9th ANNUAL
Nursing Research & Evidence-Based Practice Symposium

EBP, QI & NURSING RESEARCH: INTERCONNECTED EVIDENCE

November 2-3, 2017
Hampton Inn Colchester, Vermont

Register online at
www.uvm.edu/~kappatau/
Best rates through Oct. 26

Oral & Poster Presentations ~ Beginning Thursday Afternoon

Keynote:
Lynn Gallagher Ford, PhD, RN, DPFNAP, NE-BC
Director, Center for Transdisciplinary EB Practice
The Ohio State University
Message from the Symposium Chair…

On behalf of this year’s Symposium Planning Committee, it is my pleasure to invite you to the 9th Annual Nursing Research and Evidence-Based Practice Symposium. Our theme this year is EBP, QI & Nursing Research: Interconnected Evidence. Nurses during every interaction with a patient and family must decide on using the best evidence available to provide quality and safe care. We are fortunate to have Lynn Gallagher-Ford, PhD, RN, DPFNAP, NE-BC, as our keynote speaker this year. Dr. Gallagher-Ford is the director of the Center for Transdisciplinary Evidence-based Practice at The Ohio State University, College of Nursing. Her work is well known and respected throughout the nursing profession.

In its 9th year, the Annual Symposium continues to showcase a sampling of the meaningful work that nurses in our region are investigating to improve healthcare outcomes. Whether you practice at the bedside, in a patient’s home, in a clinic, or as an educator or nurse leader, the Symposium offers opportunities to network and learn about novel practice approaches.

We hope that you will participate in this year’s annual Honor the Nurse presentation, which is dedicated to knowing “If you could investigate anything in nursing, what would it be?” This presentation occurs at the Thursday evening’s ever-popular free reception, where posters are presented, networking opportunities abound, and SUNY Plattsburgh and University of Vermont nursing students intermingle with novice and veteran nurses.

Special thanks to the Planning Committee, for their time and efforts in creating this extraordinary annual event. We would also like to thank our devoted professional and institutional organization sponsors, without their support this experience could not happen. Lastly, we so appreciate our dedicated professional conference planner, Julie Basol, who keeps us on task and brings her expertise and wisdom to our team.

Please join us on an adventure in learning at this year’s Symposium.

Jessica Sherman, DNP, RN-BC
Program Chair, 9th Annual Symposium
Medical-Surgical Nurse Manager
Central Vermont Medical Center
Jessica.Sherman@CVMC.org

Thursday, Nov. 2

2:00-2:30pm Registration, Poster Set Up
2:30-4:00pm Mentoring for Success: Core Skills and Courageous Conversations
   Christine Rovinski-Wagner, MSN, ARNP
4:00-4:15pm Poster Set Up, Afternoon Break
4:15-5:15pm Leveraging EBP to Improve Outcomes; Critical Issues for the Future
   Lynn Gallagher-Ford, PhD, RN, DPFNAP, NE-BC
5:15-6:45pm Welcome, Opening Remarks, Reception, Poster Presentations

Friday, Nov. 3

7:30-8:15am Registration, Posters, Continental Breakfast
8:15-8:30am Welcome, Introductions
8:30-10:00am Keynote Address -
   Moving the Titanic: Where We are Stuck - Evidence for Evidence-Based Practice
   Lynn Gallagher-Ford, PhD, RN, DPFNAP, NE-BC
10:00-10:30am Morning Break; Posters
10:30-Noon Oral Presentations: 1, 2, 3
Noon-1:15pm Lunch; Posters
1:15-2:45pm Oral Presentations: 4, 5, 6
2:45-3:00pm Afternoon Break
3:00-4:00pm Oral Presentations: 7, 8
4:00-4:30pm Capstone Address
Lynn Gallagher-Ford, PhD, RN, DPFNAP, NE-BC, is Director of the Center for Transdisciplinary Evidence-based Practice at The Ohio State University, College of Nursing where her work is dedicated to research, education, and consultation focused on the development, promotion, integration, implementation, and sustainability of evidence-based practice in both academic and clinical settings.

