

ELEGANT *of* FEMME'S

CRÈME de la FEMME

A TRADITION OF
TRANSFORMATION...
OF EVOLUTION...
OF TRANSCENDENCE

SPECIAL EDITION

Breathe

This is the Year EVERYTHING Shifts for You

You may know...
It is time for you to step into your life and your **truth**
in a new way.

You may know...
It is time to put yourself first.

You may know...
That your full **feminine potential** is calling you.

You may know...
That you are INDEED **ready to allow**
your beauty to be seen.

You may know...
That you long to connect with a group of women
that will become a support center for you, like you
have been for so many in the past.

YOU MAY KNOW

That it IS time.



Throughout this book, you will see stories from current & past Crèmes...
and a glimpse into their Crème journeys.

Imagine...

the re-invention you desire...
the woman that you KNOW you are...
the dream of her that is awakening.

ARE YOU READY TO EMBODY HER FULLY?

DURING THE CRÈME

You will receive the tools to embody your soul's purpose
and be supported along the way...

With the support of Tara and your FemmeTypes™,
you will experience a deep transformation...
your Crème Evolution.

We are here...

Your Crème program unfolds over an unprecedented
12 months and the returns are

infinite.



Maybe you have been living your life for others, and you know deep down that you are called to something more. You are afraid of what that may mean, but the fear will no longer keep you from saying yes... YES to the woman you truly are. *Oui oui*, she is already in there...

LA CRÈME IS ABOUT ALLOWING THE REAL YOU TO EMERGE.

A part of you feels worthy and excited about the possibility; another part of you feels scared and unsure of what the future holds. Afraid you may not live up to the expectation; afraid of what might be waiting for you.

Women from all over the world have been exactly where you are now. Questioning the possibility of this journey. Opening to the question of "*Am I worthy?*"

Allow yourself to feel calm and peaceful, *trust the whispers*. The Crème is here for you.

YOU ARE EXACTLY WHERE YOU ARE SUPPOSED TO BE.

It will be better than you ever imagined.

Maybe you are tired of proving your value in terms of dollars and cents, or proving your worthiness by saying yes to everyone's demands in your life.

Women from all over the world have trusted that little whisper...

IF YOU ARE BEING CALLED, THEN YOU ARE INVITED.



Is specifically designed to assist you in living Your Beautiful Life by opening up to who you really are, without denying pieces of yourself.

It's ALL about YOU & It's about ALL OF YOU

The Crème is for a woman who:

- **No longer feels the desire to be less than she is** in order to make others feel comfortable.
- **Insists on hearing her own voice – her truth**, and is ready to make a difference in her life and the lives of others.
- **Is ready to surrender to her beauty and her truth.** To fully accept that she has the ability to respond to her life in a way that serves her fully and allows the deepest level of growth and evolution possible.

If you long to make an impact, live your legacy, and the voice inside, once shaky, is now gaining strength, ready to be heard – then the Crème is for you.



In 2010, I set out to create the best... **most transformative personal development program in the world for women.** It focuses on each individual woman but in a group setting.

The power of this group to support each member and work together towards a common goal of living their most unique and beautiful life has **proven to create miraculous results.**

“Becoming a Crème is not only about a vested interest in bringing beauty and truth to the world, it is about honoring your own beauty and truth first and allowing that to become your foundation”

TARA MARINO



Imagine...

EXPERIENCING YOUR TRUE VALUE.

Are you tired of putting yourself last?
Do you secretly long to live your life, your way...without the guilt?
Is the pain of self-sacrifice no longer serving you?

It's Time...

TO VALUE YOU.

When you experience the value of who you really are, your life
begins to shift.

Others begin to react to you differently; the world around you
begins to reflect your true value.

Discover how to embrace your Frenchie, your full source of
pleasure and enjoyment.

Imagine being whisked off to France to experience a new way of
being as a woman.

Imagine delighting in luxury and surrendering to an extended
source of pleasure
that will be with you forever.

Imagine...

"The Crème is...unfolding your wings and living your potential."

- MARIE-CATHERINE DE BODINAT -

ELEGANT FEMME'S

CRÈME de la FEMME

THE MOST LIFE-SHIFTING PERSONAL GROWTH
PROGRAM FOR WOMEN.

The Crème de la Femme was created for the woman who is **ready to live her deepest beauty and truth.**

The woman that knows evolving is a guarantee and **is committed to securing her own path.**

This ultra-exclusive group receives in-depth personal attention, as well as the **ability to soar** in a community like no other. Every aspect of a woman is enhanced and considered necessary in this program, as **we deep dive into all 3 FemmeTypes™ over a 12-month period together.**

Support will be given to continually enhance each FemmeType™, so balance, prosperity, and pleasure continue to expand in an elegant, graceful, and powerful way.

The Crème de la Femme is for the woman who is ready to transform on a deeper level. As a Crème, you will have the prestigious opportunity of receiving tailored one-on-one Check-In Calls from a Crème Graduate in order to serve each level of your FemmeTypes™.

