

## **2019 Bible Reading Plan (New Testament)**

### Before Reading.

- Centering prayer--- Pray for illumination, “Lord, open my heart and mind by the power of the Holy Spirit,” and remain in silence.

### Reading.

- Read slowly, keeping any words or phrase that come to your mind, and mark on them.
- Close eyes and meditate on what you read.
- Take a note if you have question, inspiration.

### After Reading

- Ask yourself, “what does God speak to me today in this chapter?”
- Live it out through the day in your life.

\* St Paul’s Daily Bible Reading blog is under way. It will help your reading with commentary and guide electronically.