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EMPIRE 8 ANNOUNCES MEN'S BASKETBALL ALL-CONFERENCE TEAM
Jeff Sidney of St. John Fisher Named Empire 8 Men's Basketball Player of the Year

ROCHESTER, NY – Senior guard/forward Jeff Sidney of conference champion St. John Fisher College was named Empire 8 Men's Basketball Player of the Year. Joe Canori of Nazareth College earned Rookie of the Year honors. Rob Kornaker led St. John Fisher to a 27-0 record entering the NCAA Division III Men's Basketball Championship and was selected as Coach of the Year for the third consecutive time.

Sidney entered the national tournament averaging team-bests of 14.1 points, 7.0 rebounds, and 2.0 blocks per game. He led the balanced Cardinals' attack in scoring 13 times and in rebounding 12 times. Sidney, who was a first-team all-conference selection as a sophomore, averaged 2.6 assists and 1.2 steals per game, and shot 80 percent from the free throw line.

Junior guard Sean O'Brien of the Cardinals was named to the first team for the second year in a row. He was second on the team in scoring, averaging 13.3 points per game, and led the team by averaging nearly five assists per game. He hit 88 percent of his free three throws and shot 42.5 percent from 3-point range.

Senior forward Sean Murphy of conference runner-up RIT entered ECAC Upstate tournament play averaging 17.3 points and 7.0 rebounds per game, while shooting 41.6 percent from 3-point range with a team-high 79 three-pointers. He was named to the first team after receiving honorable mention recognition last year.

Senior forward Tim Troy of Utica College earned first-team honors after averaging a double-double for the season with per game averages of 12.0 points and 12.5 rebounds and leading the Pioneers to a third-place conference finish.

Junior Quentin Bryant of Alfred University was selected to the first team after averaging a league-high 18.9 points per game. He also averaged nearly two assists and two steals per game, while hitting 57 three-pointers and shooting 79 percent from the free throw line.

Canori, a five-time Empire 8 Rookie of the Week, was the unanimous choice as Rookie of the Year, averaging 14 points per game and hitting 52 three-pointers.

Kornaker guided St. John Fisher to their third consecutive league title and leads the Cardinals into the national tournament as the only undefeated team in Division III.

2005 Empire 8 Men's Basketball Honors

Player of the Year: Jeff Sidney, St. John Fisher College

Rookie of the Year: Joe Canori, Nazareth College

Coach of the Year: Rob Kornaker, St. John Fisher

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Empire 8 Men's Basketball All-Conference

First Team

Name	School	Year	Position
Quentin Bryant	Alfred	Junior	Guard
Sean Murphy	RIT	Senior	Forward
Sean O'Brien	St. John Fisher	Junior	Guard
Jeff Sidney	St. John Fisher	Senior	Guard/Forward
Tim Troy	Utica	Senior	Forward

Second Team

Name	School	Year	Position
Jim Bellis	Ithaca	Junior	Guard
Nick Bennett	St. John Fisher	Junior	Forward
Justin Cichon	Utica	Junior	Guard
Kyle Goff	RIT	Senior	Forward
Dillon Stein	Alfred	Sophomore	Forward

Honorable Mention

Brian Andruskiewicz, Ithaca; Joe Canori, Nazareth; Albert Davis, Elmira; Mike McGee, St. John Fisher; Jesse Roth, Ithaca

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