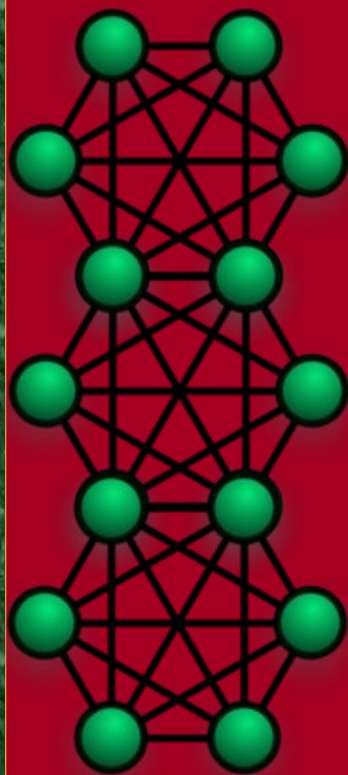


9th



Oral
&
Poster
Presentations

~

Beginning
Thursday
Afternoon

ANNUAL Nursing Research & Evidence-Based Practice Symposium

**EBP, QI & NURSING RESEARCH:
INTERCONNECTED EVIDENCE**

November 2-3, 2017
Hampton Inn Colchester, Vermont

Register online at
www.uvm.edu/~kappatau/
Best rates through Oct. 26

**Nursing Research
Quality Improvement
Evidence-Based Practice**

Keynote:

Lynn Gallagher Ford, PhD, RN, DPFNAP, NE-BC
Director, Center for Transdisciplinary EB Practice
The Ohio State University

Welcome

Message from the Symposium Chair...

On behalf of this year's Symposium Planning Committee, it is my pleasure to invite you to the 9th Annual Nursing Research and Evidence-Based Practice Symposium. Our theme this year is **EBP, QI & Nursing Research: Interconnected Evidence**. Nurses during every interaction with a patient and family must decide on using the best evidence available to provide quality and safe care. We are fortunate to have **Lynn Gallagher-Ford, PhD, RN, DPFNAP, NE-BC**, as our keynote speaker this year. Dr. Gallagher-Ford is the director of the Center for Transdisciplinary Evidence-based Practice at The Ohio State University, College of Nursing. Her work is well known and respected throughout the nursing profession.

In its 9th year, the Annual Symposium continues to showcase a sampling of the meaningful work that nurses in our region are investigating to improve healthcare outcomes. Whether you practice at the bedside, in a patient's home, in a clinic, or as an educator or nurse leader, the Symposium offers opportunities to network and learn about novel practice approaches.

We hope that you will participate in this year's annual Honor the Nurse presentation, which is dedicated to knowing "If you could investigate anything in nursing, what would it be?" This presentation occurs at the Thursday evening's ever-popular free reception, where posters are presented, networking opportunities abound, and SUNY Plattsburgh and University of Vermont nursing students intermingle with novice and veteran nurses.

Special thanks to the Planning Committee, for their time and efforts in creating this extraordinary annual event. We would also like to thank our devoted professional and institutional organization sponsors, without their support this experience could not happen. Lastly, we so appreciate our dedicated professional conference planner, Julie Basol, who keeps us on task and brings her expertise and wisdom to our team.

Please join us on an adventure in learning at this year's Symposium.

Jessica Sherman, DNP, RN-BC
Program Chair, 9th Annual Symposium
Medical-Surgical Nurse Manager
Central Vermont Medical Center
Jessica.Sherman@CVMC.org

