

**MOUNZION**  
 UNITED METHODIST CHURCH  
*serving Christ & the community since 1831*

**O C T O B E R    2 0 1 9    N E W S L E T T E R**

**Through the Windows**

Mt. Zion exists to ...  
 + Love God  
 + Communicate God's love to families and individuals in our community and beyond



**Don't Settle for Sheila**

According to sociologist and historian Robert Bellah, most Americans follow the religion of Sheila or Sheilaism. We've all heard of Methodists, Baptists, and Presbyterians, but what is the world is Sheilaism?

Sheila Larson is a nurse who states her beliefs as follows:  
 "I believe in God, but I'm not a religious fanatic. I can't remember the last time I went to church. My faith has carried me a long way—it's Sheilaism. It is my own little voice. It's try to love yourself and be gentle with yourself. You know, take care of each other. I think He would want us to take care of each other." (*Habits of the Heart. Bellah. p.221*)

Sheilaism is "what is good for Sheila." No one but Sheila knows the codes of Sheilaism. Often, Sheila doesn't know herself, until something "doesn't feel right." Sheilaism is the religion of "me." In the end, it only looks out for self and it can never build genuine community or an authentic love for others.

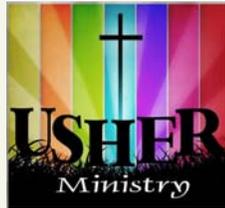
According to Bellah, Sheliaism is the natural expression of current American religious life, and, in effect, it has created over 300 million different American religions—one for each of us.

Not very many people admit to being an adherent of Sheliaism, but sadly most people are devoted followers of this widespread, but seldom acknowledged religion. Sheilaism is as old as humanity, and it always falls short. So do not settle for Sheila. It always has, and always will fail.

The first of the Ten Commandments tells us, *"I am the LORD your God, who brought you out of Egypt, out of the land of slavery. You shall have no other gods before me"* (Exodus 20:2,3).  
*...Continued on page 3*

**CHURCH STAFF**

<b>Pastor</b>	<b>Rev. Jimmy Boone</b>
<b>Lay Leader</b>	<b>Tommy Henderson</b>
<b>Children's Ministries Coordinators</b>	<b>Brooke Miles &amp; Sarah Andrews</b>
<b>Youth Coordinator</b>	<b>Kim Rhames</b>
<b>Nursery Director</b>	<b>To Be Filled</b>
<b>Pianist</b>	<b>Greg Waldrep</b>
<b>Organist</b>	<b>Jeannie Boehmler</b>
<b>Secretary</b>	<b>To Be Filled</b>
<b>Custodian</b>	<b>Mary Canty</b>
<b>Newsletter Editor</b>	<b>Sarah Andrews</b>



6- Tommy Henderson & William Spear  
Alt. Buddy Pittman

13- James Baker & Buddy Pittman  
Alt. Tommy Henderson

20- Tommy Henderson & Walter Champagne  
Alt. William Spear

27- William Spear & James Baker  
Alt. Tommy Henderson

**HOSPITALITY:**

6- Hank Holland

13- Micki Thornhill

20- Jeannie Boehmler

27- Carolyn Garnett

**BIRTHDAYS**

2-Kaitlyn Howard  
4-Jeffrey Fitzgerald  
7-Samantha Anderson,  
Suzanne Oliver  
8-Adel Gannon, Christian Clack  
9-Jim Gibson  
13-Rita Leffler  
18-Ann Wright  
26-Tex Helms, Eli Clack  
31-Johnny Fitzwater



9-Ben & Brooke Miles

25-Buddy & Kathy Pittman



Please Contact Hank Holland if interested in placing Flowers in the church

**COMMITTEE MEETINGS**

14-Finance @ 6PM  
28-Admin Council @7PM  
7-Trustee now meets Qtrly  
UM Men @7:30AM now meets Qtrly

**Every Sunday:**  
Choir Practice @5pm  
Prayer Mtg in Joy Class @6pm

**Every Wednesday:**  
Supper @5:30-6:30pm  
Children Ministries @6:30pm

**UPCOMING EVENTS**

1-Revival w/Rev. Artmann  
2-Revival w/Rev. Artmann-Youth Night  
13-Youth Sunday  
20-Charge Conference @2:30pm Epworth UMC  
24-Golden Agers Luncheon at Yoders. Meet at 9:30am at church  
26-Hallelujah Festival 530-730pm, see Terri Shepherd for more info