Together over the course of your Crème journey, we will explore each level and **form a new vision of growth opportunity and advancement.**

You will learn new techniques and tools that will assist you in discovering who you are and receive invaluable support from the group dynamic.

Your dreams, your true Natural Essence, and your desired results will be orchestrated into a beautiful design of your life, with the elegance and grace that Elegant Femme is known for.

Payment plans are available. You may pay in full and enjoy a generous discount.

Crème de la Femme is like being in a magical portal of love, guidance, support, and transformation with amazing mentorship and sisterhood.

- MITAL KHATRI -

An opportunity to really look at how you are showing up in your own life, facing your own fears and turning them into opportunities for **creating a more joy based life.**

- PASHA MILLICAN -

Crème de la Femme is...
... A beautiful space that Tara has created for women to hold each other with such love and compassion.

... a place to evolve and grow as you receive support from not just Tara but from the other sisters in the Crème, Crème Masters and of course Tara's staff who are journeying along side you and loving you along the way.

...a place where transformation takes place on all levels and is so magical that it's difficult to put into words.

The energy alone within this space is breathtaking and miraculous and where miracles do happen. I can't express enough the beauty within this space within the Crème energy. **It's beyond priceless!**

- DANA CANNETO -

THE CRÈME

is

Crème de la Femme has been the best investment I've ever made in myself.

- HAUMEA HANAKAHI -

Crème de la Femme has been the best investment I've ever made in myself. My life and work have upgraded as a result of being a Crème. It's a deep dive into identifying what keeps you in "little girl mode." **The experience and process give birth to the vast possibilities and potential of living as a Divine Woman.**

- HAUMEA HANAKAHI -

THE ULTIMATE LAW OF ATTRACTION.

If you are in this group and you put it out there, be ready for it to come back 10 fold. Bigger and better than you could possibly imagine on your own. **It is a place to be real and be loved.**

- STEPHANIE VEHON -

CRÈME DE LA FEMME IS TRULY INDESCRIBABLE!

It's something you do for yourself, yet everyone in your life benefits from it. It's an experience unlike anything I've ever had before.

It's been the biggest growth opportunity I've ever had.

It's an honor to be a Crème, and not one to be taken lightly. Being a Crème is an experience, and it's one that will trigger you at times, and at other times will bring you more joy than you thought possible.

Being a Crème has changed my life, and I know it will continue to change my life.

- LORI LATIMER -

Being a Crème is being part of a sacred sisterhood, where we unfold and discover aspects of our humanity that used to be hidden or distorted and with the support and inspiration of each other. **Being a Crème is the most precious gift I gave to myself.**

- MAYRA PÉREZ -

Crème de la Femme is a journey home to yourself. You've had it all along...

Awaken, remember, and claim who YOU are.

- SHELLIE NELSON -

THE CRÈME *journey*

Being a Crème is a journey. It's a beautiful transformative journey...

Being a Crème is accepting who you are, loving yourself unconditionally in all the aspects of you that come up, it's trusting life, it's a deep confidence in life itself and in yourself. It's an attitude of openness, gentleness, courage and love. It's ultimately freedom.

It's consciousness.
It's unfolding your wings and living your potential.

- MARIE-CATHERINE
DE BODINAT -

It is a transformational program on every level! This program opens doors to live more fully, show up authentically and gain clarity/ awareness around many important aspects of life. **What is possible through the experience of participating in the Crème is "priceless" and ...beyond believe.**

I would say trust that there is an amazing life waiting for each one of us to step into, and that we deserve to be the highest and best version of ourselves in this life. **The Crème connected with what's possible for me... and is the catalyst to the absolutely fantastic life that I'm able to live today.**

- DIANA BARRETT -

Being a Crème means being committed to discovering who you are, what really matters to you, what you truly want and then putting that into action. Being a Crème means approaching challenges and contrast in life as opportunities to grow and evolve. **Being a Crème means committing to living your life fully and unapologetically pursuing your dreams and your calling in the world.**

- SONIA PETECKA -

It is a deep dive journey about learning to love and trust yourself--getting comfortable in your own skin---**liking who you are, where you are now!**

- TAMARA CURTIS -

The Crème is journey of deep healing and intense self discovery. It has allowed me to come home to myself in a way I never thought possible. As a Crème, I've laid the groundwork for creating a belief system that will serve me in creating my beautiful life. **It's like having the veil lifted to discover the immense magic that's possible when you commit to engaging with yourself and your own life** on a consistent basis instead of living on autopilot.

- TYLA FOWLER -

A journey to deeper creative expression of the true self in the world through integration, expression, increased confidence, and visibility. Sensual liberation and empowerment! My experience was of an ever increasing aliveness and wholeness in an energetic field of love and community support. **Finding creative self-expression, freedom, self-fulfillment** and contribution to the greater good of humanity is for me a great outcome of the Crème!

