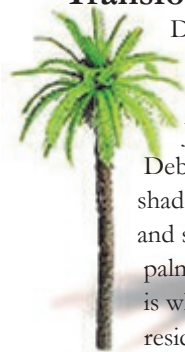


Transforming Women's Lives



Deborah's House was named after one of the greatest woman leaders in the Old Testament (Book of Judges). In addition to being brave, Deborah was also wise. Meeting in the shade of a palm tree, she would counsel and settle disputes for her village. The palm tree symbolizes an oasis, and that is what we want to provide to our residents as they resume healthy, successful lives.

When space allows, Deborah's House will be available to any woman who has been recommended by a recovery program and who has no safe home to return to.

Located on the northwest side of San Antonio near the medical center, our eight-bed facility includes a beautiful kitchen, four bedrooms and a common area. With ready access to bus lines,



residents will have transportation to and from work, school, or training program as they rebuild their lives.



"Many social services treat just the symptoms, and we need a place where Spirituality is intentional to treat the whole person."

Rev. Lorenza Andrade-Smith

A Veteran and United Methodist pastor living on the streets in solidarity with the poor and marginalized.

About Travis Park UMC

Established in 1846, our church is grounded in history and vision.

Today, the people of Travis Park Church continue seeking to make the world a better place through transformation of self and community. We serve and learn as brothers and sisters from all walks of life: rich and poor, housed and homeless, gay and straight, black and brown and white, secular and sacred, PhD and GED. Since its beginning in 2005, Café Corazon has provided breakfast and spiritual food to hundreds of poor and marginalized people each Sunday morning. Guests come to eat, worship, shower, receive a change of clothes and hygiene kit and to see volunteer medical professionals. Through real-life, face-to-face ministry, today's Travis Park UMC continues the commitment to outreach ministry that has been here for the life of this historic church.



How You Can Help

Pray for the women and for this ministry.

Mentor a resident, meeting with her regularly for encouragement and support.

Give generously to help with expenses and future growth. Contributions are much-needed and deeply appreciated. Donations can be sent to TPUMC or made through PayPal. Go to www.travispark.org/deborahshouse to learn more.

Hire a Deborah's House resident.

You'll get much more than just a great employee; you'll have a team of people -- mentors, church family, sponsors, and the staff of Deborah's House -- providing support and encouragement.

Deborah's House provides a safe homelike environment for women in transition from a substance abuse or emotional trauma recovery program to a life of self-sustainable confidence through compassionate mentoring and support of spiritual and personal growth.

DEBORAH'S HOUSE
transitional housing for women in recovery



A Ministry of Travis Park United Methodist Church

230 East Travis Street
San Antonio, TX 78205
210.226.8344 (fax)
210.268.3314 (Deborah's House)

www.travispark.org/deborahshouse

PayPal™



Facts About Recovery & Relapse

Substance abuse is one of the leading causes for homelessness and incarceration. Equally alarming is the finding that the relapse rate is 40-70%. While relapse is predictable, there are programs that can reduce the probability.

Some Facts to Consider:

SAMM Ministries lists the following causes for homelessness:

- **Substance abuse and the lack of needed services**
- **Lack of affordable housing**
- **Mental illness and the lack of needed services**
- **Poverty**
- **Domestic violence**
- **Unemployment**



The Vera Institute of Justice conducted a survey of jail inmates in Los Angeles, CA regarding the hurdles inmates faced upon release. The five most common reentry priorities necessary to reintegrate into society from jail, as self-reported by inmates are:

- **Employment (73%)**
- **Housing (34%)**
- **Substance use (33%)**
- **Relationships (26%)**
- **Staying out of trouble (23%)**

In other words, a lot of things have to be in place to avoid relapse. In a report to the Robert Wood Johnson Foundation, researchers also found:

Addiction is rooted in a physical, mental and spiritual imbalance.

There is a necessity for a substance-abuse treatment model that gives credence to the mind-body-spirit connection.

The Program

Residents will stay at Deborah's House while continuing their outpatient recovery and practicing life skills as they pursue full-time work or school. With faith-based mentoring and an environment of support and accountability, women addicts are more likely to continue the journey of healing. Spiritual growth in a home church will build social and spiritual networks for a lifetime. A volunteer mentor, trained specifically for this ministry, will give support and personal attention to each resident. Having looked at the research, **Deborah's House believes that relapse is preventable when four underlying goals are met:**

Sobriety

Women may be accepted in to Deborah's House with the recommendation of their counselors upon completion of a 60-90 day recovery program, ongoing attendance at 12-step or other support groups and an ongoing relationship with a sponsor.

Safety

Through having a safe place to live, on a closed campus, residents pay no rent the first month and rent after that based on 30% their net income, not to exceed \$300 per month. Residents who are attending school or training programs pay even less.

Spirituality

Through exploration of the mind-body-spirit connection by residents meeting weekly with a spiritual mentor who is trained in the *Genesis Process*, a faith-based relapse prevention program; and by participating weekly in a faith community of the resident's choice.

Solvency

Through obtaining employment and/or training that provides a living wage and true independence. Deborah's House provides the space and the time to rebuild and transforms lives.

Deborah's House is a non-smoking campus.

DEBORAH'S HOUSE

transitional housing for women in recovery

We welcome your support.

Name(s) *Please print clearly.*

Street Address:

City, State, Zip:

Phone:

Email:

_____ Amount enclosed.

_____ I would like to learn more about becoming a mentor.

_____ I would like to speak with someone about hiring a Deborah's House resident.

Please make check payable to **Deborah's House.**

Send to: **Deborah's House**

Travis Park United Methodist Church
230 East Travis Street
San Antonio, TX 78205

Applications for residents and information about becoming a mentor are available at www.travispark.org/deborahshouse, or contact Deborah's House at 210.268.3314.