...Cont'd from Page 1

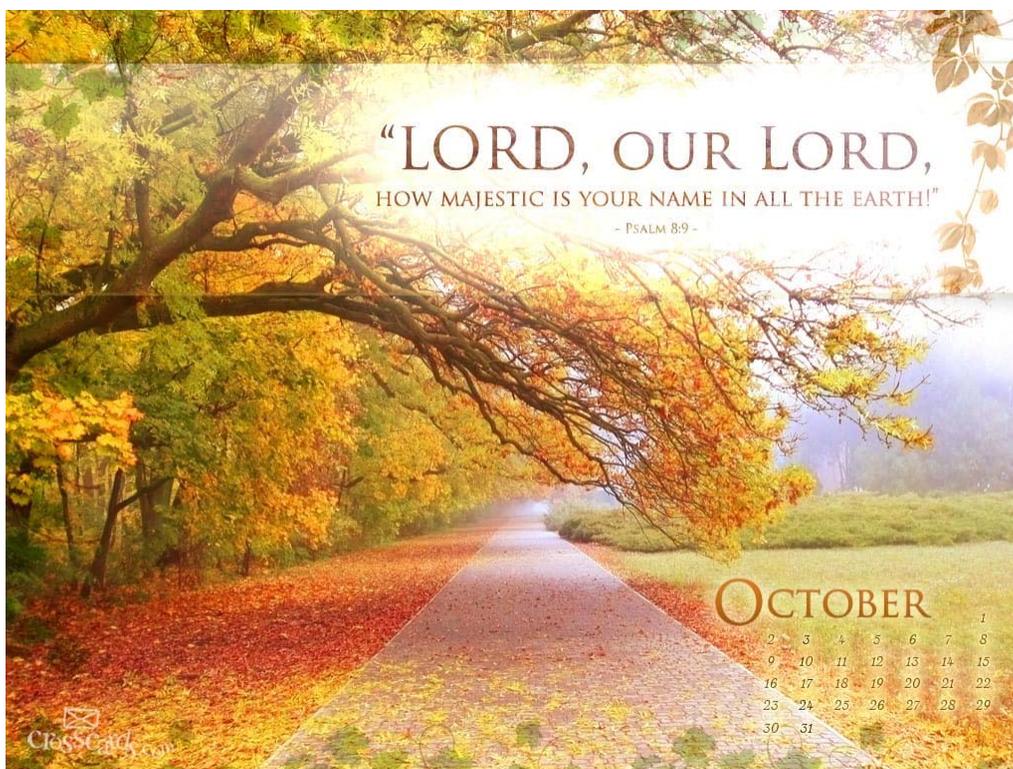
Many think God began the Ten Commandments this way because people have a strong tendency to put their own perceived self-interest and desires above everything else. But when we find ourselves in difficulty or need, we quickly discover what a woefully inadequate god we are. We find ourselves “slaves in Egypt”—powerless to escape.

So God says, “Don’t settle for Sheila.” Instead look to the LORD God, the only One who is powerful to save, full of steadfast mercy and love. God tells us to choose life, goodness, love, forgiveness, joy, and peace. God says choose church, and people who have loved you for generations. God says choose wisdom and truth.

Mt. Zion is filled with people who have chosen the LORD over Sheliaism, since 1831. For 188 years you have shown others an authentic, real and lasting faith. You have shown Jesus to a world seeking to find its way.

I continue to love and pray for you.  
You Matter to God,  
Tommy Artmann

\*Special thanks to Dr. Artmann, who was at Mt. Zion last week for Revival, for writing this month’s newsletter article.

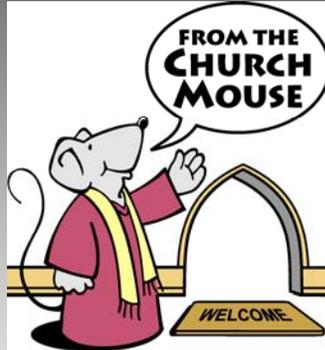


Through our Gifts

2019 General Fund Budget: \$ 114,081

Weekly Budget Needs: \$ 2,193.87

# ANNOUNCEMENTS



## Wednesday Night Supper

9-Anna Walton  
16-Miki Thornhill  
23-Tommy & Gayle  
Henderson  
30-Open

## The United Methodist Men

The Men's breakfast is the 4th Sunday of each month at 7: 30am and all men are encouraged to attend.



## FINANCE

All is well. We are planning for the future which is always subject to change. We try to anticipate and make adjustments in our planning as needed. Our Youth and Children's Ministry Funds are being carefully managed their leaders to provide the best worship and teaching experiences for our kids. As always, you are welcome to attend meetings on the 2<sup>nd</sup> Monday of each month at 6:00 p.m.

If anyone has old keys that they want to get rid of, please give them to Monica Nelson, Micki Thornhill, or Kathy Pittman. Any keys, to any lock are welcome. We have a ministry through the Walk to Emmaus that we use them in and would appreciate any donations you may have.



Bringing back the good ol' days...wearing hats!

The 3rd Sunday of each month, you are encouraged to wear a fancy to church. Ladies may wear theirs during service, but men must leave theirs at the door.

## PRAYER CHAIN

Our church has a prayer chain. Carolyn Garnett is the first person on the list. If you have a need or know someone who has a need for prayer, please let Carolyn know. She will start the chain for prayer. Also, please let Pastor Jimmy know if you or someone you know has a need in which the church family can assist.

Carolyn Garnett (334) 297-7177



MT. ZION  
UNITED METHODIST  
CHURCH

2616 Lee Road 243  
P.O. Box 205  
Smiths Station, Alabama 36877

Phone: (334) 298-4337  
Pastor Email: BroJBoone@charter.net  
E-mail: mtzionumcsmiths@gmail.com  
Pastors Cell: (205) 393-5873

Mount Zion United Methodist Church  
P.O. Box 205  
Smiths Station, Alabama 36877