- WILUYA GRAHAM -

It is a journey to embrace the complexity and **beauty of womanhood.**

- ANTIQUA LISHA LIBBEY -

THE CRÈME *connection*

Being a Crème is about receiving love and support from other women, this is one of the most amazing parts of being a Crème.

Being a Crème connects you to a very powerful energy.

No matter where you are in your life, you can access your power - being a Crème gives you amazing tools for accessing that power.

- NATALIA SHPEK -

I joined the Crème because of the beautiful sisterhood, love and community that I longed to be apart of. I was ready to see myself in a new light and let love in deeply.

- SHELLIE NELSON -

I've always thought myself very fortunate to have the friendship of amazing women; however, being part of the Crème provides such a wonderful worldwide network of support and friendship at the highest level.

To be experiencing the Crème journey together adds such depth and insight as we witness each individual and communal journey.

- AILEEN SMITH -

I feel held in a way that I wish every woman could feel.

- STEPHANIE VEHON -

I feel that I am a part of a sacred sisterhood, and I am not alone anymore; and this brings me the love and support that helps me to move with confidence. I realized I am loved the way I am, and that I can be me.

- MAYRA PÉREZ -

Having the visceral experience of a sisterhood each committed to their own self-growth as well as to wishing well to each other has been the most precious gift.

- HAUMEA HANAKAHI -

CRÈME *Evolution* STORIES

*The Crème is an individual journey as part of a group...
no two journeys are the same. Every woman is held in the arms
of unconditional love....*

*What would it feel like to be accepted in a sisterhood
in whatever way you show up?*

How will your Crème journey be unique?

*A glimpse into the Crème Evolution...
our stories.*



Joanna
OAKLEY -
LEVSTEIN

I joined the Crème because it offered me the opportunity to evolve into the person I desperately wanted to be-- myself.

I no longer wanted to squeeze myself into any of the molds that I had been trying to fit into. An era of my work life had ended and I was not optimistic about my future. I did not know who I was, or what I was doing with my life.

The Crème program was a gift for me.

My intuition bypassed my brain and shouted out loud from every pore of my being - **"Do it, and do it now - be the Crème de la Femme of your own life!"**

Today, I have evolved into the person I longed to be-- ME, and I love being a Crème in my own life!



Cami
ELEN

From the moment I arrived at Rendez-vous, it felt like a mystical, magical fairy tale.

I allowed myself to receive, and to embrace myself as the queen of a woman I am.

I said yes to embodying confidence, vulnerability, love, self-worth, joy, femininity, sensuality, surrender, elegance, fire, softness and strength.

There were so many profound insights and openings. **It truly was a once in a lifetime experience and I am forever changed.**



Dawn
INFANTE

I joined the Crème to fully say 'YES' to Me!!

Ever since I was a little girl I have had BIG dreams to make a difference in the world. Throughout my life, I chose others before me..what they wanted to do or places they wanted to go. And as a mother of 4, I consistently put my children's needs before my own. Something shifted inside me last January and I knew it was time to put me and my heart and my dreams first!

The Crème program has changed my life! I have *released old beliefs about myself and now know the beauty and truth of who I am!* By choosing me and my desires first, I have abundantly more to give my children, my family and friends, and my husband-to-be!

I am extremely thankful for Tara for opening her heart to share this wonderful gift with me and the world!



"There was something inside me that knew this is where transformation happens."

- CHRISTINE FORD -



Marcia
MAUNDER

The Rendez-Vous was one of the most delightful and deeply sacred experiences of my life. I discovered that I am a Natural Essence Frenchie, tucked away in hiding for years behind my Indie.

Embracing and honoring my Frenchie has allowed me to receive more pleasure and power than I ever thought possible.

The RDV experience—along with guidance from Tara and some Crèmes Graduates—has opened the floodgates for profoundly deep healing and transformation.

The modules and the commitment behind the scenes has been equally valuable. But the Rendezvous was the Big Opening.

When I stepped into the Rendez-Vous, I stepped into a new ME.

Can I just say that it changed EVERYTHING? I am feeling much more confident about who I really AM, and in all that's truly possible for me. I will always cherish the memories of bonding with my fellow Crèmes at the RDV.

I am so grateful for this gorgeous sisterhood. We are a close-knit community of women who will love and support each other for life. Viva le Rendezvous! Viva la Crème de la Femme!



Caroline
NASIF

After so many years of serving my family, I had lost my sense of self and felt completely lost.

I knew in my heart that being part of the Crème was what I required to find myself and move gracefully into the next phase of my life. Since joining the Crème, bits, and pieces of "me" began showing up here and there.

With each new awareness, I felt a bit closer to truly knowing my authentic self. For years I was completely rejecting a huge part of myself.

Through the Crème, I was able to both find myself and understand myself better than I ever had.

With this new self-knowledge, I am excited to see what will unfold going forward.

"During the Rendez-Vous, I experienced healing on a level I never had before."

