Observing Safety Rules

What You Need

- Crayons
- Pencil

Find Out
Do this activity to see what you do to stay safe.

Process Skills
- Observing
- Communicating

Time
- 30 minutes to get started
- 10 minutes every other day for two weeks
What to Do

1. Think about some things you do to be safe.

2. Write down something you’ve done today. Draw a picture.

3. Every other day, write something you do to be safe. Then draw a picture.
<table>
<thead>
<tr>
<th>Date</th>
<th>Safety Rule</th>
<th>Picture of Safety Rule</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Student data will vary.
Conclusions

1. **Tell** about some things you did to be safe.

   Answers will vary. Possible answers include: sat quietly on the school bus; did not walk in front of, behind, or beside the school bus; wore a helmet when bike riding.

2. **How were they different each day?**

   Answers will vary. Possible answers include: On school days, you must follow rules on the school bus and at school. On Saturday and Sunday, you don’t have school or bus rules to follow, but you have rules at home to follow every day.

New Questions

1. **Choose a season different than the one now.** Tell something you should do to be safe then.

   Answers will vary. Possible answers include: In warmer seasons, when children may be bike riding, in-line skating, and so forth, they should wear their protective gear (e.g., helmet, knee pads, wrist pads, elbow pads). In colder seasons, children should be dressed for the weather, wear protective gear for winter activities, and be careful of bad conditions.

2. **Write a question you still have about being safe.**

   Accept all reasonable questions.
How Germs Spread

Show what happens to each piece of paper when you spray each liquid.

Water

Baby Oil

Student drawings should show spots on both pieces of paper.
Show how each piece of paper looks when the liquids dry.

Student drawings should show that spots remain from the baby oil but not from the water.
Activity Journal
Lesson 2 • Staying Well

Name _______________________

ACTIVITY

Putting Medicine in Its Place

What medicines did you put in your medicine cabinet?

Draw the medicines or write their names.

Answers will vary.
Accept all reasonable answers.
Who should give you medicine?

**Draw** a picture that shows your answer.

Drawings should show a trusted adult or medical professional giving medicine to the student.
Preventing Accidents

**Draw** pictures of people being safe.

**At School**

**At Home**

Answers will vary. Safe activities at school could include sitting appropriately on the bus, walking in single file through the hall, and carrying a lunch tray with two hands. Safe activities at home could include wearing a helmet while biking, wearing a seat belt in the car, and so forth.
What other place could you make safety rules for?
Answers will vary. Accept all reasonable answers.

Draw a picture of people being safe in that place.

Accept all drawings that depict safe behavior.