Gallagher-Ford’s clinical background in maternal child health and nursing administration has spanned 30 years in which she has served in a variety of roles ranging from bedside clinician to chief nursing officer where she gained extensive experience and expertise in teaching and implementing evidence-based practice in real world clinical settings. Currently active as a consultant, facilitator, and keynote presenter at national and international conferences and education programs, she has co-authored the book Implementing the EBP Competencies in Healthcare: A Practical Guide for Improving Quality, Safety and Outcomes.

Her publications include co-authorship of multiple studies conducted that have dramatically impacted the current body of knowledge about evidence-based practice and influenced strategic imperatives to address new challenges.

- A National Survey of Nurse in Professional Development that looked at current realities related to: demographics, priorities, evidence-based practice attributes and competencies, benchmarked metrics and outcomes.
- A National Survey of Nurse Executives that looked at current realities related to: demographics, priorities, evidence-based practice attributes and investment, benchmarked metrics and outcomes.
- A Delphi Study that established essential EBP competencies for practicing RNs and APNs.
- A National Survey of US Nurses that revealed an updated assessment of “The State of Evidence-Based Practice in US Nurses: Critical Implications for Nurse Leaders and Educators”.

Gallagher-Ford’s research is focused on the science behind evidence-based practice with particular focus on the influence of nurse leaders and contextual issues. She was inducted into the National Academies of Practice and the Nursing Academy as a Distinguished Practitioner and Fellow in 2013.

Thursday Afternoon Special Presentation & Conversation

Leveraging EBP to Improve Outcomes: Critical Issues for the Future

4:00-5:00PM

Friday Morning Keynote Address

Moving the Titanic: Where We are Stuck - Evidence for Evidence-Based Practice

8:30-10:00AM

To register online, CLICK HERE
Thursday Afternoon Workshop

Mentoring for Success: Core Skills & Courageous Conversations

Christine Rovinski-Wagner, MSN, ARNP
National Transformational Coach Captain
Veterans Health Administration

2:30-4:00PM

The professional success of many nurses can be attributed, in large part, to mentorship. Whether you are the mentor or the mentee, this workshop is for you! Christine Rovinski-Wagner, MSN, ARNP will engage the audience with full participation as she covers the following topics:

- Purpose of Mentoring
- Facilitation for Effective Mentoring
- Partner-Practice Exercise
- Courageous/Crucial Conversations
- Handling Resistance
- Collaborative Decision-Making Processes
- Decision-Making Behaviors

At the completion of this learning activity, the participant will be able to:

1. Discuss the GROW model of mentoring;
2. Recall the five core skills of facilitation;
3. Demonstrate the five core skills of facilitation;
4. Identify when a courageous/crucial conversation should be utilized;
5. Recall 6 strategies to effectively manage resistance;
6. Apply behaviors that facilitate effective decision-making.

Join us!

Honor the Nurse: New Twist!

Over the years, the Symposium has featured an HONOR the NURSE presentation with various themes. This year, you will have opportunity to contribute to the HONOR the NURSE presentation as you register for the Symposium! Simply answer the question…. If you could investigate anything in nursing what would it be?

The Honor the Nurse presentation will take place during Thursday evening’s Poster Reception and will also be posted on the Kappa Tau web site after the Symposium. Contributions to the presentation will be accepted via email as well.

For more information contact Julie Basol, Symposium Director: (802) 598-7424.

Thursday Evening’s Poster Reception begins immediately after the Dr. Gallagher-Ford’s Thursday afternoon talk. The reception is FREE and open to the public.
### Symposium Agenda

**Thursday, November 2**

<table>
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<tr>
<th>Time</th>
<th>Event Description</th>
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<tr>
<td>2:00-2:30pm</td>
<td>Registration, Poster Set Up</td>
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<tr>
<td>2:30-4:00pm</td>
<td><strong>Workshop</strong>&lt;br&gt;Mentoring for Success: Core Skills &amp; Courageous Conversations&lt;br&gt;Christine Rovinski-Wagner, MSN, ARNP&lt;br&gt;National Transformational Coach Captain&lt;br&gt;Veterans Health Administration&lt;br&gt;White River Junction, Vermont</td>
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<tr>
<td>4:00-4:15pm</td>
<td>Afternoon Break, Poster Set up</td>
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<tr>
<td>4:15-5:15pm</td>
<td><strong>Special Presentation &amp; Conversation</strong>&lt;br&gt;Leveraging EBP to Improve Outcomes; Critical Issues for the Future&lt;br&gt;Lynn Gallagher-Ford, PhD, RN, DPFNAP, NE-BC&lt;br&gt;Director, Center for Transdisciplinary EB Practice&lt;br&gt;The Ohio State University&lt;br&gt;Columbus, Ohio</td>
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**Friday, November 3**

