

CrewAlert Pro

Current time (HB, LT or Zulu)

Wake time before next warning limit

Screen Brightness Control

Estimated body clock time

Current Alertness Prediction

Data Collection Shortcut (sleep and alertness)

Upcoming Activity (Crew, Tail, Wx information)

Scenario Manager

Blue field = logged sleep
White field = logged wake

Now

Alertness Graph: solid line = mean alertness of the total population;
dotted line = minimum alertness of 90% of population

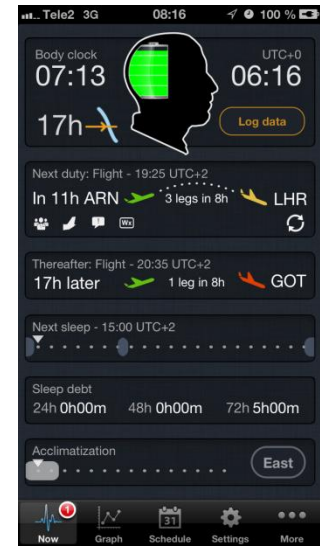
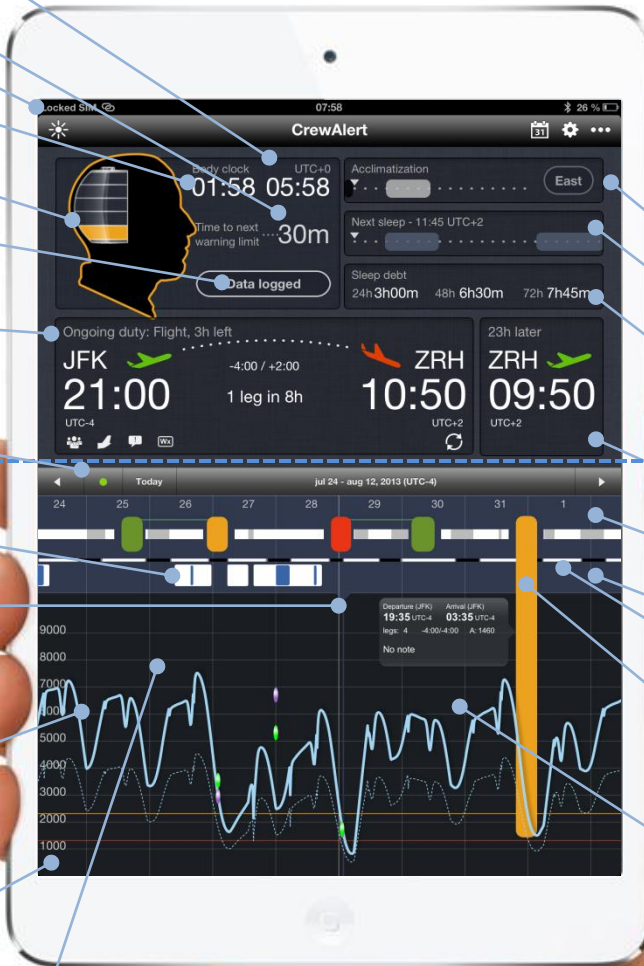
Alertness Scale: low values indicate fatigue; high values indicate alertness

Fatigue Report – tap and hold in the past

Operations Overview

At-a-glance view, where indicators switch to amber or red as risk increases.

"Now" tab on the iPhone:



Acclimatization Support; set to East or West for light exposure recommendation

Upcoming predicted sleep

Estimated sleep deprivation last 24/48/72 hours

Activity after next

Activity line: double tap to add

Sleep log: double tap to add

Local light conditions

Fatigue Indication by Color (green, amber, red). Tap duty for details.

Fatigue Mitigation – tap and hold in the future (to view applicable strategies for that time)