



Synergy



Young Artists Academy

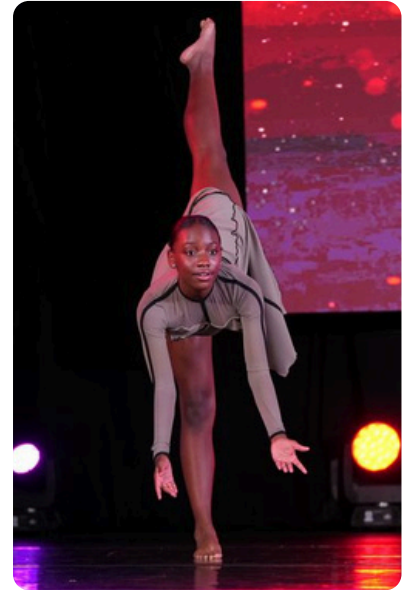
PROGRAM INFORMATION GUIDE

2026-2027

DANCERS AGES 6-18

SYNERGY & YAA

ENSEMBLE PROGRAMS



'Give Your Child a Lasting Gift'

TABLE OF CONTENTS

Elevate Your Training 04

Program Benefits & Values 02

Program Commitment 05

Program Benefits & Values 06

Program Overview 07

Synergy Ensemble 08

Young Artists Academy 09

Financial Commitment Overview 08

Auditions & Placement 12

Season Overview 14

Training Program Auditions 15



ELEVATE YOUR DANCE TRAINING

At Norma's Academy of Dance, our training programs are designed to support dancers at every stage of their journey.

From developing performers to dedicated artists pursuing higher-level training, our structured pathways help dancers grow in technique, confidence, artistry, and commitment while experiencing meaningful mentorship and performance opportunities along the way.

Each program is rooted in the values that define the NAOD experience:



CORE VALUES

Excellence

To grow with discipline, focus, and purpose.

Community

Where dancers support one another and grow together.

Passion

The love for dance that inspires commitment and joy

Trust

Connection between dancers, families, and staff.

Inclusivity

Seeing, encouraging, and supporting every dancer.

At NAOD, dancers develop the resilience, responsibility, and confidence that stays with them.

PROGRAM COMMITMENT



Participation in NAOD's Training Programs requires a meaningful commitment from both dancers and their families.

Dancers in **Synergy**, the **YAA Training Program**, and the **Young Artists Academy Ensemble** are expected to make dance a priority throughout the season. This includes **choosing dance as a priority over other extracurricular activities.**

While some programs offer more flexibility than others, attendance at scheduled classes, rehearsals, performances, competitions/conventions, workshops, and summer intensive requirements is expected.

By accepting an invitation to join one of these programs following auditions, dancers and families are committing to uphold these expectations and fully participate in the training and performance opportunities provided throughout the season.

Sincerely,

The NAOD Team



PROGRAM BENEFITS & VALUES

Confidence & Character

Through structured training, additional performance opportunities and mentorship, dancers develop confidence, resilience, and a strong sense of self.

Community

Our training programs create a supportive environment where dancers learn to collaborate, encourage one another, and grow together.

Technical & Artistic Excellence

Students receive well-rounded training designed to challenge them technically while also developing artistry and expression.

Preparation for Future Success

The discipline, time management, and leadership learned in our programs prepare dancers for success in any path.