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<tr>
<th>Time</th>
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<tr>
<td>7:30-8:15am</td>
<td>Registration; Continental Breakfast; Posters</td>
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<tr>
<td>8:15-8:30am</td>
<td>Welcoming Remarks</td>
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<td>8:30-10:00am</td>
<td>Keynote Address&lt;br&gt;Moving the Titanic: Where We Are Stuck - Evidence for Evidence-Based Practice&lt;br&gt;Lynn Gallagher-Ford, PhD, RN, DPFNAP, NE-BC</td>
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<tr>
<td>10:00-10:30am</td>
<td>Posters, Morning Break</td>
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<tr>
<td>10:30-11:00am</td>
<td>1 Telephonic/Telehealth Nursing: Emerging or Uncovered Workforce?&lt;br&gt;Mary Val Palumbo, DNP, APRN, GNP-BC&lt;br&gt;Associate Professor, Department of Nursing&lt;br&gt;Director, AHEC Nursing Workforce Initiatives&lt;br&gt;University of Vermont&lt;br&gt;Burlington, Vermont</td>
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<td>11:00-11:30am</td>
<td>2 Efficacy of the Breast Cancer Navigator Role in Reducing Distress in Newly-diagnosed Breast Cancer Patients: A Pilot Study&lt;br&gt;Patricia Johnson, BS, RN, OCN, CBCN&lt;br&gt;Oncology Care Coordinator&lt;br&gt;University of Vermont Health Network - CVPH&lt;br&gt;Plattsburgh, New York&lt;br&gt;Anne Watson Bongiorno, PhD, APHN-BC, CNE&lt;br&gt;Professor of Nursing&lt;br&gt;SUNY Plattsburgh&lt;br&gt;Plattsburgh, New York</td>
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<td>11:30-12:15pm</td>
<td>3 Does a Quality Assurance Program Change the Measurable Patient Procedural Outcomes in Interventional Radiology?&lt;br&gt;Heidi Sutton, MSN, RN&lt;br&gt;Coordinator, Interventional Radiology Quality Assurance, Data Analysis&lt;br&gt;Douglas Sutton, MSN, RN&lt;br&gt;Nurse Manager, IR, Ultrasound, Radiology Nursing Services&lt;br&gt;University of Vermont Medical Center&lt;br&gt;Burlington, Vermont</td>
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<td>1:15-1:45pm</td>
<td>LUNCH; POSTERS</td>
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<td>1:45-2:15pm</td>
<td>4 Transforming the RN Clinical Advancement Structure: A Unique Collaboration Between Organizational and RN Union Leaders&lt;br&gt;Lauren Tronsgard-Scott, BSN, MSOL&lt;br&gt;Director, Women’s Care and Pediatrics&lt;br&gt;Laurie Aunchman, RN, ASN&lt;br&gt;Staff Nurse III, Surgical ICU; Pediatric ICU&lt;br&gt;Kate FitzPatrick, DNP, RN, ACNP, NEA-BC, FAAN&lt;br&gt;Chief Nursing Officer; Senior Vice President&lt;br&gt;University of Vermont Medical Center&lt;br&gt;Burlington, Vermont</td>
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<td>2:15-2:45pm</td>
<td>5 Fluoride Varnish Application in the Pediatric Population&lt;br&gt;Ellen Gnaedinger, DNP-FNP&lt;br&gt;School Nurse&lt;br&gt;Newton School&lt;br&gt;Norwich, Vermont</td>
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<td>2:45-3:00am</td>
<td>Afternoon Break</td>
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<td>3:00-3:30pm</td>
<td>7 Predictors of Health Literacy in Elderly Portuguese Immigrants with Heart Failure&lt;br&gt;Kristen Sethares, PhD, RN, CNE, FAHA&lt;br&gt;Professor of Nursing&lt;br&gt;University of Massachusetts Dartmouth&lt;br&gt;Marion, Massachusetts</td>
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<td>3:30-4:00pm</td>
<td>8 Battling the Opioid Epidemic&lt;br&gt;Angela Neyer, BSN, RN, CEN, CPEN&lt;br&gt;Clinical Education Manager Emergency Department&lt;br&gt;University of Vermont Health Network - CVPH&lt;br&gt;Plattsburgh, New York&lt;br&gt;Angela Neyer, BSN, RN, CEN, CPEN&lt;br&gt;Clinical Education Manager Emergency Department&lt;br&gt;University of Vermont Health Network - CVPH&lt;br&gt;Plattsburgh, New York</td>
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<tr>
<td>4:00-4:30pm</td>
<td>Capstone Address&lt;br&gt;Lynn Gallagher-Ford, PhD, RN, DPFNAP, NE-BC</td>
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**Thursday Evening’s Poster Reception is FREE and open to the public.**
Program Planning Committee

