

**Empire 8 Women's Lacrosse
Fall 2013 Conference Call
Wednesday, December 4th at 2:00 p.m.**

Present on the call:

Sam Patton (Alfred)
Katie Augustine- Moore (Elmira)
Jackie Rutkowski (Hartwick)
Rachael Snelgrove (Houghton)
Shannon McHale (Ithaca)
Traci Lian (Nazareth)
Linda Michele (Saint John Fisher)
Celine Cunningham and Kate Robinson (Stevens)
Kristin St. Hilaire (Utica)
Janelle Zera (Empire 8 Associate Commissioner)
Jim Murnane (Assistant Director of Athletics- Utica)

2013 Discussion:

1. **Video Exchange-** Possibly looking into switching to TeamXstream as discussed as an IWLCA body at the convention. Pro's- Ability to see DI games and opportunity to learn, NESCAC lifted strong conference bans, Easy and efficient way of exchanging film. Con-Cost.
 - a. All coaches are asked to send vote (with list of pros/cons to present to AD/SWA) to Kristin by Dec. 20th.

2. **Pre/Post Game Protocol-** Discussed IWLCA pre/post game protocol as a reminder and to stay consistent throughout the season.
 - a. Coaches agree to travel with balls
 - b. All starters will shake hands VOTE: 7-for, 2-against
 - c. Coaches agree to follow all other protocol (Equal goals provided, etc)

3. **Review of NCAA Rule changes-** Video link is posted on NCAA website

4. **All-Conference Timeline-** Discussed making sure all-conference is released (at least to E8 coaching staff) in time for regional All-American nominations
 - a. Kristin will email Jeff (AA Empire Region Chair) for timeline and forward to Janelle (currently nominations and voting prior to the tournament, announcement to be released the Monday following the tournament).

5. **Conference Tournament schedule-** Discussed concerns for having our conference tournament format Sat/Sun with quick turnaround for team that advances to NCAA's. We want our conference to be represented well.
 - a. Coaches voted 7-2 to revisit the idea of changing format

6. **2015 Schedule-** Discussed issues with proposed schedule sent by Janelle. Made two game changes with all coaches agreed to.
 - a. Janelle is going to email 3 different schedules with different playoff formats. Coaches are asked to review schedule proposals and vote for one by emailing Janelle by Dec 20.