



Better health is a team effort

KnovaSolutions is here to help

KnovaSolutions
COVID-19
(Coronavirus)

As your partner in improving health and well-being, your employer wants to make sure you are aware of an additional resource to support you with questions about COVID-19.

KnovaSolutions is a health information service available to provide you with credible resources and current information on COVID-19.

Please call KnovaSolutions at 800.355.0885 or send an email to: contactknova@hcmsgroup.com



If you are dealing with health care decisions or face challenging questions about COVID-19, help is available. KnovaSolutions is a no-cost, confidential clinical decision support service that helps those with concerns. Ways they can assist include:

- Answering questions about the virus or directing you to resources specific to your situation
- Helping with the adjustment to working from home
- Support with the challenges of having children home from school
- Strategies to help when elderly parents or relatives are feeling socially isolated
- Offer resources for stress/anxiety

The service is voluntary, but we hope you take advantage of this service and know we are here to support you and your family.