- **JESSICA SHERMAN, DNP, MSN, RN-BC**  
  Program Chair, 9th Annual Symposium  
  Medical-Surgical Nurse Manager  
  Central Vermont Medical Center

- **ANN LARAMEE, MS, ANP-BC, ACNS-BC, CHFN, ACHPN, FHFS**  
  Nurse Practitioner, Palliative Care and Cardiology  
  University of Vermont Medical Center

- **MARCIA BOSEK, DNSc, RN**  
  Associate Professor, Department of Nursing  
  College of Nursing & Health Sciences  
  University of Vermont

- **CAROL CONROY, DNP, RN, CNOR**  
  Vice President, Operations  
  Chief Nursing Officer  
  Southwestern Vermont Healthcare

- **TARA EBERE, BSN, RN**  
  Director, Magnet Program  
  The University of Vermont Health Network-CVPH

- **CARLYN HAAG, BSN, RN, CCRN-K**  
  Nursing Research and Clinical Practice Manager  
  The University of Vermont Health Network-CVPH

- **Linda Havey, MSN, RN-BC**  
  Nurse Educator, Central Programs  
  The University of Vermont Health Network-Porter

- **Mary K. Hill DNP, MSN, RN-BC, OCN**  
  Associate Nursing Professor, Fanny Allen/Williston Campus  
  Department Chair  
  Vermont Technical College

- **CAROL L. HODGES, MS, RN-BC**  
  Nursing Education Coordinator  
  Northeastern Vermont Regional Hospital

- **RANDY KELLEY, DNP, RN, CCRN**  
  Assistant Professor, Department of Nursing  
  SUNY Plattsburgh

- **SUZANNE MURDOCK, MSN, APRN-BC, GNP-BC**  
  Director, Nursing Outcomes, Practice, & Systems  
  University of Vermont Medical Center

- **CHRISTINE ROVINSKI-WAGNER, MSN, ARNP**  
  National Transformational Coach Captain  
  Veterans Administration Medical Center, White River Junction

Sponsors ~ special thanks for your support!

- University of Vermont Medical Center  
  - Nursing Education & Research  
  - James M. Jeffords Institute for Quality & Operational Effectiveness

- Sigma Theta Tau International Nursing Honor Society  
  - Kappa Tau Chapter  
  - Gamma Delta Chapter

- Champlain Valley Physicians Hospital

- Northeastern Vermont Regional Hospital

- Norwich University

- Porter Medical Center, UVMMC

- Rutland Regional Medical Center

- Southwestern Vermont Medical Center

- SUNY Plattsburgh Department of Nursing

- University of Vermont Department of Nursing

- Vermont Department of Health, Maternal & Child Health

- Vermont State Nurses’ Foundation

- American Nurses Association - Vermont

- White River Junction VA Medical Center, Veterans Education  
  & Research Association of Northern New England
**Logistics**

**HAMPTON INN**
42 Lower Mountain View Drive
Colchester, Vermont, 05446

**CONFERENCE SITE:**
The 9th Annual Nursing Research & Evidence-Based Practice Symposium will be held at the Hampton Inn in Colchester, Vermont.

