

CHEAT SHEET



the power of

ACCESSORIES



The Power of Accessories Cheat Sheet

NOTE: This Cheat Sheet contains the key points from the "Power of Accessories" Featured Video. Please watch the video first.

Shoes

- Shoes say more about you than any other accessory item.
- Make sure to buy shoes that are proportionate to the size and shape of your feet, as well as your overall body size.
- If you have big, wide stubby feet, avoid shoes that have blunted toes or thick, heavy details, as well as anything too slender or dainty.
- If you have long feet and long features, avoid shoes that are narrow or pointed.
 - Add balance by choosing styles that are wider and rounder in the toes.

Flats:

- Look for a little heel (1/2") to help with your walk and give you enough lift to feel feminine.
- Avoid flats with a wide, round or square toe box because they make feet look bulky.

Sandals:

- Avoid flat sandals that have chunky details.
- **If you're slender**, go with thinner straps with a more slender heel.
- **If you're bigger**, wear thicker straps to fit your proportions better.
 - Thicker, chunkier sandals are much more casual than the thin, strappy kind.
 - **If you're a bigger gal that needs a dressier sandal**, keep the thicker straps, but make sure the heels are on the slender side.

Pumps:

- Pumps are the most versatile of all shoe styles.

- The classic pump is the queen of all pumps.
- Pumps are feminine and sexy and work well with many types of clothes.
- Closed-toe pumps with a full back are the most versatile.

Ankle straps help stabilize your ankles and make it easier to walk in heels.

- Avoid ankle straps if you have thick ankles and calves.

T-straps aren't as popular, but it's a beautiful, sexy style.

- The vertical line of the center strap balances out the horizontal ankle strap for an attractive silhouette.
- Avoid t-straps if you have long, slender feet since the center line makes the feet look even longer.

The d'Orsay style is a very elegant and beautiful pump where the sides are cut away, revealing the arch of the foot.

- This style looks great on almost everyone.

Wedges and platforms:

- Wedges are easier to walk in than regular heels since the sole covers more ground.
- Platforms adds comfort since they lift the ball of the foot off the floor and reduce the angle of your foot.
- Avoid wedges and platforms if you have muscular legs.
 - Wedges and platforms are both very heavy and chunky and can make your legs and feet look even larger.

Mules:

- Make sure you can walk in them because they have no back support!
- Never wear pantyhose with open-toe shoes or mules.

Boots:

- If you have chunky legs and feet, avoid short boots that hit the middle of your calf or booties that cut you off at the ankles.
- The higher the boot leg and heel, the more slimming they are.

5 Bag Styles

- Hobo
- Satchel
- Tote or carry-all
- Weekender or duffel
- Clutch

Hobos:

- Hobos are slouchy bags that can go from casual to semi-dressy.
- Hobos are usually on the larger side, but they can get very big.
 - Make sure the bag size is in good balance with your body size and doesn't overwhelm you.

Satchels:

- Satchels are more structured and boxy.
- **They're not as casual, so they're perfect for going to school or to work.**

Totes or Carry-Alls:

- Totes are large enough to carry a lot of stuff, and very practical.
- Simple canvas totes are durable and great for everyday activities.
- Look for a colorful tote in a pretty leather styles if you want a great statement bag.

Weekender or Duffel:

- Weekenders and duffels are a great choice for making stylish overnight or weekend trips.

Clutches and Wristlets:

- Clutches range from dressy to formal.
- They don't fit a lot, with only enough room to fit your essentials on a night out such as some cash, credit card or bank card, ID, compact, lipstick, cellphone and keys.

When it comes to bags, avoid overstuffing!

- If you have lots of stuff, get a bigger bag.

Assess your body size and pick a bag that's compatible to your proportions.

- If you're tiny, a very large bag will overwhelm you.
- If you have large features, a puny, dainty handbag won't stand a chance against your stature, and can risk looking ridiculous.

Belts

- A belt creates a focal point at your waist and hips.
- To make your torso appear shorter and your legs look longer, wear belts higher up at your natural waistline.
- To hide a belly, wearing thick belts that ride low will mask and smooth the area.
- **To accent your waist, wear a belt color that's in contrast to what's underneath.**
- To create a smooth, slimming line from your waist to your **hemline, wear a belt that's a tonal match or a direct match with what you wear below it.**
- The most updated way is to wear belts over your top.

- If you wear them through belt loops, make sure you match the belt width with the width of the belt loops.

Skinny Belts:

- The skinny belt is very feminine, but it can look out of place on a large frame.
- Avoid skinny belts unless you are very slim.

Medium Belts:

- Medium belts are most versatile.
- They're great for cinching gathered dresses.

Thick Belts:

- Thick belts are especially good for bigger girls.
- They help shape and define the waist.

Sunglasses

The best way to determine what sunglasses styles and frames are right for you is to base it on the shape of your face.

Oval:

- Oval faces have good balance, with height at the cheekbones and a chin that's slightly narrower than the forehead.
- Best frames for oval faces:
 - Square frames with gently rounded edges
 - Oval shapes with higher temples

Oblong:

- Oblong faces are longer than they are wide with typically straight features
- Best frames for oblong faces:
 - Horizontal lines
 - Round frames

Round:

- Round faces are about evenly wide as they are long with few to no angles.
- Best frames for round faces:

- Wider frames with angular or rectangular shapes
- Frames with higher temples
- Frames with brow bars|

Square:

- **Square faces are also just about wide as they are long. There's a broad forehead, wide cheekbones, and a wide chin and strong jawline.**
- Best frames for square faces:
 - Cat-eyes
 - Classic oval frames

Diamond:

- Diamond-shaped faces have very high, wide cheekbones that taper toward the forehead and chin
- Best frames for diamond faces:

- Frames that are decorated along the top
- Oval or softly curved square frames
- Rimless frames

Triangle:

- Triangular faces have a narrow forehead that widens at the cheeks and chin.
- Best frames for diamond faces:
 - Square frames with a strong emphasis on the top of the frame
 - Aviator styles with a defined, straight top

Proportions are just as important when choosing sunglasses as they are for any type of accessory.

- Smaller sunglasses are best for smaller faces, while larger ones are best for larger faces.
- If you have a large nose, larger frames will help make your nose appear smaller by contrast.

Scarves

- Use a scarf to camouflage broad shoulders or hide an Adam's apple.
- A scarf can also work wonders on brightening up your face. Choose colors that flatter your natural coloring.
- Smaller facial and body features call for smaller scale prints, while larger facial and body features call larger scale print.

Jewelry

Earrings:

- Bigger and bolder earrings look best on bigger women.
 - Thick hoops
 - Large chandeliers
 - Studs in a respectable size
- If you have a thick neck:

- Wear stud earrings that call attention away from your neck.
- Wear long vertical drop earrings that keep the eye moving up and down.
- Smaller gals should choose earrings that are smaller and more delicate.

Necklaces:

- Larger women should:
 - Wear large, high impact statement necklaces made of chunky stones, beads and jewels.
 - Layer delicate necklaces to create a broad, cascading effect.
 - Avoid thick chokers.
- Smaller women should:
 - Wear finer necklaces.
 - Or try layering multiple strands of fine necklaces for more oomph.

Bracelets:

- Masculine hands can be a problem for crossdressers and TG women.
- Avoid anything too attention getting, like wild colors or patterns.
- Choose one or two wide but simple bracelets in a solid color or subtle design.
- Petite women look best in finer bracelets, or thin bangles.

Watches:

- The rules that apply to bracelets are the same for watches.
- Look for the right scale and proportion in the face and bandwidth of the watch to your wrist, arms, and body size.