



Empire 8 2013 Men's Indoor Track and Field All-Conference

- denotes Empire 8 Championship meet record

60 Meter Dash

1 st Team – Sylvester Owusu, Utica College	:07.08 #
2 nd Team – Brandon Rudolphe, Utica College	:07.13

60 Meter Hurdles

1 st Team – Victor Servito, Stevens	:08.43
2 nd Team – Chris Wehner, St. John Fisher	:08.55

200 Meter Dash

1 st Team – Chris Lopez, Alfred University	:23.41
2 nd Team – Kevin Davis, Ithaca College	:23.42

400 Meter Dash

1 st Team – Jake Lafaver, Nazareth College	:51.56
2 nd Team – Brennan Edmonds, Ithaca College	:51.99

800 Meter Run

1 st Team – Billy Savage, Ithaca College	1:59.19
2 nd Team – Mason Mann, Ithaca College	1:59.43

One Mile Run

1 st Team – Sawyer Hitchcock, Ithaca College	4:32.71
2 nd Team – Nathan Bickell, Ithaca College	4:33.17

5,000 Meter Run

1 st Team – Michael Cahill, Stevens	15:31.04
2 nd Team – Morgan Payne, Utica College	16:03.80

1,600 Meter Relay

1 st Team – Alfred University	3:30.44
Chris Lopez, Randy Brito, Eddie Potter, Nolan Rummel	
2 nd Team – Stevens	3:30.76
Zach Andrews, Victor Servito, Shane Chiaravalle, Tom Halleran	

Distance Medley Relay

1 st Team – Stevens Institute of Technology	10:57.19
Louis Stengal, Zach Andrews, Tory Kanaszka, Brian Lawrey	
2 nd Team – Ithaca College	10:59.38

Steve Derderian, Ndue Palushi, Anthony Altobelli, Stephen Gomez

High Jump

1 st Team – Eric Riley, St. John Fisher	2.03m #
2 nd Team – Robert Pinto, Stevens	2.03m #

Pole Vault

1 st Team – Jarrod Monacelli, Ithaca College	4.10m
2 nd Team – Steve Episcopo, Ithaca College	3.80m

Long Jump

1 st Team – Eric Riley, St. John Fisher	6.62m
2 nd Team – Brian Maley, Ithaca College	6.58m

Triple Jump

1 st Team – Khiary Gayle, Nazareth College	13.67m
2 nd Team – Shane Ruffing, Utica College	13.29m

Shot Put

1 st Team – Kyle Koehler, St. John Fisher	14.09m
2 nd Team – Joel Oquendo, Stevens	13.22m

35-Pound Weight Throw

1 st Team – Andrew Kraemer, Stevens	15.43m
2 nd Team – Andrew Assile, Stevens	14.00m