- SAMANTHA KENNEDY -



Samantha
KENNEDY

The most incredible thing about the Rendez-Vous was how completely filled up with self-love I was while I was there and when I returned home. It transformed the way I feel about myself from head to heart to toe. Nothing in my life has been the same since, and I am deeply grateful for the experience I had there.

During the Rendez-Vous, I **experienced healing on a level I never had before**, and it was actually a profoundly *pleasurable* experience for me. Before that, I had always believed that healing had to be difficult and painful, but at the Rendez-Vous, I **discovered that I could let go of what no longer served me in a way that felt expansive and joyful.**

What's more, the Rendez-Vous allowed me to deepen my friendships with my dear Crème Sisters. **The relationship that we all share is like no other in my life.** We hold space for each other to show up fully in our truths, express ourselves without reservation, and know we are deeply loved through all of it.

I love these women with all of my heart, and getting to spend such intimate time with them at the Rendez-Vous was a gift that I will treasure forever.



Christine

F O R D

I joined the Crème because there was something inside me that **knew this is where transformation happens.**

It was visible that the women in The Crème had a magnetic presence and I wanted that too.

Even though life was going along comfortably, I felt like something was missing. I didn't feel fully self-expressed; it felt like I was hiding.

Stepping into The Crème has been like coming home to my true self.

I have discovered greater love and self-acceptance. I'm feeling more comfortable and happier in my skin than ever before - **I finally feel visible showing up in my life, living with more beauty, truth, and soul. I feel free to be Me.** The more that I trust and honor my inner knowing, the more life has unfolded with ease and grace and new possibilities open up.

This journey has been a transformation from a little girl into a sensual woman.

The Crème energy is such a sacred space where you feel held. The depth of love and support from this sisterhood of conscious women, who will be lifelong friends, is priceless.

THIS IS WHERE THE MAGIC HAPPENS.

The healing journey grew into more authentic, consistent, beautiful creative expression, visibility, and success as I enjoy daily!

- WILUYA GRAHAM -

As a Crème, I've learned to love myself in ways I never thought possible.

I feel open and expansive, like all the possibilities in the world are right at my fingertips.

It's like having the veil lifted to **discover the immense magic that's possible.**

- TYLA FOWLER -

I've gained clarity, confidence in myself, and trust in life. I'm opening up to a very different vision of life where I am empowered unique, and full of gratitude. I'm owning who I am.

- MARIE-CATHERINE DE BODINAT -

I am courageous and I believe in my dreams.

- SONIA PETECKA -

I led my first event. At the end, seeing the shifts that had taken place in the attendees--one in particular--I felt so much joy and wonder. I knew in that moment, that creating the sacred space for women to connect to their own light is what I am meant to do.

I am creating magic and wonder.

- TAMARA CURTIS -

Everything in my life has changed since the Crème... EVERYTHING! My career has taken off like fire. I got out of the toxic relationship I was in, met the love of my life soon after and... recently got married in a civil ceremony.

It feels like I need to pinch myself daily in order to remind myself that this is indeed MY real LIFE and not A DREAM! ;-)

- DIANA BARRETT -

The Crème has helped me accept, love, cherish and admire my life. I get to choose how I enhance what is and always has been me.

