



consider any TONES OF DOUBT  
THAT MIGHT BE PRESENT TODAY.

**THIS is WHO i am**  
WHEN THAT DOUBT FALLS AWAY.

*new year's eve 2019*  
**PRACTICE YOU**  
*live*

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ELENABROWER.COM

**RITUAL** IS A PORTAL, A DOORWAY TO A  
MOMENT OF SANCTITY AND SERENITY.

**RITUAL** CAN BE 20 MINUTES.

5 MINUTES. 3 MINUTES. 1 MOMENT.

**RITUAL** REQUIRES ONLY YOUR ATTENTION  
AND DEDICATION.

**RITUAL** IS A SIMPLE FORM OF DEEPENING  
YOUR DEVOTION.

*Your practices lead to your  
peaceful flow of mind.*

ASK QUESTIONS.  
INVITE CLARITY.  
CREATE MEANINGFUL PRACTICES.  
AFFIRM YOUR PRAYERFUL REALITY.

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## ASK QUESTIONS

WHAT AM I SEEING?

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WHAT AM I MISSING?

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WHAT AM I CHOOSING?

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WHAT AM I RELEASING?

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## INVITE CLARITY

WHERE IN MY DAY DO I  
FEEL MOST ON MISSION?

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WITH WHOM AM I MOST  
ORGANIZED, KEEPING MY WORD?

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HOW CAN I CREATE MORE SPACE  
FOR CLEAR VISION IN MY DAY?

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HOW CAN I CREATE MORE TIME FOR  
OPEN SKY MIND IN MY YEAR?

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## CREATE MEANINGFUL PRACTICES

### MORNING NURTURING YOURSELF

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### MIDDAY OBSERVING YOURSELF

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### EVENING UNDERSTANDING YOURSELF

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### TWICE THIS YEAR FOR STUDY, LEARNING

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## AFFIRM YOUR PRAYERFUL REALITY

PRAY TO LET GOD KNOW YOU'RE  
LISTENING.

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PRAY TO LET YOUR HEART HEAR  
YOUR FORGIVENESS.

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PRAY TO OPEN YOUR MIND TO A MORE  
PEACEFUL FLOW.

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PRAY TO OPEN YOUR BODY TO YOUR  
HIGHEST, SWEETEST KNOWING.

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# 2018

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BIGGEST SURPRISE

MOST PROFOUND UNDERSTANDING(S)

MOST TOUCHING LOSS

MOST THRILLING GAIN

CLOSEST ALLY/ALLIES

DOLLAR AMOUNT IN THE BANK AT YEAR-END

# 2019

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FIRST FOCUS

PERFECT VISION

WHAT I'M STUDYING

WHAT I'M OPENING

WHO I'M KEEPING CLOSE

DOLLAR AMOUNT IN THE BANK AT YEAR-END



THIS IS MY  
PRAYER TO  
BE AT  
**HOME**  
WITHIN MYSELF.