

# QUIZ: Signs of a vision problem

put dot the box: NEVER, SOMETIMES, OFTEN, ALWAYS

Never  
Sometimes  
Often  
Always

Never	Sometimes	Often	Always			
				Watery eyes	<b>General</b>	
				Red eyes		
				Tired eyes		
				Dry eyes		
				Blinks eyes too often		
				Rubs eyes often		
				Headaches when reading		
				Blurry distance vision		
				Blurry near vision		
				Squints eyes		
				Gets too close to books, TV or computer	<b>Astigmatism, Nearsightedness or Farsightedness</b>	
				Blurry distance vision after near work		
				Vision blurs in and out of focus	<b>Eye focusing problems</b> or maintaining clear focus	
				Sleepy when reading		
				Avoids near tasks such as reading	<b>Eye tracking problems</b> <b>aka Oculomotor</b>	
				Looses place while reading or copying		
				Skip lines or words while reading or copying	tracking words across a page when reading or keeping your eye on the ball	
				Use a finger to keep place while reading		
				Moves head more than normal when reading or playing sports		
				difficulty with sports involving good hand-eye coordination		
				Has an eye that turns in or out		
				Has double vision		
				Squints, closes or covers eye(s) while reading		
				unusual posture/head tilt when reading/writing		
				Have crooked or poorly spaced writing		
				words "run together" or "jump" when reading		
				Gets car or motion sick	<b>Eye teaming problems</b> aka Binocular Vision	
				Poor eye contact with people		
					<b>Visual Perceptual Problems</b>	
				Confuse right and left directions		Laterality and Directionality Problems
				Starts in the middle/end when reading, doing worksheet or test		
				Have problems with maps or directions		
				Confuse words with similar beginnings	Visual Form Perception Problems	
				Likes to touch everything		
				Have problems telling main idea from insignificant details	Visual Memory Problems	
				Have problems remembering what is read		
				Have trouble visualizing what is read		
				Poor spelling	Visual Motor Integration Problems	
				Have sloppy handwriting		
				Have difficulty copying off blackboard		
				Responds better orally than in writing		
				Have difficulty staying on lines		