



**Date:** May 8, 2013

**Contact:** Janelle Feuz, Associate Commissioner

### 2013 EMPIRE 8 MEN'S LACROSSE ALL-CONFERENCE

**Player of the Year:** Drew Simoneau, Nazareth

**Goalkeeper of the Year:** Scott Sidnam, Ithaca

**Rookie of the Year:** Luke Wooters, Nazareth

**Coach of the Year:** Rob Randall, Nazareth

#### First Team All-Conference

Troy Haefele	Fr.	Nazareth	Attack
Luke Wooters	Fr.	Nazareth	Attack
Jeff Wester	Jr.	St. John Fisher	Attack
Ben Winkler	Sr.	Utica	Attack
Jake Long	Jr.	Ithaca	Midfielder
Collin Clark	Jr.	Nazareth	Midfielder
Nicolas Philippi	Sr.	Stevens	Midfielder
Tim Culloty	Jr.	Stevens	Long-Stick Midfielder
Chris Peterson	Sr.	Nazareth	Short Stick Defensive Midfielder
Drew Simoneau	So.	Nazareth	Face-Off Specialist
Jake Spadoni	Sr.	Alfred	Defender
Adam Wacenske	Sr.	Ithaca	Defender
Jerry Chasteen	So.	Nazareth	Defender
Mike Blood	Jr.	St. John Fisher	Defender
Scott Sidnam	Fr.	Ithaca	Goalie

#### Second Team All-Conference

Harry Hughes	Sr.	Hartwick	Attack
Pat Slawta	Jr.	Ithaca	Attack
Trevar Haefele	Jr.	Nazareth	Attack
Michael Maroon	So.	Stevens	Attack
Chris Aycock	Jr.	Nazareth	Midfielder
Rich Dupras	Sr.	Stevens	Midfielder
Harrison Dorne	Sr.	Stevens	Midfielder
Tom Bryne	So.	Utica	Long-Stick Midfielder
Andrew Kristy	Jr.	Ithaca	Short Stick Defensive Midfielder
Scott Campbell	Sr.	St. John Fisher	Short Stick Defensive Midfielder
Ryan Freije	Sr.	St. John Fisher	Face-Off Specialist
Marc Roberts	Sr.	Ithaca	Defender
Mark Pinski	Jr.	Nazareth	Defender
Brian Fahy	So.	Stevens	Defender

Dan Duffy	Jr.	Utica	Defender
Scott Brown	Fr.	Nazareth	Goalie

### **Honorable Mention All-Conference**

Justin Edelstein	Sr.	Utica	Attack
Mike Vaglica	Jr.	Hartwick	Midfielder
Greg Ramsden	Jr.	St. John Fisher	Midfielder
Jonathan VanOrden	Jr.	Nazareth	Long Stick Midfielder
Max Cooper	Sr.	Hartwick	Defender
Gregory Bell	Jr.	St. John Fisher	Defender
Tim Fair	Fr.	Stevens	Defender
Sean Flanagan	So.	Utica	Defender
Dave Bucchino	Sr.	Elmira	Goalie

### **Sportsman of the Year**

Eric Jelen	Sr.	Alfred
Brad States	Sr.	Elmira
Carl Lengel	Sr.	Hartwick
Gabriel Browning	Jr.	Houghton
Andrew Bruce	Sr.	Ithaca
Tim Doyle	Sr.	Nazareth
Mike Boisvert	Sr.	St. John Fisher
Tyler Burgasser	Sr.	Stevens
Joe Schoen	Jr.	Utica