Program Perks

- Professional photoshoots
- Mentorship and artistic guidance from peers and NAOD faculty
- Team bonding activities
- Guest artist workshops and choreography
- Additional performance opportunities



PROGRAM OVERVIEW

at a glance



OPPORTUNITIES	SYNERGY ENSEMBLE	YAA TRAINING PROGRAM	YAA ENSEMBLE
Training Level	Beginner-Intermediate	Intermediate-Advanced	Intermediate- Pre-Professional
Ages	6-12	6-18	6-18
Class Requirements/Week	3 Required Classes (Enrichment classes; select dancers may audition for YAA-level training classes)	3-5 Required Classes (YAA-level training classes)	5-8 Required Classes (YAA-level training classes)
Competitions	2	N/A	3
Conventions	1	N/A	2-3
Community Performances	✓	N/A	✓
Guest Artist Workshops (In-Studio)	Optional	Optional	✓
NAOD Performances	Holiday, Spring, Ensemble Showcase	Holiday, Spring	Holiday, Spring, Ensemble Showcase
Rehearsals	1 weekly	Seasonal rehearsals (Holiday Production)	1-2 weekly rehearsals
Hours/Week	~3 hours	~3-6 hours	~5-10+ hours
Summer Training Requirement	NAOD Elevate Intensive	NAOD Elevate Intensive	NAOD Elevate Intensive Additional summer programs recommended
Investment	\$\$	\$\$	\$\$\$
Type of Dancer	For dancers ready to grow and explore more structured training.	For serious dancers committed to high-level training	For highly motivated dancers pursuing advanced training and expanded performance opportunities.

**Optional program offerings are an additional cost*

Student groupings may vary from year to year based on enrollment and dancer placements.



SYNERGY ENSEMBLE

For the developing dancer ready to train, perform, and grow.

Synergy is NAOD's talent development program designed for dancers who are ready to deepen their commitment to dance while maintaining a balanced training schedule compared to the Young Artists Academy Ensemble.

The program bridges the gap between Enrichment training and advanced ensemble work by providing structured classes, rehearsals, and performance opportunities.

Dancers in Synergy :

- Train in ballet, jazz, and tap or contemporary through weekly classes
- Participate in two competitions and one convention per season
- Perform in NAOD productions
- Attend additional in-studio workshops with guest artists
- Develop strong teamwork, discipline, and performance skills

Synergy is ideal for dancers who love performing and are ready to take the next step in their training.

Audition Required:

Dancers are selected based on potential, work ethic, and readiness for the program.



Young Artists Academy

Ensemble & Training Program



NAOD's highest level of training and artistic development. The Young Artists Academy (YAA) program includes two pathways for dancers to **pursue focused technical growth** or **participate in the full performance ensemble experience**.

YAA Training Program

Designed for dancers seeking advanced technique training without the full performance or competition commitment of the ensemble.

Dancers in this program:

- Participate in advanced technique classes within the Young Artists Academy curriculum
- Train in 3-5 styles based on level, including ballet, jazz, tap, contemporary, and modern, plus optional elections
- Perform in the Holiday Concert and Spring Concert
- Attend seasonal Holiday Production rehearsals

YAA Ensemble

NAOD's pre-professional company for dancers committed to the highest level of training and performance.

Ensemble dancers:

- Train multiple days each week in advanced classes and rehearsals
- Participate in 3 competitions and 2–3 conventions each season
- Perform in the Holiday Production, Spring Concert, and Ensemble Showcase
- Work with guest artists and participate in additional performance opportunities and community events

FINANCIAL COMMITMENT OVERVIEW

Tuition for required classes is due on the 1st of each month.
Ensemble fee installment payments (when applicable) are due on the 15th of each month.

Category	YAA Training	Synergy Ensemble	YAA Ensemble
Tuition (Monthly)	✓	✓	✓
Membership Fee	✓	✓	✓
Ensemble Fee	N/A	✓	✓
Installment Options	N/A	1, 2, or 11	1, 2, or 11

Ensemble Fees

- Competition and convention entry fees
- Weekly rehearsals
- Choreography and routine development
- Costumes for ensemble routines
- Ensemble Showcase production costs (theater rental, video, and one complimentary ticket)
- Administrative planning and staffing for performances and team events

Additional Fees – *Exact pricing will be provided upon program acceptance*

Category	YAA Training	Synergy Ensemble	YAA Ensemble
Summer Intensive	✓	✓	✓
Attire & Dancewear	✓	✓	✓
Holiday/Spring Concert Performance Fees	✓	✓	✓
In-Studio workshop classes with guest artists	✓	✓	Included
Solos, duets, trios, or additional group routines (<i>by invitation only</i>)	N/A	N/A	✓

SEASON COMMITMENT

Enrollment in NAOD's Training Programs represents a commitment to the **entire dance season**.