**Thursday Evening's Poster Reception is
free and open to the public.**

Thursday, Nov. 2

2:00-2:30pm Registration, Poster Set Up

2:30-4:00pm Mentoring for Success: Core Skills and Courageous Conversations

Christine Rovinski-Wagner, MSN, ARNP

4:00-4:15pm Poster Set Up, Afternoon Break

4:15-5:15pm Leveraging EBP to Improve Outcomes; Critical Issues for the Future

Lynn Gallagher-Ford, PhD, RN, DPFNAP, NE-BC

5:15-6:45pm Welcome, Opening Remarks, Reception, Poster Presentations

Friday, Nov. 3

7:30-8:15am Registration, Posters, Continental Breakfast

8:15-8:30am Welcome, Introductions

8:30-10:00am Keynote Address -

Moving the Titanic: Where We are Stuck - Evidence for Evidence-Based Practice

Lynn Gallagher-Ford, PhD, RN, DPFNAP, NE-BC

10:00-10:30am Morning Break; Posters

10:30-Noon Oral Presentations: 1, 2, 3

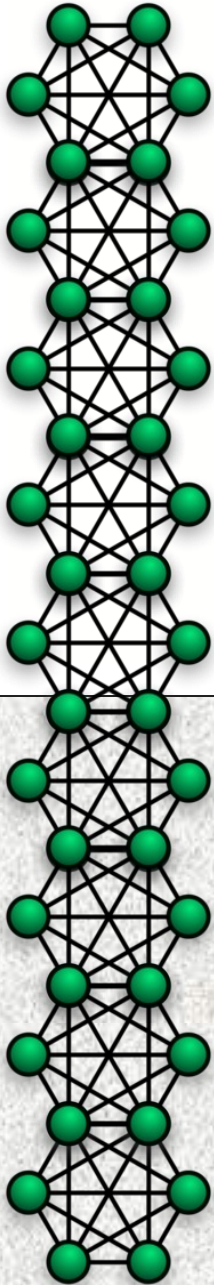
Noon-1:15pm Lunch; Posters

1:15-2:45pm Oral Presentations: 4, 5, 6

2:45-3:00pm Afternoon Break

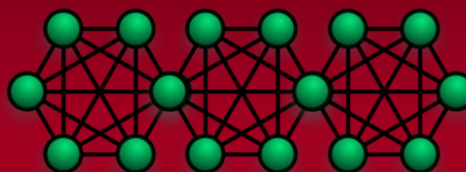
3:00-4:00pm Oral Presentations: 7, 8

4:00-4:30pm Capstone Address





Lynn Gallagher-Ford, PhD, RN, DPFNAP, NE-BC
Director, Center for Transdisciplinary EB Practice
The Ohio State University



Lynn Gallagher-Ford, PhD, RN, DPFNAP, NE-BC, is Director of the Center for Transdisciplinary Evidence-based Practice at The Ohio State University, College of Nursing where her work is dedicated to research, education, and consultation focused on the development, promotion, integration, implementation, and sustainability of evidence-based practice in both academic and clinical settings.

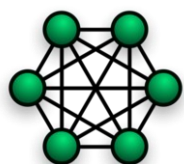
Gallagher-Ford's clinical background in maternal child health and nursing administration has spanned 30 years in which she has served in a variety of roles ranging from bedside clinician to chief nursing officer where she gained extensive experience and expertise in teaching and implementing evidence-based practice in real world clinical settings. Currently active as a consultant, facilitator, and keynote presenter at national and international conferences and education programs, she has co-authored the book *Implementing the EBP Competencies in Healthcare; A Practical Guide for Improving Quality, Safety and Outcomes*.

Her publications include co-authorship of multiple studies conducted that have dramatically impacted the current body of knowledge about evidence-based practice and influenced strategic imperatives to address new challenges.

- A National Survey of Nurse in Professional Development that looked at current realities related to: demographics, priorities, evidence-based practice attributes and competencies, benchmarked metrics and outcomes.
- A National Survey of Nurse Executives that looked at current realities related to: demographics, priorities, evidence-based practice attributes and investment, benchmarked metrics and outcomes.
- A Delphi Study that established essential EBP competencies for practicing RNs and APNs.
- A National Survey of US Nurses that revealed an updated assessment of "The State of Evidence-Based Practice in US Nurses: Critical Implications for Nurse Leaders and Educators".

Gallagher-Ford's research is focused on the science behind evidence-based practice with particular focus on the influence of nurse leaders and contextual issues. She was inducted into the National Academies of Practice and the Nursing Academy as a Distinguished Practitioner and Fellow in 2013.

