

# Seminary UMC is hosting a 24 hour Famine

This is for youth in 6th grade and higher.

The famine will begin on February 16th at 5:00pm and will go through till February 17th at 5:00pm.

This is an event for the youth to experience what life is like without food for 24 hours and also what others have to go through to get what little food they do have.

There will be drinks provided, so that everyone stays hydrated. And we will be breaking the fast together that Saturday evening, so they will have eaten when you pick them up.

This event is a Fun and exciting way to learn new things while also doing some projects to benefit our local community.

Due to the age of some of the youth to be involved we are asking that each one have this permission slip signed by a parent or guardian.

By signing you are stating that you realize this is a 24 hour event in which there will be no food and that your child will be staying at Seminary UMC overnight for this time. I also understand that their picture may be taken and displayed to promote Seminary UMC and its youth program.

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## What to bring

- Bible and journal/notebook
- Sleeping bag/Blankets and pillow
- Modest sleepwear (this is coed)
- Clothes for next day
- Toiletries ( e.g. brush/comb, toothbrush and paste, deodorant) There are no showers so no need for curling irons/straighteners or hair dryers.
- Medications ( in a Ziploc bag with name on it and will be turned over to adults upon arrival)
- Water bottle
- Permission Slip

There will be no time to use cell phones or any other type of electrical devices, so please leave them at home. Also please refrain from wearing expensive clothing and jewelry as we will be playing games, running around and potentially getting messy. No dangerous items allowed on premises either (such as, Firearms, fireworks, drugs/alcohol, knives, and etc.) If you have a food allergy please inform us as well.

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Child's Name \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell \_\_\_\_\_

Allergies and/or Special Instructions:

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Signed \_\_\_\_\_

Printed \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_