1:00pm Lunch | Exhibits

1:00-2:00pm Concurrent Sessions: ~ <b>B</b> ~	<b>B-1: Advanced Management of Opioids</b> (1.0   1.0) <b>Richard Pinckney, MD, MPH</b> Associate Professor, College of Medicine University of Vermont	<b>B-2: Care Across Cultures: Providing Access to Healthcare for All (or anything else!)</b> (1.0   0.0) <b>Julia Grand Doucet, BS, RN</b> Outreach Nurse, Case Manager Open Door Clinic
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2:10-3:10pm Concurrent Sessions: ~ <b>C</b> ~	<b>C-1: Human Trafficking: Context, Recognition &amp; Referral</b> (1.0   0.0) <b>Edith Klimoski, BA, MS</b> Give Way to Freedom	<b>C-2: The Diagnosis &amp; Management of ADHD in the Primary Care Setting</b> (1.0   0.5) <b>Louise Moon Rosales, DNP</b> Psychiatric Nurse Practitioner Self-Employed
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3:10-3:30pm Afternoon Break

3:30-4:30pm Concurrent Sessions: ~ <b>D</b> ~	<b>D-1: The Pharmacology of Obesity: What's New in Rx?</b> (1.0   1.0) <b>Jennifer S. Laurent, PhD, FNP</b> Associate Professor University of Vermont	<b>D-2: Working Together on HIV and Hepatitis C (HCV) Screening, Treatment &amp; Care</b> (1.0   0.0) <b>Roy Belcher, MPA</b> HIV Surveillance & HIV Testing Coordinator <b>Jonathan Radigan</b> Training/Technical Assistance Specialist Vermont Department of Health
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# VNPA 2018:

# 28<sup>th</sup> Annual Conference

## Logistics

**REGISTRATION, PAYMENT:** For the best rates, register by **Friday, March 16.**

Register online at [www.VTNPA.org](http://www.VTNPA.org) - or complete the registration form (on the last page) and return with check payment.

Pay to the order of: **Vermont Nurse Practitioners Association**

Mail to: **741 Hand Road | N. Ferrisburgh, VERMONT 05473**



### REGISTRATION, MEMBERSHIP:

Participants who are current VNPA members receive a reduced registration rate. VNPA dues for 2018 must be paid by **March 16** in order to receive the lower, member registration rate.

There is a \$25 conference cancellation fee. No refunds after March 20, however you may send a substitute in your place without penalty. For more information:

Julie Basol, Conference Director

JNB Marketing, LLC

Ph: 802.598 7424 Fax: 802.425.5507 [JNB@gmavt.net](mailto:JNB@gmavt.net)

Callan Janowiec, DNP Program Co-Chair

[callan.janowiec@gmail.com](mailto:callan.janowiec@gmail.com)

Alexander Johnston, APRN Program Co-Chair

[ajohnstonvt@gmail.com](mailto:ajohnstonvt@gmail.com)

### CONTINUING EDUCATION:

This activity is approved for **9.25** contact hour(s) of continuing education (which includes **2.83** hours of pharmacology) by the American Association of Nurse Practitioners. Activity ID 18013029. This activity was planned in accordance with AANP CE Standards and Policies."

### CONFERENCE SITE, ACCOMMODATIONS:

1746 Mountain Road (Rt. 108), Stowe, VERMONT **800.253.2232**

The 28<sup>th</sup> Annual VNPA Conference will be held at the Stoweflake Mountain Resort & Spa on Thursday and Friday, March 29-30, 2018. A block of overnight rooms have been reserved and are available for participants the night of March 29. To obtain the reduced rate of **\$145 + tax** (per night, single/double), call **800 253-2232** or **802 253-7355**. *You must specify that you are attending the VNPA Conference in order to receive the reduced overnight room rate.* Deadline for securing the reduced rate is: **March 08, 2018.**



The Stoweflake is a AAA Four-Diamond resort with an abundance of amenities, including their world class spa, state-of-the-art fitness facilities, two award-winning restaurants and luxurious accommodations. For Spa services, please contact the Resort at least one week in advance. [www.stoweflake.com](http://www.stoweflake.com)

**DIRECTIONS TO THE CONFERENCE:** FROM I-89: Take Exit 10, Waterbury/Stowe/Rt. 100. Turn onto Rte. 100 at the end of the exit ramp toward Stowe. Continue for ~ 11 miles. Turn left at the blinking red light in the village onto Rt. 108/Mtn. Road. Continue on Rte.108 for ~ 2 miles - the Stoweflake will be on the right.

March 29-30, 2018

Vermont Nurse Practitioner Association

# Registration Form

# 28<sup>th</sup> Annual Conference

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Pay to the order of: **Vermont Nurse Practitioners Association**

Mail to: : **741 Hand Road | N. Ferrisburgh, VT 05473**

Questions: 802.598.7424

Name/Credentials: \_\_\_\_\_

Position Title: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

*(for planning purposes,  
check one session choice  
from each time slot;  
selections are not binding)*

#### CONCURRENT SESSIONS

**A** 1 ☐ 2 ☐

**B** 1 ☐ 2 ☐

**C** 1 ☐ 2 ☐

**D** 1 ☐ 2 ☐

REGISTRATION OPTIONS			
Member	Early Bird - 3/16	After > 3/16	On Site
Full Conference <sup>(1)</sup>	<input type="checkbox"/> \$210	<input type="checkbox"/> \$225	<input type="checkbox"/> \$240
Thursday only <sup>(2)</sup>	<input type="checkbox"/> \$85	<input type="checkbox"/> \$100	<input type="checkbox"/> \$110
Friday only	<input type="checkbox"/> \$185	<input type="checkbox"/> \$205	<input type="checkbox"/> \$215
Non Member	Early Bird - 3/16	After > 3/16	On Site
Full Conference <sup>(1)</sup>	<input type="checkbox"/> \$245	<input type="checkbox"/> \$265	<input type="checkbox"/> \$280
Thursday only <sup>(2)</sup>	<input type="checkbox"/> \$95	<input type="checkbox"/> \$105	<input type="checkbox"/> \$115
Friday only	<input type="checkbox"/> \$200	<input type="checkbox"/> \$225	<input type="checkbox"/> \$235
Student Rate	Early Bird - 3/16	After > 3/16	On Site
Full Conference <sup>(1)</sup>	<input type="checkbox"/> \$125	<input type="checkbox"/> \$135	<input type="checkbox"/> \$145
Thursday only <sup>(2)</sup>	<input type="checkbox"/> \$60	<input type="checkbox"/> \$70	<input type="checkbox"/> \$75
Friday only	<input type="checkbox"/> \$75	<input type="checkbox"/> \$80	<input type="checkbox"/> \$85

For your convenience,  
a payment by  
credit card option  
is available on line at  
[www.VTNPA.org](http://www.VTNPA.org)

1. Current membership status is required. 2018 dues must be paid by March 16 in order to receive the member rate.
2. Student fee applies to currently enrolled NP students; verification may be requested.

#### TOTAL FEES

Registration: \$ \_\_\_\_\_

VNPA Scholarship \$ \_\_\_\_\_

Donation

Total: \$ \_\_\_\_\_



If you require special accommodations or have additional needs in order to participate, please check this box. Indicate your requests in writing and include with your registration form.

Ck #: \_\_\_\_\_