Accelerated Strengths Coaching Course

ONLINE LEARNING COURSE

Based on more than four decades of the study of talents, strengths and success, Gallup’s Accelerated Strengths Coaching course is an invaluable opportunity to help you understand and apply the principles of strengths-based development to advance your coaching and help your clients learn, grow, develop and achieve personal and professional success.

Who Should Attend
This program is geared toward people who lead coaching conversations, including independent professional coaches, corporate coaches, executive coaches and leaders.

What You Can Expect
This intensive, interactive online learning experience combines highly interactive live sessions, paired and triad coaching practice, and self-paced digital learning. During this four-day virtual course, you will gain tools, techniques and invaluable experience to help you help others understand and apply their CliftonStrengths.

Two groundbreaking digital coaching kits are included in the price of the program: the Strengths Coaching Starter Kit and the Coaching Managers and Teams Kit. The tools, techniques and educational resources in these kits, coupled with the educational experiences in the course, will assist you in helping your clients harness their strengths to achieve success. This course also includes an individual coaching session with a Gallup strengths coach.

During this program, you will learn how to integrate the principles of strengths-based development into your coaching by:

• applying your greatest talents in your role as a coach and integrating your strengths to become a more effective coach
• helping your clients understand their talents and how to use them to produce results and reach their goals
• helping your clients overcome obstacles, weaknesses and vulnerabilities
• educating clients about how to use strengths to transform their relationships
• helping individuals understand their unique strengths within the context of others
• providing managers with techniques for using strengths-based development to address specific team-related issues and challenges
• teaching teams to discover, develop and use their unique talents for greater team engagement and productivity

Program Format
Four-day virtual course

Prerequisites
None

Course Overview
Day One
8:30 a.m. – 11:30 a.m. Live Zoom Session 1
11:30 a.m. – 12:15 p.m. Break
12:15 p.m. – 3:30 p.m. Live Zoom Session 2
3:30 p.m. – 5:00 p.m. Self-Guided Assignments

Day Two
8:30 a.m. – 11:00 a.m. Live Zoom Session 3
11:00 a.m. – 12:30 p.m. Self-Guided Assignments
12:30 p.m. – 5:00 p.m. Live Zoom Session 4

Day Three
8:30 a.m. – 11:30 a.m. Live Zoom Session 5
11:30 a.m. – 12:15 p.m. Break
12:15 p.m. – 3:30 p.m. Live Zoom Session 6
3:30 p.m. – 5:00 p.m. Self-Guided Assignment

Day Four
8:30 a.m. – 11:00 a.m. Live Zoom Session 7
11:00 a.m. – 12:30 p.m. Self-Guided Assignments
12:30 p.m. – 5:00 p.m. Live Zoom Session 8

Coaching Call With Gallup Strengths Coach After the Course
Participants receive all digital materials prior to the course. Physical materials to support their learning are shipped to their location.

Professional Credit Hours
Participants who successfully complete this course can earn professional credit hours from ICF, HRCI and SHRM. For more information, contact CEU@gallup.com.

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Requirements:
• Participants join the live sessions using the Zoom plug-in (not the Zoom browser or mobile app).
• Must attend and have a microphone and headset.

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Accelerated Strengths Coaching Course

Participants receive the following digital coaching kits:

**Strengths Coaching Starter Kit**

This digital kit will help you understand and apply the principles of strengths-based development, to advance your coaching and help your clients learn, grow, develop, and succeed.

This kit includes:

- Two informative guides provide fundamental concepts and techniques to use to coach others on their talents and strengths.
- Content and resources to support four fundamental coaching conversations.
- Resources to examine, learn and integrate the 34 CliftonStrengths themes into your coaching.

**Strengths-Based Coaching With Managers and Teams Kit**

This digital kit will help you incorporate successful strategies and tools into your coaching to help managers and teams maximize their individual and collective talents to reach desired performance outcomes.

This kit includes:

- A guide that introduces you to the most important factors in creating a strengths-based team and a manager’s vital role in this process.
- Content and resources to support three strengths-based coaching conversations with managers and four team coaching conversations.
- Resources to examine, learn and integrate the 34 CliftonStrengths themes into your coaching.

The digital kits’ robust content is catalogued and organized so that you can examine the topics you care most about and learn at your own pace.

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