

THE FOLD

Monthly Newsletter of Good Shepherd United Methodist Church

August 2015

Introducing a New Food Pantry!



The July Fold previewed the changes that are coming to the Good Shepherd Food Pantry. This is the month that the change is happening!

We have hosted this important ministry for many years and we view this change as a chance to improve upon our current ministry, involve more people and be even more intentional in serving and building relationships. In the past, clients have scheduled a pick-up during office hours. Now, they will be able to drop in during the scheduled hours on the third Saturday of each month.

On Saturday, August 15 from 9 – 11 AM, we will be welcoming our food pantry clients to come pick up food including fresh fruits and vegetables. In order to provide a welcoming environment, we have made the decision to share a portion of the Youth Room (across from the Choir Room) for the Food Pantry ministry. Clients will be asked to enter through the office door, be checked in, and then proceed to the Youth Room to pick up their food and enjoy refreshments. This bright welcoming room will set a great tone for our guests! It is important to note that the additional shelves and cabinets in this room will not change the primary use of the room as a gathering place for youth and occasional studies and meetings.

Our next task force planning meeting is July 28 at 6:30 PM. If you would like to participate in the planning of this ministry, please join us! Further details about ways in which you can get involved will be available following that session. Many hands will be needed, so please prayerfully consider how you will participate in this vital outreach to which Jesus so clearly calls us.

As we move into this new model, we would like to take this opportunity to thank Erin Reas-Williams and Marti Boynton-Tamaroglio who have been instrumental in leading our food pantry ministry over the past several years.

Our “Work Wednesday” team on August 5 and 12 will also be focusing on relocating the food pantry from the Activity Room kitchen to the Youth Room. Please join us between 1 and 3 PM!

It's Not too Late...



to sign up to volunteer and invite friends to join us at the

Spaghetti Dinner to benefit Lexys Lamp

We are cooking up the same great sauce with some summertime twists.

Lexys is a local 5-year-old who was diagnosed in September 2014 with a rare form of brain cancer called DIPG. There are extreme, ongoing costs for medication and treatment not covered by health insurance.

July 31, 5-7 PM

Adults: \$8.00, Children (6-12): \$3.00, Under 6: Free



**Good Shepherd
United Methodist Church**

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Pastor

Rev. Dr. Douglas E. Ralston

Church Office Hours

By Appointment

Sunday Schedule

9:30 am: Bible Study - Adults
10:30 am: Worship Service

Coffee & Conversation in
Fellowship Hall following
worship.

United Methodist Men

Dinner meeting the first Monday
each month at 6 pm - Leon's on
Michigan Ave.



Caring
for the
Flock in the
Dearborn area
since 1859

Sabbath

Well, it's summertime and the living is easy! On second thought perhaps the living is not so easy. Even in the summer the work of living continues. But summer is the traditional time for vacations and we work very hard at relaxing! Often the tensions of preparing for vacation, traveling to our vacation spot, and the harrowing trip home outweigh the benefits of having had a few days away.

We acknowledge the need for rest, but we are so busy! Sometimes it feels as though we are flailing away at life, pressing, pushing, yet there is no completion. We get upset with ourselves for not being bright enough or strong enough to get done all there is to do. When we are upset with ourselves we often strike out at others, especially those we love, out of our frustration.

Instead of rethinking our strategy and changing the way we approach our lives, we drop our shoulders and attack the work once again. We are disheartened when the result is the same as it has always been. We feel hollow, unfulfilled. Yet we have been given the remedy, "He *makes* me lie down in green pastures; he leads me beside still waters; *he restores my soul.*" We seem to have forgotten God, knowing our needs before we do, created Sabbath for humans.

But what is Sabbath? Rabbi Abraham Heschel writes that Sabbath is, "Spirit in the form of time. With our bodies we belong to space; our spirit, our souls, soar to eternity, aspire to the holy. The Sabbath is an ascent to the summit." Sabbath is a matter of holy time that envelops all our activities. It may be a day, or just a few hours. Time, though, is the key to understanding Sabbath.

Author Wayne Muller tells us, "Sabbath time is set apart for remembering the holiness of life. Time is the key. Time and attention. If we grab a sandwich as we run out of the door, this is eating. If we take a small crust of bread and a sip of wine, in a mindful gathering of other beings, this is a sacrament. It is neither the food nor the eating but the time and the mindfulness that reveal what is holy."

Why would we want to continue eating the sandwich when the sacrament is offered? Take time for life. Take time for Sabbath.