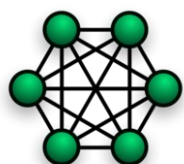
Thursday Afternoon Special Presentation & Conversation



Leveraging EBP to Improve Outcomes: Critical Issues for the Future

4:00-5:00PM

Friday Morning Keynote Address



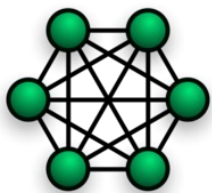
Moving the Titanic: Where We are Stuck - Evidence for Evidence-Based Practice

8:30-10:00AM

To register online, [CLICK HERE](#)

Thursday Afternoon Workshop

Mentoring for Success: Core Skills & Courageous Conversations



Christine Rovinski-Wagner, MSN, ARNP

National Transformational Coach Captain

Veterans Health Administration

2:30-4:00PM

The professional success of many nurses can be attributed, in large part, to mentorship. Whether you are the mentor or the mentee, this workshop is for you! Christine Rovinski-Wagner, MSN, ARNP will engage the audience with full participation as she covers the following topics:

- Purpose of Mentoring
- Facilitation for Effective Mentoring
- Partner-Practice Exercise
- Courageous/Crucial Conversations
- Handling Resistance
- Collaborative Decision-Making Processes
- Decision-Making Behaviors



At the completion of this learning activity, the participant will be able to:

1. Discuss the GROW model of mentoring;
2. Recall the five core skills of facilitation;
3. Demonstrate the five core skills of facilitation;
4. Identify when a courageous/crucial conversation should be utilized;
5. Recall 6 strategies to effectively manage resistance;
6. Apply behaviors that facilitate effective decision-making.

Join us!

Honor the Nurse: New Twist!

Over the years, the Symposium has featured an HONOR the NURSE presentation with various themes.

This year, you will have opportunity to contribute to the HONOR the NURSE presentation as you register for the Symposium! Simply answer the question....

If you could investigate anything in nursing what would it be?

The Honor the Nurse presentation will take place during Thursday evening's Poster Reception and will also be posted on the Kappa Tau web site after the Symposium.

Contributions to the presentation will be accepted via email as well.

For more information contact Julie Basol, Symposium Director: (802) 598-7424.



Thursday Evening's Poster Reception begins immediately after the Dr. Gallagher-Ford's Thursday afternoon talk. The reception is FREE and open to the public.

Symposium Agenda

THURSDAY, NOVEMBER 2

2:00-2:30pm Registration, Poster Set Up
2:30-4:00pm

WORKSHOP

Mentoring for Success: Core Skills & Courageous Conversations

Christine Rovinski-Wagner, MSN, ARNP
National Transformational Coach Captain
Veterans Health Administration
White River Junction, Vermont

4:00-4:15pm Afternoon Break, Poster Set up

4:15-5:15pm

SPECIAL PRESENTATION & CONVERSATION

Leveraging EBP to Improve Outcomes; Critical Issues for the Future

Lynn Gallagher-Ford, PhD, RN, DPFNAP, NE-BC
Director, Center for Transdisciplinary EB Practice
The Ohio State University
Columbus, Ohio

5:15-6:45pm Reception, Poster Presentations,
Honor the Nurse, Welcome Remarks:

Jessica Sherman, DNP, RN-BC
Program Chair, 9th Annual Symposium
Medical-Surgical Nurse Manager
Central Vermont Medical Center

**Thursday Evening's Poster Reception is FREE
and open to the public.**

FRIDAY, NOVEMBER 3

7:30-8:15am REGISTRATION; CONTINENTAL BREAKFAST; POSTERS

8:15-8:30am WELCOMING REMARKS

8:30-10:00am

KEYNOTE ADDRESS

Moving the Titanic: Where We are Stuck - Evidence for Evidence-Based Practice

Lynn Gallagher-Ford, PhD, RN, DPFNAP, NE-BC

10:00-10:30am POSTERS, MORNING BREAK

10:30-11:00am

1 Telephonic/Telehealth Nursing:

Emerging or Uncovered Workforce?

