



Empire 8 2013 Women's Swimming and Diving All-Conference

- denotes Empire 8 Championship meet record

A – NCAA Automatic Qualifier

B – NCAA Provisional Qualifier

50 Yard Freestyle

1 st Team – Jade Woodend, Hartwick	:23.61 B
2 nd Team – Louise Moores, Stevens	:23.83 B

100 Yard Freestyle

1 st Team – Jade Woodend, Hartwick	:51.52 B
2 nd Team – Jenn Rutledge, Stevens	:52.12 B

200 Yard Freestyle

1 st Team – Jade Woodend, Hartwick	1:52.49 B
2 nd Team – Marissa Douglas, Stevens	1:53.82 B

500 Freestyle

1 st Team – Eliazabeth Heinbach, Stevens	5:04.94
2 nd Team – Kaitlyn Campbell, Hartwick	5:07.05

1,650 Freestyle

1 st Team – Elizabeth Heinbach, Stevens	17:13.46 #B
2 nd Team – Gwen Mathias, Hartwick	17:43.79

100 Yard Butterfly

1 st Team – Louise Moores, Stevens	:56.40 #B
2 nd Team – Carly Watson, Alfred	:58.40

200 Yard Butterfly

1 st Team – Maria McClure, Stevens	2:10.31
2 nd Team – Lindsay Bierwert, Hartwick	2:11.14

100 Yard Backstroke

1 st Team – Louise Moores, Stevens	:56.25 #B
2 nd Team – Kylie Bangs, Ithaca College	:57.48

200 Yard Backstroke

1 st Team – Megan Buisman, Ithaca	2:04.45 B
2 nd Team – Kylie Bangs, Ithaca College	2:04.78 B

100 Yard Breaststroke

1 st Team – Carissa Risucci, Nazareth College	1:03.93 B
2 nd Team – Brittany Geyer, Stevens	1:05.10 B

200 Yard Breaststroke

1 st Team – Carissa Risucci, Nazareth College	2:16.20 #A
2 nd Team – Brittany Geyer, Stevens	2:16.71 A

200 Individual Medley

1 st Team – Carly Jones, Ithaca	2:05.63 B
2 nd Team – Marissa Douglas, Stevens	2:06.90 B

400 Individual Medley

1 st Team – Brittany Geyer, Stevens	4:24.02 #A
2 nd Team – Carly Jones, Ithaca College	4:28.58 B

1 Meter Diving

1 st Team – Korie Fackler, Ithaca College	475.35
2 nd Team – Heather Markus, Ithaca College	433.15

3 Meter Diving

1 st Team – Korie Fackler, Ithaca College	494.50#
2 nd Team – Kloe Boeckel, Ithaca College	444.00

200 Medley Relay

1 st Team – Stevens Institute of Technology Louise Moores, Brittany Geyer, Marissa Douglas, Jenn Rutledge	1:44.96#B
2 nd Team – Ithaca College Kylie Bangs, Madi Sherry, Carly Jones, Elizabeth Gawrys	1:46.99 B

400 Medley Relay

1 st Team – Stevens Institute of Technology Louise Moores, Brittany Geyer, Marissa Douglass, Nicole Miller	3:52.22 B
2 nd Team – Ithaca College Kylie Bangs, Meredith Wells, Carly Jones, Megan Zart	3:55.09

200 Freestyle Relay

1 st Team – Stevens Institute of Technology Nichole Miller, April Lawson, Jenn Rutledge, Louise Moores	1:35.24 B
2 nd Team – Ithaca College Megan Zart, Elizabeth Gawrys, Lauren Cox, Megan Buisman	1:37.63

400 Freestyle Relay

1 st Team – Stevens Institute of Technology Marissa Douglas, April Lawson, Jenn Rutledge, Louise Moores	3:28.70 B
2 nd Team – Hartwick College	3:33.74

Erin Holladay, Imma Rutigliano, Kaitlyn Campbell, Jade Woodend

800 Freestyle Relay

1st Team – Stevens Institute of Technology 7:40.27 B

Elizabeth Heinbach, Jenn Rutledge, Nicole Miller, Marissa Douglas

2nd Team – Hartwick College 7:40.44

Jade Woodend, Kaitlyn Campbell, Gwen Mathias, Erin Holladay

One member of each team was named that institution's representative on the 2013 Women's Swimming and Diving Sportswoman of the Year Team. Empire 8 emphasizes that "Competing with Honor and Integrity" is an essential component of a student-athlete's experience in conjunction with an institution's educational mission. These honorees have distinguished themselves and consistently exhibit the critical traits as outstanding sportswomen.

Sportswoman of the Year

Name	School
Erin Matich	Alfred University
Kate Beidl	Hartwick College
Elizabeth Gawrys	Ithaca College
Mallorie Dygert	Nazareth College
Elena Piper	Stevens Institute of Technology
Alice Thai	Utica College