Pastor Doug



Michael Cross brings shares God's love with Melvindale Fire Department during the Independence Day Joy Ride.

July 4th "Joy Rides"

On July 4th, nine cookie deliveries were made to first responders and other establishments who don't get to take the holiday off, plus on the 3rd, Jan Poush and Georgia Grovesteen gave plates to our nearest neighbors to the north. Mike Cross requested two trays of cookies and took a little time on the 4th to present them to the Melvindale Police and Fire Departments. He had a good time delivering a little joy as did Diane Atkins and Georgia. This was Diane's second visit to CVS where she was greeted as "the cookie lady!" She received hugs from the clerks, and almost got out the door to the parking lot when another employee came out to thank her. We appreciate all the cookie bakers (Bea Woelke contributed almost 8 dozen), Diane, and Mike.

The next Joy Ride will be on Labor Day, September 7th. Please join us for collecting and packing cookies after church on the 6th and set aside time on September 7th to make a delivery or two and spread some joy!

School Supplies Drive Continues Through August 30



As in past years, we will be collecting school supplies to help those students at DuVall Elementary who may not be able to afford to purchase supplies.

Following is a list of some items the children will need.

- Wide ruled spiral notebooks
- Glue sticks
- Pink erasers
- Colored pencils or Crayola "Twistables" – box of 12
- Small pencil cases
- Wide ruled line white paper
- 16-24 count box of crayons
- #2 pencils with erasers – box of 6-12
- Boxes of tissues
- Packages of wet wipes
- Ziplock bags of all sizes
- Scissors
- Washable markers
- Sticky notes

In addition to supporting DuVall, school supplies will be provided to our food pantry clients tentatively on August 29. Supplies collected above the needs of DuVall will assist students at our other Blessings in a Backpack schools or the Redford Brightmoor neighborhood. Shopping not your thing? Designate a gift for "School Supplies Drive" and we will shop for you!

"Work Wednesday" Volunteers Needed!

Mark your calendar and join us on Wednesdays from 1-3 PM during the month of August. In addition to preparing the bulletin for Sunday, we will be working on a variety of projects each week (something to fit every interest!)

August 5 & 12 will include clearing off shelving and cabinets in preparation for relocating the food pantry. August 19 will include the Fold newsletter assembly

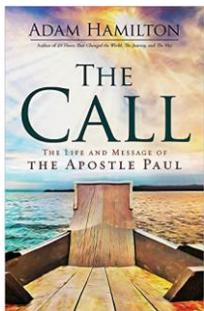
Other projects include updating the holders in the pew backs, organizing historical records, sorting through closets, and praying through the sanctuary. We call it "Work Wednesday" but it really is an opportunity to spend time in fellowship with others! Sign up at the Opportunity Center or just show up any Wednesday at 1 PM.

Sunday Messages Available

Do you have a summer vacation planned? Don't forget that you don't have to miss Pastor Doug's Sunday message! Our website, www.dearborngsumc.org has both audio and video messages available.

Not online? No problem. Contact the church office for a DVD of the Sunday message.

Travel with the Apostle Paul this Fall



A new Wednesday study will begin on September 16 following the missionary journeys of Paul. This six week study will include a video that not only traces Paul's journeys but also challenges us to consider how the lessons of Paul can make a difference in our faith. An accompanying book written by Adam Hamilton will also be available to augment the study.

Time will be determined based on preferences of attendees.

Save the Date

- Blessing of the Animals. Good Shepherd will host their second annual Blessing of the Animals on Sunday, October 4th, 2 – 4 PM.
- Annual Charge Conference. Meet our new District Superintendent, Rev. Dr. Charles Boayue, and celebrate the ministries of Good Shepherd. Wednesday, October 14, 7 PM.
- Reach Summit. Join with attendees from across the conferences to be inspired and equipped to reach more people. More details at www.reachsummit.org. Saturday, October 17.

Ark Dedication on August 2



We will be wrapping up our July Mission Focus with a dedication of our Heifer International arks (or offerings) on August 2nd.

This will be our day to celebrate that difference that our offering will make in the lives of others across the globe!

Prayer Walks *Taking it to the Streets*

Who is it for?

Our neighbors

What will it look like?

- 2-3 walkers per prayer group
- Walk within a 1 mile of GSUMC. Don't worry, the pace is slow because there is plenty of time spent visiting with our neighbors.
- When walking, we will:
 - pray
 - build relationships within our GS neighborhood
 - identify community needs
 - allow God's Spirit to work

When will we walk?

