



THE SIGNPOST WEEKLY

September 25, 2016

Nineteenth Sunday after Pentecost

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Visit us at: <http://www.saintcs.org>

St. Christopher's Episcopal Church

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News or Info: signpostweekly@comcast.net

Calendar

Sunday, September 25

- Eucharist, 8 and 10:15 am
- Bible Study, 9:30
- Sunday School, 10 am
- Outreach Committee, 11:30
- Stewardship Committee, 11:30

Monday, September 26

- Yoga, 9 am
- NOTE-Yoga, 6:30 pm

Tuesday, September 27

- Women's Bible Study, 9:30
- Al-Anon, 5:30 p.m.

Thursday, September 29

- Eucharist/Bible Study, 7 pm

Saturday, October 1

- Rhythms of Grace, 2 pm
- Eucharist, 4 pm

Sunday, October 2

- Eucharist, 8 and 10:15 am
- Sunday school 10 am
- Ministry Fair
- Special coffee hour after 8, Potluck after the 10:15

Annual Blessing of the Animals

This will happen on October 9 after the 10:15 service. *Miriam*

Potluck Lunch

Please sign up to bring something to share for the potluck lunch after the 10:15 on October 2.

The Healing Team looks forward to sharing Reiki ... with the St. Christopher's community monthly during coffee hour, after the service when Healing Prayer is offered. Reiki is a deep relaxation & healing practice which is compatible with all faith traditions. Pronounced "ray-key," it originated in Japan approximately 100 years ago. The name is a combination of two Japanese characters meaning "God Consciousness" and "Life Force Energy."

What is Reiki? Reiki is based on the premise that we can draw from the limitless energy surrounding us to support and enhance our body's innate ability to heal. When our energy is depleted, we have a tendency to feel stressed, ill, and out of sorts. By increasing our energy, we become stronger, healthier and come back into balance. Today many in the Christian tradition use Reiki as a way of practicing the laying on of hands. During a Reiki Session, the individual is fully clothed and may be either seated or lying down. The Reiki practitioner places his/her hands on or just above the body in specific positions, allowing the energy to be drawn where it is needed.



Why Should I Try Reiki?

- Reiki is beneficial to people of all ages, in all states of health.
- Reiki relaxes & rejuvenates; reduces stress & tension; promotes peacefulness.
- Reiki helps anyone who is ill, in pain, or in emotional distress.
- Reiki will not interfere with medications or medical procedures.

Questions? Contact **Edie Swenson** or any member of the

Healing Team (Barbara Hughes, Corinne Dodge, Lois & Skip Gilman, Deb Carpenter, Jane Roth, Ann Gerns, Joyce Ryan). Healing Team members who are trained in Reiki will provide brief Chair Reiki sessions at St. Christopher's Ministries Fair, following worship on Sunday, October 2nd. Look us up at the Healing Team table.



Christmas Gifts for Children of Incarcerated Parents (ChIPs)

Christmas gifts, yes, that's right, Christmas is right around the corner. We will be collecting gifts and



books for children, teens and young adults from now until Sunday, Oct. 30. Gift guidelines and additional information are on the third page attached to the Signpost. Gift price should be \$20 to \$25. Cash and checks are always acceptable. Such

donations are used by the Prison Ministries Committee of the Diocese to purchase as many gifts and/or books as possible. Checks should be made out to St. Christopher's with CHIPS on the memo line. Please check out the information on the attachment. We will also be collecting cards and envelopes for prisoners to use to stay in touch with family. If you receive cards in the mail that you cannot use, please place them in the box in the vestibule. All gifts, books, checks, and cards must be received by October 30. **Barbara Hughes**, Delegate to Convention.

“A Word to the Church for the World”



The September gathering of the House of Bishops **Today, the Bishops issued a pastoral letter, “A Word to the Church for the World”**: “Greetings from Detroit, a city determined to be revived. Greetings also from the city of Flint, where we are reminded that the gift of water has for many of our brothers and sisters become contaminated. Here we have been exhorted to set our sights beyond ourselves and to minister to the several nations where we serve and the wider world. We lament the stark joylessness that marks our present time. We decry angry political rhetoric which rages while fissures widen within society along racial, economic, educational, religious, cultural and generational lines. We refuse to look away as poverty, cruelty and war force families to become migrants enduring statelessness and demonization. We renounce the gun violence and drug addiction

