



# Beauty & Style Q&A Call Cheat Sheet

*NOTE: This Cheat Sheet contains the key points from the "Beauty & Style Q&A Call" Expert Interview with Lucille Sorella and Alice Kim. Please listen to the audio first.*

## **QUESTION:**

Is there an age that you should stop crossdressing?

## **ANSWER:**

- No, because there is no age to stop expressing who you are.
- However, it is important to dress age appropriately at all times.
  - See how celebrities in your age group dress.
- Being sexy at any age is about accepting your age.

## **QUESTION:**

What is the preferred shade of sheer pantyhose for different outfits, events, time of day, etc?

**ANSWER:**

- The only pantyhose colors you should wear are black and nude.
- If you are wearing a black skirt and black shoes, wear black hose.
- Nude goes with any color.
  - Make sure the nude hose match your skin tone as closely as possible.

**QUESTION:**

I sometimes wear a made-to fit-corset. The trouble is when I wear tight clothing to reveal the new shape, the material of the corset seems to show through.

**ANSWER:**

- Corsets are not as popular now for a reason.
  - When corsets were originally worn, clothing was designed to be worn with corsets.
  - Clothes nowadays are not made for corsets.

- Wear a waist cincher instead of a corset if possible.
  - Waist cinchers come with high elastic and boning and can take several inches off your waistline.
  
- Worst clothes to wear over corsets:
  - Anything stretchy
  
  - Sheer or delicate fabrics such as silk
  
- Best clothes to wear over corsets:
  - Tops with more structure (example: button down shirt with jacket over it)
  
  - Heavier fabrics

**QUESTION:**

How do you choose a good hairstyle for yourself?

**ANSWER:**

- Learn which hair colors and styles go best with your face structure and body type.

- Best hairstyles for crossdressers and transgender women:
  - Anything with a soft style
  - Wispy, layered, or textured styles
- Worst hairstyles for crossdressers and transgender women:
  - Geometric cuts
  - Short bobs
  - Centered parts

**QUESTION:**

When analyzing your color profile (Spring, Summer, Autumn, Winter), what should you do if you wear a wig? Analyze the color of your wig or your natural hair color?

**ANSWER:**

- The best approach is to analyze your natural hair color and then find a wig that goes with your unique coloring.

**QUESTION:**

Is it possible that your color profile to change depending on the color of your wig or if you have a tan? For example, is it possible to be a Spring in one wig and an Autumn in a different wig?

**ANSWER:**

- Yes, your color profile can change.
  - Getting a tan or changing your hair color can change your color profile.
- Whether you have warm or cool undertones WON'T change.

**QUESTION:**

What advice do you have for outer garments (example: jackets, coats, hats, gloves, scarves)?

**ANSWER:**

- Fall and winter are great seasons for crossdressers and transgender women because you can cover up and conceal.
  - There is more tailoring which gives you more structure for creating a feminine shape.

- Invest in the best quality jackets and coats you can afford.
  - Get them in the Classic style that will last through the years.
- Choose scarves in flattering colors.
- Hats can either make you look modern or very old fashioned.
  - Avoid looking like the Queen of England with your hat!
  - Berets, beanies, or buckets will keep you warm and help you look good.
  - Look for something round and avoid tall and narrow hats.

**QUESTION:**

Why should you stay away from colored hose other than black or nude?

**ANSWER:**

- The point is to enhance the tone of your legs.
  - You want it to look like your legs as much as possible.
  - Black creates an unbroken line.

- The nudes are good because they look like your legs.
- If you want to wear different colors, wear opaque tights instead.

**QUESTION:**

Are you supposed to match your bag and your shoes?

**ANSWER:**

- Yes, you can.
- You can also mix the colors as long as they are in the same color family (example: brown shoes and an orange bag).

**QUESTION:**

Is it true you are not supposed to wear white after Labor Day?

**ANSWER:**

- No, not true at all.
- However, there is a white color that is called Winter White.
  - This is warm white, rather than a stock bleach white.

- This color is more popular in Winter, but you can also wear pure white.

### **QUESTION:**

Is it okay to mix metals? For example, if you wear jewelry, should everything be gold or silver or can you mix?

### **ANSWER:**

- Yes, in general you should.
- If you want to mix metals:
  - Wear everything in one metal and then have a focal piece that is in a different metal.
  - Or mix them all throughout in proper proportions.

### **CONCLUSION:**

- Remember to have patience with yourself in this process.
- Don't compare yourself to cisgender women! You are perfect as who you are.