Next prayer walk will be August 15 at 10 AM (WEATHER PERMITTING)

or

Pick a friend & walk any day or time of your own choosing.

We will meet in the church parking lot for mission prayer and pair-off for partners and the day's route.

Wear your GS t-shirt, if you have one and sign up at the Opportunity Center.



There have been powerful results that have come out of the prayer walks that have happened over the last several months.

- We ARE meeting our neighbors and building relationships!
- Our neighbors are telling us that our presence matters!
- Make a commitment to just try it!

**SUBMISSIONS FOR THE
SEPTEMBER FOLD NEWSLETTER
ARE DUE IN THE OFFICE BY
AUGUST 14TH!**

FOLD WILL DISTRIBUTED ON AUG 23.



Hands4Detroit August Mission Focus

We are excited to be supporting Hands4Detroit as our August mission focus.

Hands4Detroit, in its fourth year, is held the first Saturday of October. It offers local churches, organizations and individuals from the community an opportunity to come together and work on projects which bring hope to the community and make God's love visible. This event hosts over one thousand volunteers doing God's work in our community. Last year, a team from Good Shepherd painted a community center in southwest Detroit. It was fun to spend time together in service and to meet new friends.

It was recently announced that Hands4Detroit will be partnering with the Mt. Elliott Business and Community Association to bring Hands4Detroit to the one of Detroit's oldest neighborhoods on the eastside. The same diverse projects for individuals of all ages and abilities will be available and we will be able to truly see the fruits of our labor on October 3! *Mark your calendar to make a difference in Detroit!*

Our gifts during August will help defray the costs of hosting this huge event.

We are honored to welcome Rev. Becky Wilson, Director of Justice & Mission Engagement in August 9th worship. She is the chair of the planning team for Hands4Detroit. You won't want to miss this opportunity to hear from Rev. Wilson!



Happy Birthday!

Aug 1	Bob Signoretti
	Sandra Lowe
Aug 2	Nancy Murdoch
	Georgia Grovesteen
	Alyssa Sandhu
Aug 6	Jean Mackey
Aug 7	Emily Turowski
Aug 8	Lilly Lawson
Aug 9	Devon Jenkins
Aug 12	Alyssa Baumeister
Aug 13	Lance Lawson
Aug 14	Aron Lewis
Aug 18	Vicki Murdoch
Aug 21	Isabella Quesada
	Dorothy Winters
Aug 25	Ellen Malotka
Aug 26	Jacob Fahnstock
Aug 27	Gayle Mihalik
	Keith Ramsey

Happy Anniversary!

Aug 1, 1992	Erin & Scott Williams
Aug 7, 1993	Carl & Josephine Sillanpaa
Aug 22, 1981	Bruce & Dee Temperley
Aug 26, 1967	George & Karen Stoops

FIFTH SUNDAY CLOTHING DRIVE

Sunday, August 30th is our next Show and Clothing Drive! Here is your chance to clean out your closets and drawers, and bring in all gently-used clothing and shoes that are out-grown, out of season, or just not being worn! Donations will benefit the Free Store operated by our covenant partner, the Redford Brightmoor Initiative.

Please bring bagged items to the mailbox door before worship between noon and 2:00 pm!

Looking Forward in Worship

8/2	Wonder Bread	John 6:24-35
8/9	Guest Presenter	Rev. Rebecca Wilson
8/16	How Does He Taste?	John 6:51-58
8/23	Nobody Does It Better	John 6:56-69
8/30	Just Do It	James 1:17-27



Lisa Andrews, Chadwell family,
Devine family, Ben Fewell, Dorothy
Grovesteen,
Helen Hosker, Lexys Lamp & family,
Delores Lebeck,
Doug & Lynn Lebeck,
Aron & Danielle Lewis & family,
Jack & Marilyn MacTavish, Kendra Malotka, Drew &
Elizabeth McDonald, Mesick & Hood family,
Samantha Myers & family,
Dennis Payter, Pigeon family,
Fred & Sally Rausch, Mercedes Ruiz family,
Tim Shaw family, George & Karen Stoops



Aug 2	Annie Smith & Al Costantino
Aug 9	Carla Schneider & Paula Turbett
Aug 16	Donna Eberhart & Dean Lewis
Aug 23	Samm Myers & David Scannell
Aug 30	Annie Smith & Al Costantino