**DIRECTIONS TO THE SYMPOSIUM:**
From I-89N: Exit 16 turn right on Rt 7; turn right at the stop light on Lower Mountain View Drive. From I-89S Exit 16 turn left on Rt 7; turn right on to Mountain View Drive. The hotel is on the right. For further directions, visit [www.randmcnally.com](http://www.randmcnally.com) or the Hampton Inn site.

**LODGING:**
Participants requiring overnight accommodations the night of Thursday, November 2 may contact the Hampton Inn at: 802 655-6177. The Hampton offers a reduced overnight rate of $99, based on a very limited availability to Symposium attendees. When calling the Inn, you must mention that you are with the Research Symposium in order to get the reduced rate. You may also go online to reserve an overnight room - [click here](http://www.randmcnally.com).

For additional lodging options, please contact Julie Basol, Symposium Director (see below).

**REGISTRATION & PAYMENT:**
Two day (full) registration fee for the Symposium includes Thursday afternoon tutorials, evening reception and poster presentations as well as Friday keynote, oral presentations, continental breakfast, lunch, and breaks. Symposium materials will be made available to attendees on line at the Kappa Tau Web site.

Best rates are available to those who register by Thursday, October 26. Two options for registration and payment are available:

1) **ONLINE:** Complete the online registration and indicate your method of payment: check or credit card (you will then be invoiced through PayPal)

2) **BY MAIL:** Complete the registration form found on page 7 of the e-brochure. Indicate your chosen method of payment. If paying by credit card, you will then be invoiced through PayPal.

   If paying by check, make payable to Kappa Tau. Mail your payment to:
   Research Symposium
   741 Hand Road    North Ferrisburgh, VT 05473

   For questions or more information contact:  
   Julie Basol, Symposium Director  
   Ph: 802.598.7424  JNB@gmavt.net

**CONTINUING EDUCATION:**
This activity has been submitted to Northeast Multistate Division (NE-MSD) for approval to award contact hours. Northeast Multistate Division (NE-MSD) is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

For more information regarding contact hours, please contact Julie Basol, Symposium Coordinator:  
JNB@gmavt.net or 802 598-7424

**To register online,** [CLICK HERE](http://www.randmcnally.com)
9th Annual Symposium Registration Form

**REGISTRATION, PAYMENT:** Return your completed registration form with a check made payable to: **SigmaTheta Tau International Inc.**

**Mail your registration and payment to:**
**Research Symposium  741 Hand Road  No. Ferrisburgh, VT 05473**

For more information: Julie Basol, Symposium Coordinator  JNB Marketing, LLC
Ph: 802.598.7424  |  JNB@gmavt.net
www.uvm.edu/~kappatau

Date of Registration: __________________________

Last Name: ______________________________ First Name: _____________________ Credentials: ___________________

Position Title: ______________________________________________________________________________________________

Organization: ______________________________________________________________________________________________

Address: ___________________________________________________________________________________________________

City: ____________________________________ State: ______ Zip: ____________

Telephone: ___________________________________________________________________________________________________

Email: _______________________________________________________________________________________________________

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<th>Early Bird Prior to 10/26</th>
<th>Registration Fee after 10/26</th>
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<tr>
<td>Full Registration</td>
<td>$130</td>
<td>$140</td>
</tr>
<tr>
<td>Full Registration Oral &amp; Poster Presenters</td>
<td>$115</td>
<td>$125</td>
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<tr>
<td>Full Time Student Registration *</td>
<td>$50</td>
<td>$55</td>
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<tr>
<td>Thursday Registration only</td>
<td>$40</td>
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Registration Amount: ☐ Check # __________________________
                      $________________________

☐ Please send me a PayPal invoice to pay by credit card

☐ If you require special accommodations or have additional needs in order to participate, please check this box. Indicate your requests in writing and include with your registration form.

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