

October 16, 2019 | Issue 2

Check Out edHEALTH's New Website

edHEALTH's website has a new look! We've overhauled, enhanced, and expanded it to provide more resources and content to meet the needs of our growing community. Check out our [new website!](#)



New Share-It Emails for Member School Employees

edHEALTH is launching share-it emails to engage higher education employees in their healthcare benefits. These emails will include helpful tips for navigating and maximizing benefit programs. With a focus on improving care and reducing costs, these communications will be a useful resource for HR staff and your employees. Look for the first email next week. When you receive it, please share it by forwarding it to your employees.

Thank you for your continued partnership in providing quality benefits at affordable costs!



**Stability Health Diabetes
Program Fee Waiver
Ends Soon
*Enroll today***

If your school is not enrolled in Stability's Health's Diabetes Care Management program, there's still time to take advantage of their special fee waiver offer. Stability Health will ***wave the \$15 monthly per diabetes member per month monitoring fee for the life of the agreement*** for any school that signs up

Prevalence of Diabetes Growing: *Chronic, Costly, and Deadly Disease Takes Toll on Patients and Payers*

If you attended edHEALTH's Annual Meeting, you saw the visual impact of diabetes in the United States. The prevalence has skyrocketed between 1990s and today, according to the Centers for Disease Control (CDC). Today:

- **Diabetes prevalence:** An estimated 30.3 million people have diabetes (9.4 percent of the U.S. population – an increase of 44% since 1998)
- **Prediabetes prevalence:** An estimated 84.1 million people (more than 1 out of 3 adults) have pre-diabetes: ***9 out of 10 don't know they have it.***

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for Stability Health *no later than* the end of this year's Open Enrollment period.

This program is a win-win for your school, employees, and covered family members. The program:

- Focuses on the growing population diagnosed with diabetes, a complex and costly chronic disease.
- Supports participants through in-depth evaluation, individualized care plans, ongoing advice and encouragement, and intervention when needed.
- Coordinates with primary care providers to facilitate timely intervention, enhance office visits, and decrease costs.

We hope you take advantage of this special Open Enrollment promotion to improve your employees'/family members' quality of care while helping to reduce costs. It's important to include Stability Health in your health fairs to help ensure the program's success. To schedule a kickoff call, contact [Cindy Bartelson](#).

Wentworth Takes Home the Walking Challenge Prize



Cindy Bartelson, edHEALTH's Operations Manager, presents the Walking Challenge trophy to Margaret Card, WIT's HR Director.

This year's "Walk This Way Walking Challenge" was an overwhelming success.

Fifteen member colleges and universities participated in the four-week challenge. Over 750 employees walked more than 200 million steps over the four-week period. Wentworth Institute of Technology (WIT) brought home the edHEALTH walking trophy and enjoyed an ice cream social for their winning scores.

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Please add info@educatorshealth.org to your contacts so we're recognized as a safe sender.