Mary Val Palumbo, DNP, APRN, GNP-BC
Associate Professor, Department of Nursing
Director, AHEC Nursing Workforce Initiatives
University of Vermont
Burlington, Vermont

11:00-11:30am

2 Efficacy of the Breast Cancer Navigator Role in Reducing Distress in Newly-diagnosed Breast Cancer Patients:

A Pilot Study

Patricia Johnson, BS, RN, OCN, CBCN
Oncology Care Coordinator
University of Vermont Health Network - CVPH
Plattsburgh, New York

Anne Watson Bongiorno, PhD, APHN-BC, CNE
Professor of Nursing
SUNY Plattsburgh
Plattsburgh, New York

11:30-Noon

3 Does a Quality Assurance Program Change the Measurable Patient Procedural Outcomes in Interventional Radiology?

Heidi Sutton, MSN, RN
Coordinator, Interventional Radiology Quality
Assurance, Data Analysis

Douglas Sutton, MSN, RN
Nurse Manager, IR, Ultrasound, Radiology Nursing Services
University of Vermont Medical Center
Burlington, Vermont

Noon-1:15pm LUNCH; POSTERS

1:15-1:45pm

4 Transforming the RN Clinical Advancement Structure:

A Unique Collaboration Between Organizational and RN Union Leaders

Lauren Tronsgard-Scott, BSN, MSOL
Director, Women's Care and Pediatrics
Laurie Aunchman, RN, ASN
Staff Nurse III; Surgical ICU; Pediatric ICU
Kate FitzPatrick, DNP, RN, ACNP, NEA-BC, FAAN
Chief Nursing Officer; Senior Vice President
University of Vermont Medical Center
Burlington, Vermont

1:45-2:15pm

5 Fluoride Varnish Application in the Pediatric Population

Ellen Gnaedinger, DNP-FNP
School Nurse
Newton School
Norwich, Vermont

2:15-2:45pm

6 Barriers to Formal Diagnosis of Autism Spectrum Disorder in Adults

Laura Lewis, PhD, RN
Assistant Professor, Department of Nursing
University of Vermont
Burlington, Vermont

2:45-3:00am AFTERNOON BREAK

3:00-3:30pm

7 Predictors of Health Literacy in Elderly Portuguese Immigrants with Heart Failure

Kristen Sethares, PhD, RN, CNE, FAHA
Professor of Nursing
University of Massachusetts Dartmouth
Marion, Massachusetts

3:30-4:00pm

8 Battling the Opioid Epidemic

Angela Neyer, BSN, RN, CEN, CPEN
Clinical Education Manager Emergency Department
University of Vermont Health Network - CVPH
Plattsburgh, New York
Angela Neyer, BSN, RN, CEN, CPEN
Clinical Education Manager Emergency Department
University of Vermont Health Network - CVPH
Plattsburgh, New York

4:00-4:30pm

Capstone Address

Lynn Gallagher-Ford,
PhD, RN, DPFNAP, NE-BC

Program Planning Committee

♦ **JESSICA SHERMAN, DNP, MSN, RN-BC**

*Program Chair, 9th Annual Symposium
Medical-Surgical Nurse Manager
Central Vermont Medical Center*

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University of Vermont Medical Center*

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*Associate Professor, Department of Nursing
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*Nurse Educator, Central Programs
The University of Vermont Health Network-Porter*

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*Associate Nursing Professor, Fanny Allen/Williston Campus
Department Chair
Vermont Technical College*

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*Nursing Education Coordinator
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*Assistant Professor, Department of Nursing
SUNY Plattsburgh*

♦ **SUZANNE MURDOCK, MSN, APRN-BC, GNP-BC**

*Director, Nursing Outcomes, Practice, & Systems
University of Vermont Medical Center*

♦ **CHRISTINE ROVINSKI-WAGNER, MSN, ARNP**

*National Transformational Coach Captain
Veterans Administration Medical Center,
White River Junction*

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 - Nursing Education & Research
 - James M. Jeffords Institute for Quality & Operational Effectiveness
- ♦ Sigma Theta Tau International Nursing Honor Society
 - Kappa Tau Chapter
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- ♦ Champlain Valley Physicians Hospital
- ♦ Northeastern Vermont Regional Hospital
- ♦ Norwich University
- ♦ Porter Medical Center, UVMMC
- ♦ Rutland Regional Medical Center
- ♦ Southwestern Vermont Medical Center
- ♦ SUNY Plattsburgh Department of Nursing
- ♦ University of Vermont Department of Nursing
- ♦ Vermont Department of Health, Maternal & Child Health
- ♦ Vermont State Nurses' Foundation
- ♦ American Nurses Association - Vermont
- ♦ White River Junction VA Medical Center, Veterans Education & Research Association of Northern New England

Logistics



HAMPTON INN

42 Lower Mountain View Drive
Colchester, Vermont, 05446

\$99

single / double
802 655-6177

CONFERENCE SITE:

The 9th Annual Nursing Research & Evidence-Based Practice Symposium will be held at the Hampton Inn in Colchester, Vermont.