- ANTIQUA LISHA LIBBEY -

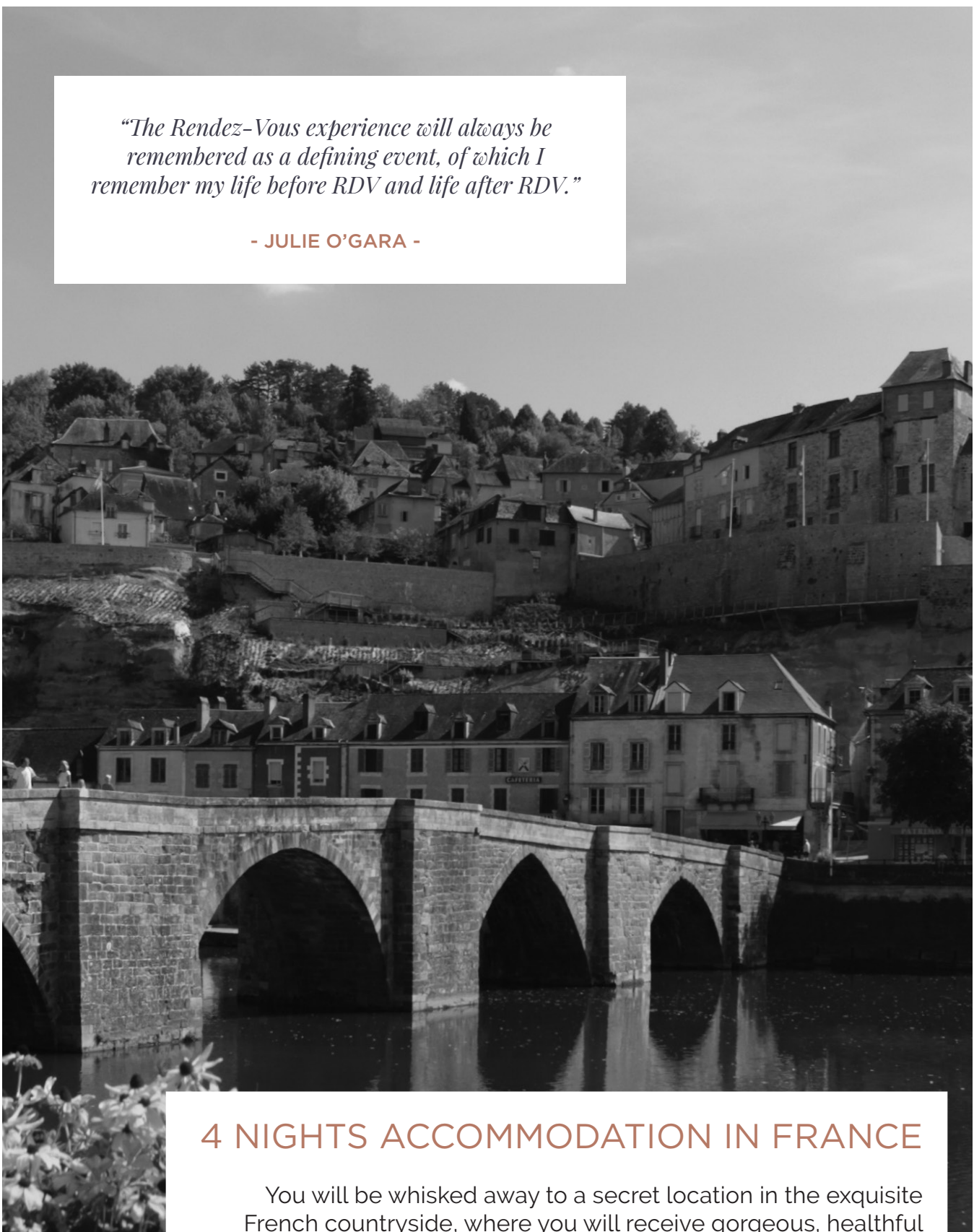
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A CRÈME-ONLY EXPERIENCE...THE RENDEZ-VOUS



EXCLUSIVE 4-DAY, 4-NIGHT LIVE TRAINING EVENT WITH TARA MARINO IN FRANCE

For the first time ever, this event will be the integration of your Indie, Frenchie & New Yorker... all 27 Layers of the FemmeTypes™. The Rendez-Vous has always been magical...THIS year it will go beyond magic into being transcendent.

This structured event will also provide an opportunity for you to to receive focused coaching from Tara on the specific blocks you have within your Frenchie.

A black and white photograph of a French village. In the foreground, a stone bridge with multiple arches spans a river. The bridge is made of rough-hewn stone. Behind the bridge, a row of buildings with dark roofs and dormer windows sits on a slight rise. Above this, a hillside is covered with more buildings, some with stone walls and others with tiled roofs. The hillside is dotted with trees. The sky is overcast.

“The Rendez-Vous experience will always be remembered as a defining event, of which I remember my life before RDV and life after RDV.”

- JULIE O’GARA -

4 NIGHTS ACCOMMODATION IN FRANCE

You will be whisked away to a secret location in the exquisite French countryside, where you will receive gorgeous, healthful meals, divine accommodations, and so much more. All of our events are luxurious...here you are honored as royalty.

Our tentative meeting dates for the RDV are in April/May2018.



"The RDV was one of those experiences that I will look back on with a reverence, a knowing, a deep love for, for the rest of my life. Lives were forever changed at RDV, not just for one or some, but for all of us.

Like a secret society of soul sisters we birthed our new selves with Tara as our sacred midwife. I went deeper than I even knew possible.

I didn't want the experience to end. Everything was amazing. It's hard to describe and truly do it justice; there was exquisiteness and perfection in every moment. RDV truly is an experience that will forever change your life - if you are ready."

KAREN KNOWLER

RENDEZ-VOUS

was created for the woman who seeks a deeper relationship with her feminine. **If you long to feel joy again, in all areas of your life and are ready to ignite your real Frenchie, the Rendez-vous awaits.**

The Rendez-Vous offers a once in a lifetime experience to a place of pleasure, allowing you to enjoy FULLY the beauty around you...

Including your own.

To open up and discover your REAL Frenchie. A life full of beauty, pleasure, and meaning. This experience will include deep, powerful coaching on:

VISION

BODY IMAGE

POWER

BEING

RELATIONSHIPS

ABUNDANCE

**INNER
KNOWING**

PLEASURE

PROSPERITY

**FOLLOWING
YOUR
KNOWING**

**INTERNAL
BEAUTY**

**EXTERNAL
STYLE**

THE INTEGRATION OF

ALL of you.

YOU WILL THE LAYERS OF EACH FEMMETYPE™...

ALL 27 LAYERS



Inside the Rendez-Vous, you will receive deep, in-person training to integrate all 27 layers of the FemmeTypes™.

