

Youth News 4-26-20

Hello everyone,

Another week of spring and the grass is getting really green. Had to mow again today, but I actually enjoy it. We have two cardinals that live close by and it's fun to watch them. I hope that you all are having a great week. Our family is well and we are keeping busy and relaxing when we can. Heather looks to be returning to work soon and it appears that we may start to return our lives to less of a "lock" down. I am excited to see all of you soon! This week the work that has been on my mind is gratitude. This can easily slip my mind as I start to think about the things I need or think I deserve. When I take a step back and realize all the goodness that surrounds me I become grateful. I believe that God's love allows me to have gratitude when life can throw me a curveball. I need to realize though, that he is with me always. Knowing that, no matter what happens God has a plan. When I can keep that mindset I can carry an attitude of gratitude. When I am doing that I am helpful to those around me and also keeping a healthy mind for myself. So what does scripture say about gratitude? Below are a couple of verses I found that I really enjoyed.

*1 Thessalonians 5:16-18 ESV Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you.*

*Philippians 4:12-13 ESV I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. I can do all things through him who strengthens me.*

So have a great day and rejoice! Be thankful and have that attitude of gratitude!