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**EMPIRE 8 ANNOUNCES WOMEN'S TENNIS ALL-CONFERENCE TEAM
Caitlin Castle of Ithaca College Sweeps Individual Honors**

ROCHESTER, NY – First-year player Caitlin Castle of Ithaca College was named the 2005 Empire 8 Women's Tennis Player of the Year and Rookie of the Year. She was named to the all-conference first team in singles and doubles, and was also the Bombers' representative on the Sportswoman of the Year team.

Castle posted a 13-1 record in first singles and an 11-2 record in first doubles with partner Erin Chapman. Castle did not lose a singles or doubles match in Empire 8 play and led the Bombers to the conference title.

Junior Jodi Butterfoss and sophomore Katie Calfee, the 2004 Rookie of the Year, of Alfred University were repeat first-team selections. The remainder of the first team consisted of all rookies: Rachel Leonard and Stephanie Parvan of Nazareth College, and Brianne Francisco of Rochester Institute of Technology.

Bill Austin was named Empire 8 Coach of the Year for leading Ithaca to the conference title, its fourth championship in seven years.

One member of each team was named that institution's representative on the 2005 Women's Tennis Sportswoman of the Year Team. Empire 8 emphasizes that "Competing with Honor and Integrity" is an essential component of a student-athlete's experience in conjunction with an institution's educational mission. These honorees have distinguished themselves and consistently exhibit the critical traits as outstanding sportswomen.

Empire 8 2005 Women's Tennis All-Conference Awards

Player of the Year: Caitlin Castle, Ithaca

Rookie of the Year: Caitlin Castle, Ithaca

Coach of the Year: Bill Austin, Ithaca

First Team All-Conference

Singles

Name	Yr.	School
Jodi Butterfoss	Jr.	Alfred
Katie Calfee	So.	Alfred
Caitlin Castle	Fr.	Ithaca
Brianne Francisco	Fr.	RIT
Rachel Leonard	Fr.	Nazareth
Stephanie Parvan	Fr.	Nazareth

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Doubles

Names	School
Caitlin Castle/Erin Chapman	Ithaca
Stephanie Parvan/Rachel Leonard	Nazareth
Lindsey Brady/Brianne Francisco	RIT

Second Team All-Conference

Singles

Name	Yr.	School
Narguess Arjomand	Sr.	Ithaca
Katie Girvin	Jr.	St. John Fisher
Aimee Holmberg	Sr.	RIT
Alicia Kaucher	So.	St. John Fisher
Julie Scarano	Sr.	Hartwick
Melissa Walsh	Jr.	Ithaca

Doubles

Names	School
Katie Calfee/Jamie Drooz	Alfred
Julie Scarano/Katie Petosa	Hartwick
Katie Girvin/Alicia Kaucher	St. John Fisher
Katie Griffin/Megan Peters	St. John Fisher

Sportswoman of the Year

Name	Yr.	School
Katie Calfee	So.	Alfred
Sasha Robinson-Neff	Sr.	Elmira
Julie Scarano	Sr.	Hartwick
Caitlin Castle	Fr.	Ithaca
Angela Tesson	Sr.	Nazareth
Michelle Nicholson	Sr.	RIT
Katie Girvin	Jr.	St. John Fisher
Mary Stella Trzepacz	Sr.	Utica

Honorable Mention All-Conference

Singles

Name	School
Amanda Gerich	Hartwick
Megan Peters	St. John Fisher
Rachel Pikus	RIT

Doubles

Names	School
Narguess Arjomand/Alyssa Jaffe	Ithaca
Michelle Nicholson/Aimee Holmberg	RIT

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