Lecture, group work, and activities will make more sense if you’ve previewed what will be discussed. You also have a better chance of retaining the information! Study every day or at least every other day. Set a schedule where you spend time either previewing or reviewing medical terminology. Medical Terminology is a course that rewards you through consistent practice. Use tools like StudyWise™, SmartBook®, or flash cards for practice.

Top 10 Tips to THRIVE in Med Term

1. Prepare
Lecture, group work, and activities will make more sense if you’ve previewed what will be discussed. You also have a better chance of retaining the information!

2. Practice
Medical Terminology is a course that rewards you through consistent practice. Use tools like StudyWise™, SmartBook®, or flash cards for practice.

3. Become the Teacher
Test yourself and have others test you. Teaching the material to another student is a great way to see if you know the content.

4. Visuals and Notes
Study your notes along with related visuals. You need to be able to combine visual images with black and white text.

5. Avoid Cramming
Study every day or at least every other day. Set a schedule where you spend time either previewing or reviewing medical terminology.

6. Refresh Frequently
Don’t wait for an exam to reflect on what you’ve studied. Review past chapters to ensure you retain everything you’ve worked so hard to learn.

7. Pronounce
Read aloud to anyone who will listen! Utilize tools like the audio glossary in Connect® to check that you are pronouncing the words correctly.

8. Reverse
Begin with an organ system. See how many terms you can identify. Place them into categories, such as pathological, diagnostic, procedural, pharmacological, etc.

9. Spelling
After you complete tip 8, write all the terms down: Can you spell them correctly? Rewrite every incorrectly spelled term twice to help you remember the correct spelling.

10. Engage
Engage in medical news. Translate what you read into the correct terminology. If you read a medical journal, translate the terminology into layman’s terms.

“Mastery Through Meaningful Practice”