Banana Oatmeal Cookies

Yields: 14 cookies  Serving Size: 2 cookies

Nutritional Information (per serving):
Calories 100, Fat 1g, Carbohydrates 21g, Protein 2g

Ingredients
2 very ripe bananas
1 cup quick oats
½ teaspoon cinnamon
½ teaspoon vanilla
½ cup raisins

Directions
1. Preheat oven to 350 degrees.
2. In a medium bowl, mash bananas with a fork until mostly smooth.
3. Add oats, cinnamon, vanilla and raisins. Mix well.
4. Drop spoonfuls of dough onto lightly sprayed or oiled baking sheet. Flatten with the back of a spoon or bottom of a drinking glass.
5. Bake 10 to 15 minutes. Remove from oven and let cool before serving.

Recipe Source: www.foodhero.org
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