You will learn how to create as a woman; as well as the ingredient you have been missing that will shift your intense power of union within yourself.

The Rendez-Vous was created to take a woman into the FULL expression of herself, to create a foundation that will shift her relationship with herself and others, opening her to a deeper sense of what being a woman really means for her...

**THIS EXCLUSIVE EXPERIENCE OF A LIFETIME TAKES PLACE
AT A GORGEOUS LOCATION IN FRANCE.**





RENDEZ-VOUS BOUDOIR PHOTO SHOOT

During this one-of-a-kind photo shoot, you will be hand-held through a magical process that will deepen the internal evolution of your FemmeTypes™.

And...the external expression of your Frenchie transformation will be captured in **exquisite images that will truly honor the stunning, exquisite woman you are.**



20 TO

THE CRÈME...A
TRADITION OF
TRANSFORMATION...
OF EVOLUTION... OF
TRANSCENDENCE

“*I joined the Crème because I could see the bright light of the women who had participated in the Crème already. I looked at those women and I knew without a doubt that if I could want ONE thing it would be to shine as brightly as the women graduating from the Crème program.*

- TYLA FOWLER -

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2017



TARA...

... holds a container so vast for everyone and the amount of love that she holds for each women is beyond exquisite and that alone is priceless.

... guides and supports with such tender loving care but in everything she puts into is of top quality.

... is “love”

- DANA CANNETO -



*I invite you to live the life you desire,
I invite you to move into and through the fear,
to say goodbye to mediocrity,
and to say YES to the full value
of who you are as a* **WOMAN.**

TARA MARINO

NEW AND ENHANCED SPECIAL EDITION

ELEGANT FEMME'S SIGNATURE PROGRAM

Crème de la Femme is the first and only program of its kind that allows a woman to integrate her human journey and her soul's calling both internally and externally with the foundation of BEAUTY at its core.

Imagine honoring your full worth internally and externally. This is not about one or the other... **It IS about having your external reality reflect the true you.**

The Crème is not for the woman who wants the status quo...who is comfortable with a "regular" life...someone who wants to be "normal" or average.

It is for the woman who yearns...craves to reach her potential. **The woman who knows there is MORE...and she desires to receive it fully. Elegantly. Exquisitely.**

You aren't going to settle for less.

The full Crème de la Femme experience is for the woman who is ready to go all in. The woman who desires to honor her human experience to the fullest and align with the depth of her soul's purpose in a way that is beautiful, luxurious and lasting.

Over the course of 9 months you will focus on integrating all the layers of each FemmeType™.

You will find three basic elements that are interwoven through each trimester and support a deep integration of each Femme.

TRUST LISTENING RECEIVING

You will learn more about yourself and love yourself in a way you never knew possible.

The program is set up in 3 trimesters; a trimester for each FemmeType™. You will receive training and assignments that are curated from spiritual psychology and downloaded from the Divine in a magical concoction that will connect you with the inner workings of your soul and bring your inner light out...so you glow.

You have been introduced to the basics of the FemmeTypes and a foundation of how to live in accordance with them. *That is just the beginning.* Each FemmeType has 9 Layers...and within the Crème (for the first time ever), **all 27 layers will be revealed.**

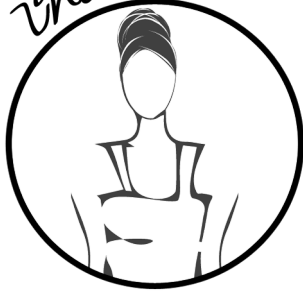
Within this enhanced framework, you will meet your TRUE Indie, Frenchie & New Yorker. The reveal of each of these will be surprising...illuminating...and be exactly what you require to further your growth and evolution.

With this secret knowledge, you will be able to activate and use all 27 Femme Layers to remove personal barriers, restrictions and fears to gain self-confidence, expansive use of wisdom and intuition and to gain greater influence.

A NEW WAY OF

Being

indie



1ST TRIMESTER: YOUR INDIE

Your first trimester will focus on your Indie. The Indie 9 Layers will be the foundation...but we will take it so much deeper. You will learn how to BE fully in your life as a Crème...what that means. You will receive all the tools you require to assist you in this new level of being.

You will...

- Be introduced to the Crème Context... a framework that will guide your entire Crème journey (and your life)
- Receive the 9 Layers of the Indie...if you haven't gone through the 9 Layers yet, you will receive that program as you begin the Crème. If you have gone through it, you will have the opportunity for a gorgeous refresher to the layers and the ability to integrate them further.
- Go beyond the 9 Layers of the Indie, and **connect to the entirety of your Indie**
- Discover & honor your own Sensual Speed
- Learn to **shift your sensual energy to grow and expand**
- **Create a vision** for your life that transcends what you have created before
- **Create your Custom Template** (your unique life structure) that serves all facets of you and honors your FemmeTypes™
- Step into your own worth
- Optimize your schedule and **integrate core practices** in your life that will serve you forever
- Learn how to **properly create space**
- Deepen your Sensual Circle at a new level
- Increase your receiving with the **Sensual Scale**
- Integrate a specific "reflection" process that will assist you in not only determining where you are on your Crème Journey, but how to access each area of your life.
- Deepen your relationship with intention
- **Clear energy around you and remove distraction from your life**, so you are able to direct your focus more easily
- **Activate "Crème Control" in your life...** you will move beyond any remnants of victim mentality in your life and step into your power. This process will assist you in receiving your emotions more fully and the gift inside your triggers.