Once dancers accept placement in **Synergy, the YAA Training Program, or the Young Artists Academy Ensemble**, families are committing to participate for the full season. Program fees and associated costs are planned and distributed in advance for competitions, conventions, performances, choreography, and costumes.

Because many expenses are paid to third-party organizations and vendors ahead of time, **amounts paid toward membership fees, ensemble fees, workshops, competitions, conventions, or costumes are non-refundable**.

Families are encouraged to carefully review the program expectations before accepting placement to ensure the commitment is the right fit for their dancer.



Auditions & Placement

Important Dates & Commitment Timeline:

March 30: Training Programs Information Packet Released

April 14: Training Programs Interest Meeting (5:45 PM)

All interested parents are invited to join the NAOD team for an overview of our Training Programs. During this meeting, families will receive a more detailed look at the weekly training expectations, rehearsal schedules, performance opportunities, and financial commitments associated with each program. [RSVP HERE](#).

Note: All parents of dancers who are not currently enrolled in Synergy or the Young Artists Academy, are new to Norma's Academy of Dance, or are currently in an ensemble but auditioning for a higher level are required to attend this meeting. Attendance is mandatory for audition eligibility.

April 24: Audition Registration Due

All dancers interested in the training programs must be registered for auditions by April 24. Registration is open now. Complete the Audition Form [HERE](#) and register via Studio Pro [HERE](#). There is a \$25 audition fee.

May 3: Training Program Auditions

May 9: Audition Results Sent

Each dancer will receive an email that outlines their recommended placement for the 26-27 season along with a commitment contract. This contract is due May 15th.

Registration & Commitments

Upon receipt of the commitment form, dancers will automatically be enrolled in their required classes for the 2026-2027 season. Families must log into the Studio Pro Portal to review and accept all waivers by July 15. Tuition will automatically process on August 1 for those who have not submitted payment.



Auditions & Placement *(cont.)*

Important Dates & Commitment Timeline:

May 11-16 Priority Registration Week

Registration is encouraged during this week. The **registration fee will be waived for Synergy, YAA Training, and YAA Ensemble dancers** who register between **May 11–July 15**, provided that **August tuition is paid in full by July 15**.

May 15 Program Acceptance & Summer Intensive Payment Due

- Commitment Form
- Summer Intensive 50% Payment (or Pay in Full option)

June 1: Summer Intensive Balance Due

June 15-19: Elevate Summer Intensive*

Required for Synergy, YAA Training, and YAA Ensemble dancers.

June 15: Initial Payments Due

- Acceptance Deposit (Installment #1 + Membership Fee)
- Team Attire Orders

May 9: Registration Deadline

- Final day to qualify for the registration fee waiver
- Families must submit their August tuition payment by this date to avoid the registration fee
- Registration fees will apply after July 15

Season Launch:

August 1: August Tuition Auto-Draft + Registration Fee Applied

For families who did not complete early registration

August 3-9 Choreography Week

August 10: First Day of Classes

August 15: Ensemble Installment #2 Due



SEASON OVERVIEW

2026 – 2027

A detailed season calendar will be shared in August to help families plan ahead.

