

LIVE *you* FULLY

*"The Essential Support
Structure for the Modern,
Evolving Woman"*





Pleasure

Discover & Define What Pleases YOU.

Awaken Your Ability to Enjoy with

Your FRENCHIE FEMMETYPE™

BONUS SEGMENT

WHAT DOES
BEAUTY MEAN TO
YOU?

MODULE 4.
SEGMENT 7.

Let's talk about Beauty

You might think, "Are you kidding, everyone wants to be beautiful and have beautiful things..."

This is easy! Well... not so fast. This is another word that has been affected by societal influences – and I see so many little girls buying into it, it just breaks my heart. We don't realize that we are sent so many mixed messages on this subject.

We see “BEAUTIFUL” Women...

Having it all...

And we see “beautiful” women being treated as property.

Many women want to feel beautiful, but there is a preconceived notion of being selfish and high-maintenance if you are beautiful.

We see “BEAUTIFUL” Women...

I invite you to go back to when you were a little girl.

Think about what you thought was beautiful...

What you were attracted to...

How beauty made you feel...

My Personal Experience

When I was a little girl I LOVED being and feeling beautiful. Looking back, I got it from my Scottish Grandmother who was always wearing beautiful scarves, broaches, and elegant black boots.

I adored feeling feminine and pretty. I noticed that people treated me differently when I felt beautiful – now notice, I said FELT. I did not recognize that at the time, but I tapped into an amazing feeling for myself.



My Personal Experience

As I grew up, I was always attracted to beautiful things and comments started like, *"Oh yes Tara, of course you would like that - it figures, it's expensive, it isn't practical."*

I began to recoil. The fact was that I had no idea how much things cost. I was just attracted to my idea of beautiful and it carried on with the way I felt about myself.



My Personal Experience

I would often get comments of, "*Well, it's easy for you, you're beautiful.*" Almost as if there was a limited amount of beauty to go around.

As I got older, I started to feel ashamed of being beautiful, and wanting to be beautiful. I felt selfish and wrong, although inside I LOVED being beautiful.

What are your experiences with Beauty?

Everyone has a different relationship with beauty.

What I have learned is that there is a natural state of being beautiful, and to block ourselves off from that is – in my opinion – sinful.

The world is full of beauty, and it's not selfish, high-maintenance, or wrong to want to be beautiful and to have beautiful things.

WHAT ARE YOUR
CURRENT BELIEFS
ABOUT BEING
BEAUTIFUL?

HOW DO YOU THINK
ABOUT OTHER
BEAUTIFUL
WOMAN?

WHAT ARE SOME
WAYS
YOU COULD
EXPRESS
YOUR BEAUTY?

*REALLY LET YOUR
IMAGINATION GO...*