A NEW WAY OF *Enjoying*



2ND TRIMESTER: YOUR FRENCHIE

Throughout the Frenchie trimester you will open to a completely new way of enjoying...you will connect to your body, your relationships, external beauty and style in a new way. You will receive the 9 Layers of the Frenchie and activate a "secret" core component of the Creme that will revolutionize your life.

In this trimester, you will...

- Discover how to **LISTEN to your body**
- Learn how to **honor the Frenchie energy** with relationships
- Construct and honor your "Joy Wheel"
- Open to **trust your Frenchie and her true purpose without judgement**
- **Understand the depth of the Frenchie** beyond the misunderstanding of materialism or selfishness
- Integrate the "Frenchie Equation" and how it **exponentially increases the level of pleasure in your life.**
- **Identify your Frenchie "Power Layer"**—the defining factor and access point for you to further open up into your Frenchie
- Release the judgements you have about the Frenchie...your beauty, femininity and other elements that will surprise you.
- **Infuse a "secret ingredient"** that will shift your relationship with life and your soul
- Connect to sex & self-pleasure in a new way
- **Integrate your Frenchie into every aspect of your life** (even the places you have been taught she shouldn't go)
- Discover the true source of pleasure (this is unique to you)
- Connect with FUN...

A NEW WAY OF *Doing*



3RD TRIMESTER: YOUR NEW YORKER

The reason we unfold into the Femmes, first with the Indie, then with the Frenchie and finally with the New Yorker, is because the only way to access our real New Yorker is through our real Indie and our real Frenchie.

At this point in your journey, you are ready for the New Yorker.

Receive all 9 layers of the New Yorker — First time EVER. (Previously the layers of the New Yorker have only been revealed in a 15k program).

- **Bring one of your biggest dreams powerfully to life** while being held, guided and loved through the process
- **Meet your real New Yorker...**Integrate her from a new place of power
- **Discover your true power...**and know deep in your soul that you can FULLY embody her.
- Create a foundation with your finances
- Integrate a higher level of organization into your life...with elegance and grace
- Through the "Currency Evaluator" uncover your hidden beliefs and values related to money
- The "5 Money Aspects" and their related FauxTypes will be revealed to you...these go so much deeper than money and through a proprietary discovery process you will identify ways you have operated that are not serving you and receive how to improve your relationship with each aspect. (These are not obvious)
- Revolutionize your relationship with money (and your New Yorker) through increasing your relationship with the "5 Money Aspects." **Exponentially increasing your ability to receive and sense of worthiness is just the beginning of what is possible for you here.**
- You will integrate your Faux New Yorker, and recognize the depths of the gifts she has for you
- **Discover the defining factor of your ability to make money** (and shift that relationship completely)
- **The 1 thing you need to do to build true wealth**
- You will be led through identifying your money values and how to honor them

RENDEZ-VOUS

4-DAY, 4-NIGHT LIVE TRAINING EVENT WITH TARA MARINO IN FRANCE



*I would have paid \$100,000 to be just at the Rendez-Vous.
That experience was so profound in shedding so many layers of
who I thought I was and who I really desired to be.*

- BELLA ANN -

This unique event will complete your Crème journey.

After you have activated all 27 layers of the FemmeTypes you will come together with all your Crème sisters to integrate your Crème Year at the iconic Rendez-Vous.

Set in an exclusive location, you will experience profound healing and opening to celebrate your embodiment of Crème Energy.

This structured event will also provide an opportunity for you to **receive focused coaching from Tara on the specific blocks you may have within your Femmes and open to a brand new experience of receiving!**

You will be whisked away to a secret location in the exquisite French countryside, where you will receive gorgeous, healthful meals, divine accommodations, and in-depth coaching from Tara. All of our events are luxurious...**here you are honored as royalty.**

Value: \$15,000

RENDEZ-VOUS BOUDOIR PHOTO SHOOT

During this one-of-a-kind photo shoot, a process that can only be described as magic, you will deepen the internal evolution of your Frenchie. And...your external expression of your Frenchie transformation will be captured in exquisite images that will truly honor the stunning, exquisite woman you are.

Value: \$2,000

SO YOU START IN THE MOST POWERFUL WAY...

SPECIAL PRE-CRÈME TRIMESTER

The intention of this *bonus* trimester is to prepare you for your Crème year, so you can fully receive all that is available to you. Since the first Crème in 2011, I have learned a lot...evolved a lot and witnessed woman after woman excel on her Crème journey. Do you know what I hear so often?