Aug 2	Lilly Lawson
Aug 9	Josh Costantino
Aug 16	Aubree Belzyt
Aug 23	Sabrina Perry
Aug 30	Lilly Lawson



Aug 2	Sandie Post
Aug 9	Irene Addison
Aug 16	Dean Lewis
Aug 23	Carla Schneider
Aug 30	Fred Michaelson



1 st	Joe & Margee O'Brien & Jim Woods
2 nd	Dave Johnson & Scott Williams
3 rd	Jim Woods & Randy Jensen
4 th	Jim Woods & Sandra Lowe
5 th	Jim Woods & Randy Jensen

(Substitute: Randy Jensen)



1 st	Delores Lebeck & Pam Post
2 nd	Sharon Mangan & Sally Rausch
3 rd	Georgia Grovesteen & Paula Turbett
4 th	Donna Eberhart & Anita Polzin
5 th	Delores Lebeck & Pam Post



Aug 2	Served during worship
Aug 9	No Communion
Aug 16	Dean & Kathy Lewis
Aug 23	Jim & Jan Woods
Aug 30	Sandie Post & Delores Lebeck

Nursery Caregivers



1 st	Carolyn & Emma Costantino
2 nd	Liz Cairo & Bea Woehlke
3 rd	Carolyn Costantino & Lori Lawson
4 th	Paula Turbett & Emma Costantino
5 th	Carolyn & Emma Costantino

(Substitute: Bea Woehlke)

Openers



1 st Sunday	Thomas Garrant
2 nd Sunday	Alan Costantino
3 rd Sunday	Bruce Coburn
4 th Sunday	Scott Williams
5 th Sunday	Thomas Garrant

Our Military & their Families

Spc. John Glasco & family
Zachary Danke, US Army

Our Home Bound

Anne Creek (7/12)

Shirley DeRosia (1/29)

Helen Hickey (9/6)

Mary Catherine Luoma (1/26)

Francis (Skip) Peck (4/12)

Fred Rausch

Robert Signoretti (8/1)

Help Stock our New Food Pantry!

Read more about the plans on the front page. Your donation of non-perishable food and non-food items is greatly appreciated!

Canned meat & fish

Meat stew

Hearty soups

Macaroni & cheese

Canned beans

Canned fruit

Canned vegetables

Rice

Pasta

Milk (shelf stable)

Baking mixes

Cereal

Peanut butter and jelly

Pasta sauce

Toilet paper

Laundry detergent

August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 26 Sunday School 9:30 am Morning Worship 10:30 am Coffee & Conversation 11:45 am Hand Bell Choir 12 pm	27	28 Run for God 6:30 am Food Pantry Task Force 6:30 PM	29 Work Wednesday 1-3 PM	30 Run for God 6:30 am	31 Spaghetti Dinner to Benefit Lexys Lamp 5-7 pm	August 1 Run for God 7 am
2 Sunday School 9:30 am Morning Worship 10:30 am Coffee & Conversation 11:45 am <i>Bring your Heifer Int'l arks!</i>	3 United Methodist Men's Dinner at Leon's 6 pm	4 Run for God 6:30 am	5 Work Wednesday 1-3 PM	6 Run for God 6:30 am	7	8 Run for God 7 am
9 Sunday School 9:30 am Morning Worship 10:30 am Coffee & Conversation 11:45 am Hand Bell Choir 12 pm	10	11 Run for God 6:30 am Visitation Team 6:00 pm	12 Work Wednesday 1-3 PM	13 Run for God 6:30 am	14	15 Run for God 7 am Food Pantry 9-11 am Prayer Walk 10 am
16 Sunday School 9:30 am Morning Worship 10:30 am Coffee & Conversation 11:45 am	17 Spark! 6:30 pm	18 Run for God 6:30 am	19 Work Wednesday 1-3 PM	20 Run for God 6:30 am	21	22 Run for God 7 am Prayer Shawl Ministry 9 am
23 Sunday School 9:30 am Morning Worship 10:30 am Coffee & Conversation 11:45 am Hand Bell Choir 12 pm	24	25 Run for God 6:30 am	26 Work Wednesday 1-3 PM	27 Run for God 6:30 am	28	29 Run for God 7 am School Supplies Distribution TBD
30 Sunday School 9:30 am Morning Worship 10:30 am Coffee & Conversation 11:45 am Clothing & Shoe Drive	31	<i>Worship for Oakwood Common residents every Sunday at 1 PM & for Hubbard West residents on the 2nd Sunday at 4:30 PM.</i>				