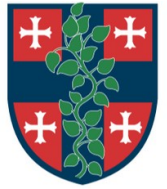




The Signpost Weekly



February 22, 2015

First Sunday in **Lent**

Miriam Acevedo, D.Min, M.Div., Vicar

Visit us at <http://www.saintcs.org>

St. Christopher's Episcopal Church

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Calendar

Sunday, February 22 Bishop's Visitation

- Eucharist Service, 10 a.m. – Confirmation, Reception, and Reaffirmation
- Pot Luck Brunch Follows
- NO Bible Study, 9 a.m.
- Sunday School, 10 a.m.

Monday, February 23

- Yoga with Miriam, 9 a.m..

Tuesday, February 24

- Women's Bible Study, 10 a.m. with babysitting.
- Al-Anon, 5:30 p.m.
- Yoga with Miriam, 6:30 p.m.

Thursday, February 26

- Eucharist and Adult Ed., 7 p.m.

Friday, February 27 (Fridays during Lent)

- Stations of the Cross, 5:30, Sanctuary

[Stations of the Cross, \(Part 1\) on-site tour with Episcopal priest Father Matthew; Part 2.](#)

Welcome to our Bishop Rob!

A warm and heartfelt welcome to our Bishop who is with us today to Confirm, Receive and Reaffirm the following members of our parish: Melissa Paquette, Joyce Ryan, Robert Leonard, Pamela Vazquez, and Emily Vinton. Congratulations! *Miriam*

Thank You - Thank You – Thank You!

We all know about the mountains of snow we have been clearing lately and the cleanup efforts at St C's was a team effort. I appreciate the assistance of Oliver Ford, John Svitak, Eddie who just appeared on the roof with me one night while I was clearing snow and a big thank you to Dave Forbes and his "mean" snow blowing tractor setup. We also had a water pipe leak above the ceiling in the ladies room, which flooded the restrooms and the sacristy floors. Fortunately, we were able to minimize the damages to our property. Thanks to Oliver Ford, Brother David, John Svitak, Kathy Trombly and Julie Forbes for their quick thinking and boundless energies in tackling this issue. Please give them thanks when you see them! Peace, Wayne Trombly, Sr. Warden

Another Thank You

I was so pleased to see the turnout for our Shrove

Tuesday Pancake Dinner! Thank you goes to our Youth and Middle School Groups for cooking delicious pancakes and keeping up with the crowd. Thank you also to the adults in the kitchen who were there to assist as needed. A good time was had by all. *Miriam*

Lenten Prayer Challenge!

I have eight Prayer Challenge Packets left. If you signed up please see me today for your packet. *Miriam*

Living Well Through Lent

The Gospel reading for Ash Wednesday contained an important reminder: "Beware of practicing your piety before others in order to be seen by them..." (Matthew 6:1). Practicing piety before others is one way in which practicing one's faith can be self-serving rather than serving others. What are some other ways in which faith might be self-serving? What might you do to make the way you practice your faith more authentically about God and serving others?

Mark 1:9-15

One of the things that I love about the Gospel according to Mark is its straightforwardness. It is both disturbing and inviting. It is disturbing because we want more information. And it is inviting because it allows us to spend time wondering and questioning. Mark 1:13 sums up in one sentence that Jesus was tempted by Satan in the wilderness for 40 days and the angels waited on him. We don't know what happened during that time. And yet, what the author is telling us is that Jesus was tempted just as we are today. Jesus knows exactly what we experience in our human lives. We have a God who gets real with us. God in Jesus chooses to dwell with us in the humanity of wilderness and temptation. Gracious Lord, disturb and invite us to see you in the wilderness of our lives. Amen.

Marvonne Kehlenbach, Pastor Developer, Living Faith Church, Tradition, Fla.

"This Lent can be a time for us all to re-connect with or rediscover that vocation, that activity where you lose a sense of yourself, your sense of time, your personal appetite or craving. because I suspect when you do, you will find God leading you to your truest calling in life for the benefit of all."

Bishop Rob Hirschfeld

Almighty God,
whose blessed Son
was led by the
Spirit to be
tempted by Satan:

Come quickly
to help us
who are
assaulted by many
temptations;

And, as you know
the weaknesses of
each of us,

Let each one find
you mighty to
save;

Through Jesus
Christ your Son
our Lord, who
lives and reigns
with you and the
Holy Spirit,

One God, now
and for ever.

Amen.

What are the Stations of the Cross and what do we learn from them?" Also known as the Via Dolorosa, The Stations of the Cross, is a narration of the final hours in the life of Jesus Christ on earth that continues to provide spiritual conviction for every Christian and application to our lives. The Stations of the Cross serve as a stark reminder of the humble manner in which Jesus was willing to set aside any privilege of deity in order to provide a path to salvation through His sacrifice. There are several widely accepted versions describing those final hours, one being biblical and the others being more traditional accounts of events in Jesus' final hours. The traditional form of the Stations of the Cross is as follows:

1. Jesus is condemned to death.
2. Jesus is given His cross.
3. Jesus falls down for the first time.
4. Jesus meets His mother Mary.
5. Simon of Cyrene is forced to carry the cross.
6. Veronica wipes blood off of Jesus' face.

7. Jesus falls down for the second time.
8. Jesus meets the women of Jerusalem.
9. Jesus falls down for the third time.
10. Jesus is stripped of His clothing.
11. Jesus is nailed to the cross – the Crucifixion.
12. Jesus dies on the cross.
13. Jesus' body is removed from the cross – the Deposition or Lamentation.
14. Jesus' body is placed in the tomb.

Read more: <http://www.gotquestions.org/stations-of-the-cross.html#ixzz3SLOc3uJK>

Interview

I was interviewed last week by Hampstead Cable TV. It was fun and a good opportunity to sing our praises. If you are interested in viewing the interview please select [THIS LINK](#) or go to our website, <http://www.saintcs.org>. Miriam

Memorial and Honor Giving Has Just Gotten a Whole Lot Easier! Select [this link](#) to make [Memorial and Honor Donations](#) can now be made online on the church website.

We hope that the simplicity and convenience of being able to make memorial and honor donations online will be helpful to you.

Online Giving

St. Christopher's now offers online giving options.

*You can securely make your pledge payments online, as well as make **memorial or honor donations**.*

Prayers of the People.

Please pray for Les Hollinrake and the Golas family as they mourn the passing of Nancy; for Christine Collins' stepbrother, **Capt. Justin Knox** who is in the Army and has been deployed to Kosovo on special assignment, and for her friend **Christine**; for **Arthur Mueller, Matty O'Leary; Greta and Jim**; for **Linda**, mother of Ruth Ann Cooper who has been diagnosed with cancer; for **Ryan**; for Corinne Dodge's friend, **Mariellen**; for **Carol Sienkiewicz**; for Jeff and Katie Waymouth's daughter, **Ginny** and family; for **Jacqueline Parent**, for strength and peace; for Jean Porter's grand-nephew **Tyler**; for Natalie Gallo's brother, **Lorin Bielski**; for Mark and Ingrid Chapman's son **Eric** who with God's grace is in safe hands.

Serving in the Military: Please pray for Del Dooling's cousins, **Daniel Canfield, Matthew and Sandra Maloy**, for **Paul Gagne**.

Parish Cycle of Prayer: Tom and Peggy Baker; Muriel Andernacht; David, Kim, Brianna, David and Julia Marie Angelini; Theresa and Justine Altsher.