"My Crème year went by SO fast!"

"I am just now letting myself realize I AM a Crème!"

We have created a very powerful pre-process to assist you in opening up to the Crème energy. You will discover:

- How you can **receive the most from your Crème year**
- How to **set an intention & theme that will serve you**
- How to evaluate your current life stage so you know where to focus
- How to create SPACE
- **How to honor your schedule**
- Receive an introduction to the Crème Customs...deeper than the Femme Flow & Daily Requirements...
- Receive the "Crème Logistics" that will **set up a framework for your Crème Journey**
- Receive a special process to identify what you require in your life, so that you can begin to go deeper into creating your custom template

This will be done in a very easy and graceful way as you transition from "average" energy to Crème Energy.

This pre-trimester will include video modules and audio downloads; and a support guide for you to keep track of your Crème journey.

You will identify where you have started and where you are intending to complete.

THE CRÈME DE LA FEMME

	CRÈME DE LA FEMME	VALUE
2 PRIVATE CALLS WITH TARA	✓	\$4,000
THE CRÈME CURRICULUM	✓	
Entire Pre-Crème Sequence	✓	2,000
9 Context Modules for your Crème Journey	✓	6,000
9 Layers of the Indie	✓	3,000
9 Layers of the Frenchie	✓	3,000
9 Layers of the New Yorker	✓	5,000
Rendez-Vous Experience	✓	15,000
Rendez-Vous Boudoir Shoot	✓	2,000
Crème Day - Intimate Crème-only event with Tara	✓	3,000
9 Group Calls with Tara	✓	9,000
9 Group Facilitator Calls	✓	4,500
9 Private Calls with a Crème Facilitator	✓	4,500
Crème Private Facebook Community	✓	priceless

TOTAL VALUE \$61,000

The Actual Creme Investment is located in your Creme Invitation packet.

THE CRÈME de la FEMME

Includes...

- The Crème Curriculum
- Rendez-Vous Experience
- Rendez-Vous Boudoir Shoot
- Creme Day - Intimate Creme-Only event with Tara
- 2 Private Calls with Tara
- 9 Context Modules for your Crème Journey
- Pre-Creme Trimester
- 9 Group Calls with Tara
- 18 Group Calls with a Crème Graduate (2 calls a month)
- 9 Private Calls with a Crème Graduate
- 9 Layers of the Indie
- 9 Layers of the Frenchie
- 9 Layers of the New Yorker

To find out more about the Crème and the investment information, please email creme@elegantfemme.com.

In closing...the Crème journey is so much more than the sum of its parts. It's a priceless initiation into the truth of your soul.

If you are ready to step forward...to honor yourself in one of the deepest ways possible, the Crème is for you.



"For the first time in my life I feel 'at ease' with who I am. I spend much less time and energy trying to conform to what others expect of me and this has brought me so much freedom. There is much more pleasure in my life."

- MARLENE MCNALLY -



*"The energy alone within this space is breathtaking and miraculous and where miracles do happen. I can't express enough the beauty within this space within the Crème energy. **It's beyond priceless.**"*

- DANA CANNETO -



"Crème de la Femme has been the best investment I've ever made in myself."

- HAUMEA HANAKAHI -

A PERSONAL NOTE FROM TARA

When I think about what it took inside of me to create the Crème journey for women, I remember the fear, the excitement, the nerves, and the self-doubt that was present...I remember crying, laughing, praying and surrendering.

I understand what it feels like to step into a higher level of existence and test every limit we (or anyone else) has ever placed on us. Every year, I leap more and more into my own FemmeTypes™. Every year, I risk being rejected, laughed at, criticized.

And every year, I choose to say YES to a deeper calling, the calling of my Soul.

I choose to surround myself with women who are committed to the journey of awakening and the gorgeous opportunity to create a life of beauty, truth, and soul.

The desire to move forward and say yes is a powerful one, and the feelings of fear and doubt that creep in are equally as powerful. One energy sets us free; the other allows us to stay where we are...

WHICH ONE WILL YOU CHOOSE?

You are being called into a more authentic way of embodying who you are and who you indeed know yourself to be. You are being asked to transcend the fear, the doubt, the limits that you have placed on yourself and you are being called to awaken.

NOT IF, BUT WHEN?

You will evolve on this journey of life you will eventually awaken fully...we all will. Some people wait until next year, or the next life, and some know that their time is NOW.

I have decided to no longer wait for permission or put off any longer my deep calling to awaken. Even when so many pieces of me want to run and hide. I know how it feels, I understand...I know you, because I am you.

I HAVE CHOSEN TO SAY YES, AND I INVITE YOU TO SAY YES.

I invite you to live the life you desire NOW. I invite you to move into and through the fear, to say goodbye to mediocrity, and to say YES to the full value of who you are as a woman.

IT IS TIME TO SAY YES TO YOU!

À bientôt

Bisous, Tara

