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As a nurse practitioner, I know first-hand the complex challenges that nurse practitioners and physician assistants as primary care providers' face every day in their busy practices. I also know that with rapid changes in medicine, staying informed about new developments can be equally challenging. Our goal in this CME activity is to help you hone your skills in the diagnosis and management of patients with varied conditions such as Pulmonary Arterial Hypertension, Rheumatoid Arthritis, Hypogonadism, and Chronic Pain.

To reach this goal we have recruited a faculty of well-known thought leaders and experienced teachers who, as clinicians themselves, understand the challenges you face every day as a primary care provider. Our faculty will be at your disposal to provide evidence-based science, current treatment guidelines, discuss challenging cases, and provide answers for you that can ultimately lead to better health care for your patients.

Please join us and become an active participant in this half-day learning community of your peers. We will invite you to engage with our faculty and share your ideas in peer-to-peer dialogue. We know you will leave with new ideas, skills, and tools to help your patients.

Deborah Paschal, CRNP

Deborah Paschal, CRNP
Co-Director, NP/PA Education, National Association for Continuing Education

About the Speakers

Deborah Paschal, CRNP — ***Moderator***
Clinical Nurse Practitioner, Cardiothoracic Surgery Division, Penn-Presbyterian Medical Center, Philadelphia, PA

Christine Archer-Chicko, MSN, CRNP — Nurse Practitioner, Pulmonary Vascular Disease Program Pulmonary, Allergy & Critical Care, University of Pennsylvania Health Systems, Philadelphia, PA

Brad Hornberger, MPAS, PA-C — Physician Assistant, Faculty Associate, Department of Urology, The University of Texas, Southwestern Medical Center, Dallas, TX

Bruce E. Robinson, MD, MPH — Chief of Geriatrics and Director, Medical Education, Sarasota Memorial Hospital, Clinical Professor, Department of Geriatrics, Florida State University College of Medicine, Clinical Professor, Department of Medicine, University of South Florida, Sarasota, FL

Paul Sutej, MD — Northside Hospital, Arthritis and Rheumatology, Atlanta, GA

CO-COURSE DIRECTORS

Deborah Paschal, CRNP — Clinical Nurse Practitioner, Cardiothoracic Surgery Division, Penn-Presbyterian Medical Center, Philadelphia, PA

Gregg Sherman, MD — Family Practice, Northwest Heart and Health Margate, FL

Supporters

This activity is supported by educational grants from Abbott Laboratories; Actelion Pharmaceuticals US, Inc.; Auxilium Pharmaceuticals, Inc. and Purdue Phamra L.P.

Schedule

Saturday, November 5, 2011

7:15 – 7:45	Continental Breakfast and Registration
7:45 – 8:00	Welcome Remarks – Deborah Paschal, CRNP
8:00 – 9:00	Restoring Normal Testosterone Levels in Mature Men: Improving Quality of Life and Improving Total Health – Brad Hornberger, MPAS, PA-C
9:00 – 10:00	Rheumatoid Arthritis: Early Diagnosis and Aggressive Treatment – Paul Sutej, MD
10:00 – 10:15	Break
10:15 –11:15	Case Studies in Chronic Pain Management in the Elderly – Bruce E. Robinson, MD, MPH
11:15 –12:15	Pulmonary Hypertension: Recognition, Diagnosis and Treatment – Christine Archer-Chicko, MSN, CRNP
12:15 – 12:30	Closing remarks and evaluations

Schedule subject to change. Please view naceonline.com for the most current conference schedule.

Topics

Restoring Normal Testosterone Levels in Mature Men: Improving Quality of Life and Improving Total Health will help learners identify the prevalence, risk factors and co-morbid conditions associated with low testosterone; develop a focused history and physical evaluation for diagnosing primary and secondary hypogandism; recognize the importance of testing testosterone levels before prescribing PDE-5 inhibitors; assess the safety, efficacy, benefits, and risks associated with the utilization of treatment options for low testosterone including interactions with other drugs and safe use of testosterone creams and gels; outline the challenges to short- and long-term management and monitoring of testosterone therapy.

Pulmonary Hypertension: Recognition, Diagnosis and Treatment will address the pathophysiology of PAH; when and how to screen patients for PAH; current therapies targeting the prostacyclin, nitric oxide- and endothelin-mediated pathways in the management of PAH; the impact of the use of pharmacologic treatment option such as calcium channel blockers in patients diagnosed with PAH; how to appropriately monitor patients receiving treatment for PAH.

Rheumatoid Arthritis: Early Diagnosis and Aggressive Treatment will help participants define most recent criteria for the diagnosis of RA; outline potential benefits of early RA diagnosis and aggressive management; employ current approaches to RA management; discuss the use and monitoring of biologic therapies in RA; utilize referrals to arthritis specialists, physical therapists, and occupational therapists when necessary; implement strategies for improving patient education and medication adherence in RA.

Case Studies in Chronic Pain Management in the Elderly will help learners identify age-related differences between younger and older adults that influence treatment decisions for persistent pain; make guidelines-directed decisions about which older adults with persistent pain may be candidates for opioid therapy related to drug safety, efficacy, and tolerability; explain how pharmacologic and nonpharmacologic treatment strategies can be combined to achieve a synergistic effect in pain management.

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