AUG

- August 3–9: Choreography Week (YAA Ensemble & Synergy)
 - August 10: 2026–2027 Season Classes Begin
 - Holiday Production Featured Roles Auditions
-

DEC

- Holiday Production Rehearsals
 - Holiday Production (Required for all programs)
 - Holiday Party (YAA Training, YAA Ensemble & Synergy)
-

JAN

- YAA & Synergy Ensemble Showcase
-

FEB - APR

- Competitions and Conventions
 - YAA Ensemble Concert (Advanced Levels)
-

MAY

- End-of-Season Celebration Event (YAA & Synergy)
 - Auditions for the 2027-2028 Training Programs
-

JUN

- NAOD Spring Concert
- Summer Intensive



2026-2027

Training Program Auditions



Important Dates & Commitment Timeline:

All dancers interested in participating in Synergy Ensemble, the YAA Training Program, or the Young Artists Academy Ensemble must audition each season.

We require both new and returning dancers to audition annually because auditioning is an important skill used throughout the professional dance world. The process also helps our faculty place dancers in the program where they will grow and thrive the most.

In addition to dance technique, dancers will answer brief questions between sections as a mock interview, helping them practice communication and confidence—valuable life skills that extend beyond the studio.

Dancers may select multiple programs, and final placement recommendations will be provided by the faculty following auditions.

Audition Registration

Please register for the audition based on your dancer's age as of January 1, 2027. On the audition form, families will indicate which program(s) their dancer would like to be considered for:

- Synergy Ensemble
- YAA Training Program
- YAA Ensemble

Register for auditions by April 24:



SCAN HERE

For a complete skill list to prepare for auditions, click [here](#).

Audition Schedule – Sunday, May 3

Age Group	Check-in Time	Audition Time	Age Group
Ages 6-8	10:30 AM	11:00 AM – 1:00 PM	Ages 6-8
Ages 9-12	1:00 PM	1:30 PM – 3:30 PM	Ages 9-12
Ages 12+	3:30 PM	4:00 PM – 6:00 PM	Ages 12+

Training Program Auditions cont.

Audition Format

The audition will consist of three genres:
Ballet, Jazz, and Contemporary

The audition is designed to be a positive and encouraging environment where dancers can demonstrate both their technical ability and their artistic voice.

During the audition, dancers will:

- Learn and perform a short combination in each genre
- Demonstrate certain technical skills
- Participate in improvisation during the contemporary portion
- Answer a few brief questions between sections as part of the mock interview

Audition Attire

Dancers should arrive dressed in the following attire for auditions:

Leotard

Please avoid gymnastics leotards or leotards with attached skirts.

Skin-tone convertible tights

(All dancers should be prepared to pull tights up for the contemporary portion of the audition.)

Tan slip-on jazz shoes

Ballet Shoes

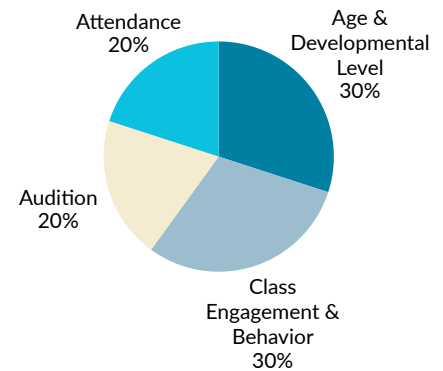
(Leather shoes sprayed to match tights/skin tone or skin-tone canvas shoes.)

Hair secured in a neat bun or puff

Dancers should arrive fully dressed prior to check-in.

How Placement Decisions Are Made

Faculty consider several factors to ensure dancers are placed in the environment where they will grow the most.



Audition Placement Criteria:

Age & Developmental Level – 30%

- Dancer's age relative to the group
- Emotional and social maturity
- Technical progression
- Ability to comprehend corrections and choreography

Class Engagement & Behavior – 30%

- Active listening and focus
- Following class expectations and dress code
- Respect for instructors and fellow dancers
- Motivation and work ethic

Audition – 20%

- Ability to pick up new choreography and combinations
- Performance quality
- Effort and enthusiasm

Attendance – 20%

- Class attendance
- Punctuality for classes and performances
- Commitment to program expectations (especially important for returning members)