

# BEST TASTING *Dream* PROTEIN™

**HORMONE FREE\***  
**WHEY PROTEIN!**

\*From New Zealand "Meadow Fed" Cows Not Given rBGH or BST Hormones

TM

**In 2 Delicious Flavors:**

- ▶ **Creamy French Vanilla**
- ▶ **Rich Dutch Chocolate**

**Dream Protein™** leads the "whey" with its proprietary **Hormone Free, Ultra-Low Temp™** Whey Protein Isolate. We start with hormone free whey from New Zealand cows that are "Meadow Fed" and not given any rBGH or BST Hormones!

**Dream Protein™** is also made with an **Ultra-Low Temp™** process, which is beneficial because the protein is not denatured (damaged) from an extensive heat treatment. This means that you'll receive all the essential and non-essential amino acids plus the full complement of whey proteins!

**Dream Protein™** also contains a soluble fiber, Fructooligosaccharides (FOS), that has been shown to encourage growth of favorable bacteria which help to strengthen the immune system, assist in the digestion of food and help promote regularity.



## NO

- ▶ Aspartame
- ▶ Glutamates
- ▶ Artificial Sweeteners
- ▶ Hydrolyzed Whey Protein
- ▶ Added Sugar

## LOW

- ▶ Carbohydrate
- ▶ Fat
- ▶ Cholesterol
- ▶ Sodium
- ▶ Lactose
- ▶ Glycemic Index

The unique ingredients in Dream Protein™ may help to:

- ▶ Boost Immune System
- ▶ Enhance Energy Levels
- ▶ Maintain Lean Body Mass
- ▶ Maintain Healthy Weight Management

Whey protein is an excellent choice for individuals of all ages. It provides a number of benefits in areas including sports nutrition, weight management, immune support, bone health and general overall wellness!

**Ceautamed**  
WORLDWIDE, LLC

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**Dream Protein is one of the "whole food" products in the Healthy Living Kit.**

# Read What The Experts Say:

Development of high-protein, low-carbohydrate beverages might provide health benefits for individuals suffering from diabetes, obesity and hypercholesterolemia, especially when these beverages contain dairy protein fractions known to be high in essential amino acids and branched-chain amino acids.

Etzel, M.R., "Manufacture and Use of Dairy Fractions", *J Nutr.*, 2004 Apr: 134(4):996S-1002S

The two major risk factors contributing to the worldwide incidence of cardiovascular disease are hypertension and dyslipidemia. Whey based peptides have demonstrated activity that may reduce both risk factors.

Sharon K. Gerdes, Wes Harper, PhD., G. Miller, PhD., "Bioactive Components of Whey and Cardiovascular Health", *Application Monograph, Cardiovascular Health*, 2001

The proteins...of whey...belong to the proteins with the highest biological value because of their amino acid composition. Biological active peptide sequences which become effective during digestion...are of importance for secretion of entero-hormones as well as for immune enhancing effects.

Barth CA, Behnke U., "Nutritional Physiology of Whey and Whey Components", *Nahrung*. 1997, Feb:41(1):2-12

Epidemiological and experimental studies suggest that...dietary milk products may exert an inhibitory effect on the development of several types of tumors...whey protein diets result in increased glutathione (GSH) concentration in a number of tissues and that some of the beneficial effects of whey protein intake are abrogated by inhibition of GSH synthesis.

Bounous G., Batist G., Gold P., "Whey Proteins In Cancer Prevention", *Cancer Lett.* 1991, May 1:57(2):91-4

## Typical Amino Acid Composition in Milligrams Per Serving

### Essential Amino Acids      Milligrams Per Serving

Alanine	1344
Arginine**	648
Aspartic Acid	2544
Cystine**	600
Glutamic Acid	4800
Glycine	456
Histidine**	432
Isoleucine (BCAA)*	1608
Leucine (BCAA)*	2640
Lysine*	2328

### Amino Acids      Milligrams Per Serving

Methionine*	504
Phenylalanine*	840
Proline	1560
Serine	1200
Threonine*	1632
Tryptophan*	480
Tyrosine**	792
Valine (BCAA)*	1488

\*Essential Amino Acid    \*\*Conditionally Essential Amino Acid

## Dream Protein Vanilla

### Supplement Facts

Serving Size: 1 Scoop (24 g)

Servings Per Container: 30

	Amount Per Serving	% Daily Value
<b>Calories</b>	86	
Calories from Fat	0	
<b>Total Fat</b>	0g	0.00%
Saturated Fat	0g	0.00%
Trans Fat	0g	0.00%
<b>Cholesterol</b>	21.5mg	7.00%
<b>Total Carbohydrate</b>	3.4g	1.00%
Dietary Fiber	0	0.00%
Sugars	<1g	
<b>Protein</b>	20g	40.00%
<b>Calcium</b>	83mg	8.30%
<b>Phosphorus</b>	56mg	5.6%
<b>Magnesium</b>	8.6mg	2.15%
<b>Sodium</b>	45mg	1.80%
<b>Potassium</b>	94mg	2.60%

\*Percent Daily Values are based on a 2,000-calorie diet.

**Ingredients:** Protein Blend (Ultra-Low Temp Whey Protein Isolate, Whey Protein Concentrate), Fructooligosaccharides (FOS-Soluble Fiber), Xanthan Gum, Natural Vanilla, Stevia.

This product is not manufactured in a plant that uses nuts.  
Contains Whey Protein Isolate (milk) and Whey Protein Concentrate (milk).

**Mixing Instructions:** As a dietary supplement, take one or more scoops daily to supply your diet with protein. Mix one level scoop with 6-8 ounces of water, milk or your favorite beverage.

## Dream Protein Chocolate

### Supplement Facts

Serving Size: 1 Scoop (24 g)

Servings Per Container: 30

	Amount Per Serving	% Daily Value
<b>Calories</b>	86	
Calories from Fat	0	
<b>Total Fat</b>	0g	0.00%
Saturated Fat	0g	0.00%
Trans Fat	0g	0.00%
<b>Cholesterol</b>	21.5mg	7.00%
<b>Total Carbohydrate</b>	3.4g	1.00%
Dietary Fiber	0	0.00%
Sugars	<1g	
<b>Protein</b>	20g	40.00%
<b>Calcium</b>	83mg	8.30%
<b>Phosphorus</b>	56mg	5.6%
<b>Magnesium</b>	8.6mg	2.15%
<b>Sodium</b>	45mg	1.80%
<b>Potassium</b>	94mg	2.60%

\*Percent Daily Values are based on a 2,000-calorie diet.

**Ingredients:** Protein Blend (Ultra-Low Temp Whey Protein Isolate, Whey Protein Concentrate), Fructooligosaccharides (FOS-Soluble Fiber), Cocoa, Xanthan Gum, Stevia.

This product is not manufactured in a plant that uses nuts.  
Contains Whey Protein Isolate (milk) and Whey Protein Concentrate (milk).

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## ASK FOR YOUR FREE SAMPLE!