that steal lives and crush souls while others succumb to fear and cynicism, abandoning any sense of neighborliness. Yet, in all this, “we do not despair” (2 Cor. 4:8.). We remember that God in Christ entered our earthly neighborhood during a time of political volatility and economic inequality. To this current crisis we bring our faith in Jesus. By God’s grace, we choose to see in this moment an urgent opportunity to follow Jesus into our fractured neighborhoods, the nation and the world. Every member of the church has been “called for a time such as this.” (Esther 4:14) Let prophets tell the truth in love. Let reconcilers move boldly into places of division and disagreement. Let evangelists inspire us to tell the story of Jesus in new and compelling ways. Let leaders lead with courage and joy. In the hope of the Resurrection let us all pray for God to work through our struggle and confusion to accomplish God’s purposes on earth.” *Signers/writers of the pastoral letter include our Bishop Rob.*

Prayers of the People

Pray for Anne Darrah’s cousin, **Eva Brown** who is in a Nursing Home Please pray for Terry and Joan Stevens daughter-in-law **Theresa** who passed away after a long battle with breast cancer; Danielle LeClair’s friend, **Sandi**, a 45 year old mother of four and a dear friend who has breast cancer; please pray for **Ken Swenson** as he continues to recover from rotator cuff surgery; **Dawn Hodges** a friend of Terri McDermott; Deb Pothier’s granddaughter **Ellie Laura McCabe**; for **Zach**; **Bill Steinhoff** going through cancer treatment; **Liz Naters-Gamarra and Carmen**, Miriam’s daughter and mother; **Ann Donovan**; **Kate**; **Joan and Ron Ruggiero**, and **Josephine Herbert**; **Brayden**; **Matty**; **Ian**; for Christine’s friend **Christine**; for **Cheryl**; for **Ryan**; for **Jacqueline**; for Natalie’s brother **Lorin** and for **George Gallo, Jr.**; for Mark and Ingrid’s son **Eric** who with God's grace is in safe hands. **Serving in the Military**: Please pray for Del’s cousins, **Daniel**, **Matthew** and **Sandra**, for **Paul**.

Parish Cycle of Prayer: David, Kim, Brianna, David, and Julia Marie Angelini; Tom and Peggy Baker; Paul, Jennifer and Helen Barkworth; April, Mike, Oliver, and Max Bergeron

.Attendance

9/13, Tuesday, 5, WBS

9/15, Thursday, 7 9/17, Saturday, 7

9/18, Sunday, 8:00am, 26; 10:15am, 58

THE
Episcopal
CHURCH



SEPTEMBER 25, 2016 – NINETEENTH SUNDAY AFTER PENTECOST (C): SOCIAL MEDIA SUNDAY

Often, worshippers are asked to put away their devices during worship service, but you won't hear that on Social Media Sunday. Why? Because Jesus said so.

Jesus said to them, "Go into all the world and preach the gospel to all creation." Mark 16:15

With over 2.3 billion users of social media* around the globe and 1 million new social mobile users added each day*, going into the world to share good news requires using new tools to be where people are.

Social Media Sunday is the day set aside for Christians everywhere to use digital devices intentionally to share their life of faith with the world. Started at Trinity Episcopal Church in Tariffville, Connecticut in 2013, Social Media Sunday has grown over the years since to include people of faith everywhere. In 2015, thousands of people participated by sharing status updates, check-ins, photos, videos, and links on their social media accounts. The date for Social Media Sunday has been permanently set for the last Sunday in September.

How can you be a part of digital evangelism today (and every day)? Check out the ideas in the graphic at right.

Whatever you do, include the hashtag #SMS16 with your post! Simply type #SMS16 anywhere in your post or in the description of a picture or video you share.

There are more ideas and over a thousand friendly people ready to answer your questions on the Facebook group for Social Media Sunday, <https://www.facebook.com/groups/SMS15/>.


Join and learn more about how you and your church can use new tools on #SMS16 - and every day - to share the good news and be the Church online.


*Social Media statistics found here: <http://bit.ly/2c9F6wR>


** Graphic shared with permission from Joelle Colville-Hanson, Director of Evangelical Mission at Evangelical Lutheran Church of America.


**SOCIAL MEDIA SUNDAY
SEPTEMBER 25, 2016
#SMS16**


Ways to Participate:


 Check in to Facebook, Update your Status & tell everyone you are at Church

 Tweet the sermon!

 Instagram a Selfie from Church!

 Make a Pinboard about your church and pin something from your church website

 Video a snippet from church on your phone and upload it to YouTube

 Snapchat a story from church

**Don't forget the #SMS16
Hashtag!**