Sample

Say Turn to Lesson 7a on page 65. Read the directions at the top of the page to yourself while I read them out loud.

Check to see that the students have found the right page. Read the directions out loud.

Say Look at the sample at the top of the page. Read the question and answers to yourself. Which answer is correct? (pause) Answer D is correct because the underlined part is correct As it is. Mark the space for answer D in the rows at the bottom of the page. Be sure that your answer space is completely filled in with a dark mark and that you have marked the correct answer space.

Check to see that the students have marked the correct space.
Practice

Say Now you will do more items in the same way we did the sample. Work by yourself. Read each question and mark the space for the answer you think is correct in the rows at the bottom of the page. When you come to the GO sign at the bottom of a page, go on to the next page and continue working. Work until you come to the STOP sign at the bottom of page 68. If you finish early, you can check your work on this lesson. Do you have any questions? You may begin.

Allow time for students to fill in their answers. Walk around the room and be sure the students understand what they are supposed to do. Don’t allow the students to move on to another lesson.

3 To find out how exercise helps kids be more active, Serena should look on page—
   A 25
   * B 27
   C 33
   D 37

4 Serena wants to learn more about how exercise affects weight. On which page should she look for information on this subject?
   A 25
   B 27
   C 37
   * D 42

In the library, Serena found a book on physical fitness for kids. Use this part of the Table of Contents to answer questions 3 and 4.

<table>
<thead>
<tr>
<th>Chapter</th>
<th>Title</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>Health-related Fitness</td>
<td>25</td>
</tr>
<tr>
<td></td>
<td>Aerobic Power</td>
<td>25</td>
</tr>
<tr>
<td></td>
<td>Doing wide range of activities</td>
<td>27</td>
</tr>
<tr>
<td></td>
<td>Stopping heart disease</td>
<td>31</td>
</tr>
<tr>
<td></td>
<td>Flexibility of Spine</td>
<td>33</td>
</tr>
<tr>
<td></td>
<td>Strengthening back</td>
<td>34</td>
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<tr>
<td></td>
<td>Abdominal Strength</td>
<td>37</td>
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<tr>
<td></td>
<td>Preventing back pain</td>
<td>39</td>
</tr>
<tr>
<td></td>
<td>Body Fat</td>
<td>40</td>
</tr>
<tr>
<td></td>
<td>Burning excess pounds</td>
<td>42</td>
</tr>
</tbody>
</table>

Use this dictionary entry to answer question 5.

sign (sin) n. 1. any object, action, event, or pattern that has meaning. 2. a mark, figure, or symbol used as an abbreviation for a word. 3. a motion or movement that expresses an idea. 4. a notice with a warning or advertisement.

5 As Serena was working on her rough draft, she wrote this sentence:
   Some students might see it as a sign that exercise is not important.
   Which definition of sign best fits the way Serena has used it in her sentence?
   * A 1
   B 2
   C 3
   D 4
Here is the first part of Serena’s letter. Use it to answer questions 6-11.

To the Superintendent of Schools:

I have learned that the school district might drop from five days to two physical education classes. I also know you believe in physical fitness and support school sports. I, too, love exercise and sports. In my opinion, cutting back on P.E. is a very bad idea.

Students need more exercise, not less. Schools are the perfect place to make that happen. If P.E. is cut, students might think it’s a sign exercise is unimportant.

Here is why you should keep P.E. a daily part of the schedule. P.E. is a great chance for students to move and stretch. After working hard in the classroom, P.E. helps us blow off steam. The activities we do in P.E. strengthen our bodies. The activities also strengthen our minds. They give us confidence and teach us the importance of teamwork. Did you have P.E. every day when you went to school?

6 A good writer thinks about his or her audience. Which sentence shows that Serena is aware of the school superintendent’s interests?

A Here is why you should keep P.E. a daily part of the schedule.

* B I also know you believe in physical fitness and support school sports.

C If P.E. is cut, students might think it’s a sign exercise is unimportant.

D After working hard in the classroom, P.E. helps us blow off steam.

7 The activities we do in P.E. strengthen our bodies. The activities also strengthen our minds.

How are these sentences best combined without changing the meaning?

A P.E. activities strengthen our bodies and they strengthen our minds.

* B Strengthening our minds and bodies the activities we do in P.E.

C The activities we do in P.E. strengthen our bodies and minds.

D The P.E. activities also our bodies and minds do strengthen.
Say It's time to stop. You have finished Lesson 7a.

Review the answers with the students. Spend whatever time is necessary to help the students understand the rationale for each correct answer and why the incorrect answers are wrong. You may find it helpful to have the students explain why it was necessary to look at the reference or information source that was part of some of the questions.

Have the students indicate completion of the lesson by entering their score for this activity on the progress chart at the beginning of the book. Provide the students whatever help is necessary to record their scores.

**Lesson 7a Language Skills**

8 Which of these is not a complete sentence?
- A I, too, love exercise and sports.
- B In my opinion, cutting back on P.E. is a very bad idea.
- C P.E. is a great chance for students to move and stretch.
- D * All of them are complete sentences.

9 I have learned that the school district might drop from five days to two physical education classes.

How is this sentence best written?
- A Having learned that the school district might be dropping physical education classes from five to two days.
- B * I have learned that the school district might drop physical education classes from five days to two.
- C From five days to two, the school district might drop the physical education classes I have learned.
- D As it is.

10 What is the topic sentence of the third paragraph?
- A Here is why you should keep P.E. a daily part of the schedule.
- B P.E. is a great chance for students to move and stretch.
- C After working hard in the classroom, P.E. helps us blow off steam.
- D They give us confidence and teach us the importance of teamwork.

11 Which sentence is out of sequence?
- A In my opinion, cutting back on P.E. is a very bad idea.
- B Students need more exercise, not less.
- C Schools are the perfect place to make that happen.
- D * Did you have P.E. every day when you went to school?