DIRECTIONS TO THE SYMPOSIUM:

From I-89N: Exit 16 turn right on Rt 7; turn right at the stop light on Lower Mountain View Drive. From I-89S Exit 16 turn left on Rt 7; turn right on to Mountain View Drive. The hotel is on the right. For further directions, visit www.randmcnally.com or the [Hampton Inn site](#).

LODGING:

Participants requiring overnight accommodations the night of **Thursday, November 2** may contact the Hampton Inn at: **802 655-6177**. The Hampton offers a reduced overnight rate of **\$99**, based on a very limited availability to Symposium attendees. When calling the Inn, you must mention that you are with the Research Symposium in order to get the reduced rate. You may also go online to reserve an overnight room - [\[click here\]](#)

For additional lodging options, please contact Julie Basol, Symposium Director (see below).

REGISTRATION & PAYMENT:

Two day (full) registration fee for the Symposium includes Thursday afternoon tutorials, evening reception and poster presentations as well as Friday keynote, oral presentations, continental breakfast, lunch, and breaks. Symposium materials will be made available to attendees on line at the [Kappa Tau Web site](#).

Best rates are available to those who register by **Thursday, October 26**. Two options for registration and payment are available:

- 1) **ONLINE:** Complete the online registration and indicate your method of payment: check or credit card (you will then be invoiced through PayPal)
- 2) **BY MAIL:** Complete the registration form found on page 7 of the e-brochure. Indicate your chosen method of payment. If paying by credit card, you will then be invoiced through PayPal.

If paying by check, make payable to **Kappa Tau**. Mail your payment to:

Research Symposium
741 Hand Road North Ferrisburgh, VT 05473

For questions or more information contact:

Julie Basol, Symposium Director
Ph: 802.598.7424 JNB@gmavt.net



Colchester, VT

CONTINUING EDUCATION:

This activity has been submitted to Northeast Multistate Division (NE-MSD) for approval to award contact hours. Northeast Multistate Division (NE-MSD) is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

For more information regarding contact hours, please contact Julie Basol, Symposium Coordinator:

JNB@gmavt.net or 802 598-7424

To register online, [CLICK HERE](#)

9th Annual Symposium Registration Form

REGISTRATION, PAYMENT: Return your completed registration form with a check made payable to:

Sigma Theta Tau International Inc.

Best Rates
~ before October 26 ~

Mail your registration and payment to:

Research Symposium 741 Hand Road No. Ferrisburgh, VT 05473

For more information: Julie Basol, Symposium Coordinator JNB Marketing, LLC

Ph: 802.598.7424 | JNB@gmavt.net

www.uvm.edu/~kappatau

Date of Registration: _____

Last Name: _____ First Name: _____ Credentials: _____

Position Title: _____

Organization: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____

Email: _____

Registration Fee	Early Bird Prior to 10/26	Registration Fee after 10/26
<input type="checkbox"/> Full Registration	\$130	\$140
<input type="checkbox"/> Full Registration Oral & Poster Presenters	\$115	\$125
<input type="checkbox"/> Full Time Student Registration *	\$50	\$55
<input type="checkbox"/> Thursday Registration only	\$40	\$45

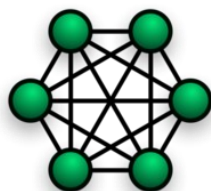
* Full time
undergraduate
student or graduate
student currently
enrolled
with 6+ credits

Registration Amount:

☐ Check # _____

\$ _____

☐ Please send me a PayPal invoice to pay by credit card



☐ If you require special accommodations or have additional needs in order to participate, please check this box. Indicate your requests in writing and include with your registration form.

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