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**EMPIRE 8 ANNOUNCES WOMEN'S TENNIS ALL-CONFERENCE TEAM
Cristina Nunez of Ithaca College Repeats as Player of the Year**

ROCHESTER, NY – Cristina Nunez of conference champion Ithaca College was named the Empire 8 Women's Tennis Player of the Year for the second consecutive year as the 2010 Empire 8 Women's Tennis All-Conference Team was announced.

Nunez went 6-0 at first singles in conference play and was named Most Valuable Player of the Empire 8 Women's Tennis Championship after sweeping first singles and first doubles matches. She captured the state title at first singles, knocking off the top seed in the championship match. Nunez was also named to the all-conference first team in doubles for the second consecutive year, teaming with her sister Melissa Nunez.

Senior Melanie Cohen of Ithaca earned first-team honors in singles for the second time in her career, finishing 5-1 at second singles in conference regular season play. She also joined junior Becky Campbell as a first-team all-conference doubles team, going undefeated at second doubles.

Senior Amanda Berg of Rochester Institute of Technology, the 2008 Empire 8 Women's Tennis Player of the Year, was named a first-team selection for the third time in as many years at RIT. She finished Empire 8 regular season play 7-1 at first singles and advanced to the state semifinals. Berg and 2010 Empire 8 Rookie of the Year Maite Vera Antelo earned first-team all-conference recognition at first doubles. Antelo also earned first-team accolades in singles, going undefeated in Empire 8 play at second singles.

Senior Allyson Kingman of conference runner-up Stevens Institute of Technology was a first-team choice for the third consecutive year after posting a 9-2 regular season overall record playing at first and second singles.

First-year player Alison Tepas of Nazareth College, who was named to the all-conference first team, posted a 6-2 conference mark in regular season play at first singles.

Bill Austin was selected as Empire 8 Coach of the Year for the sixth consecutive year after leading Ithaca to its sixth straight conference title and fifth consecutive bid to the NCAA Division III Women's Tennis Championship.

One member of each team was named that institution's representative on the 2010 Women's Tennis Sportswoman of the Year Team. Empire 8 emphasizes that "Competing with Honor and Integrity" is an essential component of a student-athlete's experience in conjunction with an institution's educational mission. These honorees have distinguished themselves and consistently exhibit the critical traits as outstanding sportswomen.

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Empire 8 2010 Women's Tennis All-Conference Awards

Player of the Year: Cristina Nunez, Ithaca College

Rookie of the Year: Maite Vera Antelo, Rochester Institute of Technology

Coach of the Year: Bill Austin, Ithaca College

First Team All-Conference

Singles

Name	Yr.	School
Maite Vera Antelo	Fr.	Rochester Institute of Technology
Amanda Berg	Sr.	Rochester Institute of Technology
Melanie Cohen	Sr.	Ithaca College
Allyson Kingman	Sr.	Stevens Institute of Technology
Cristina Nunez	So.	Ithaca College
Alison Tepas	Fr.	Nazareth College

Doubles

Names	School
Melanie Cohen/Becky Campbell	Ithaca College
Cristina Nunez/Melissa Nunez	Ithaca College
Amanda Berg/Maite Vera Antelo	Rochester Institute of Technology

Second Team All-Conference

Singles

Name	Yr.	School
Kendra Appleheimer	Sr.	Stevens Institute of Technology
Brooks Brindle	Fr.	Rochester Institute of Technology
Angelica Cofer	Fr.	Hartwick College
Melissa Nunez	Sr.	Ithaca College
Nicole Portner	Jr.	Stevens Institute of Technology
Lisa Tessitore	Fr.	Stevens Institute of Technology

Doubles

Names	School
Alison Tepas/Alexandra Vizgaitis	Nazareth College
Kendra Appleheimer/Lisa Tessitore	Stevens Institute of Technology
Allyson Kingman/Nicole Portner	Stevens Institute of Technology

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Sportswoman of the Year

Name	Yr.	School
Catherine Spencer	So.	Alfred University
Rebecca Kingman	Sr.	Elmira College
Emily Scarano	Sr.	Hartwick College
Kelsey Harness	Jr.	Ithaca College
Kelly Noble	Sr.	Nazareth College
Amanda Berg	Sr.	Rochester Institute of Technology
Elena Vahl	Sr.	St. John Fisher College
Allyson Kingman	Sr.	Stevens Institute of Technology
Jen Persio	So.	Utica College

Honorable Mention All-Conference**Singles**

Name	School
Griffin Currie	Alfred
Kim Post	Hartwick
Elena Vahl	St. John Fisher
Alexandra Vizgaitis	Nazareth

Doubles

Names	School
Allison Young/Laurel Salladay	Ithaca
Katelyn Smith/Jordan Brungard	St. John Fisher
Morgan Scalzi/Mine Bese	Stevens

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