

2025-2026



# PROGRAM GUIDE

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# ELEVATE YOUR DANCE TRAINING

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Norma's Academy of Dance offers training programs that empower dancers to grow with purpose. Whether your dancer is expanding their commitment or preparing for a professional path, our programs are designed to match their goals and dedication level.

Choose the path that's right for your dancer.

## Synergy

Synergy is a pre-competitive program for beginner to intermediate dancers ready to deepen their commitment to dance. With structured training, competitions, and added performance opportunities, the program builds confidence while nurturing growth.

**Audition required** – dancers are selected based on potential, attitude, and readiness for more focused training.

## Young Artists Academy (YAA)

The Young Artists Academy is an intensive program designed for serious, intermediate to advanced dancers pursuing high-level technical and artistic training. Students grow as complete artists through a set curriculum, mentorship, performance opportunities, and intentional artistic development.

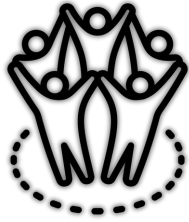
**Audition required** – dancers are selected based on skill, work ethic, and coachability.

# PROGRAM BENEFITS & VALUES

*Dance Lessons are Life Lessons*

## CONFIDENCE + CHARACTER

Through consistent training, performance opportunities, and mentorship, dancers develop confidence and attributes that extend beyond the studio. They learn to lead with purpose, embrace challenges, and take pride in their progress.

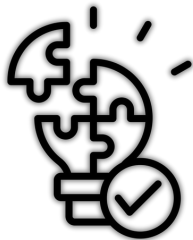


## COMMUNITY

Synergy and YAA students become part of a team that celebrates individuality while working toward collective excellence. Dancers form meaningful bonds, learn to support one another, and grow within a culture rooted in community and accountability.

## TECHNICAL + ARTISTIC EXCELLENCE

Our programs are designed to challenge and inspire. Dancers receive well-rounded technical training while developing their artistry through choreography, performance, and additional growth opportunities.



## PREPARATION FOR FUTURE SUCCESS

Whether dancers plan to pursue dance professionally or apply the life skills elsewhere, the experience gained in Synergy and YAA builds confidence, work ethic, time management, and leadership – tools for success in any path they choose.

## *Program Perks*



*Group Photoshoot*



*Team Building*



*Big & Little Mentorship*



# SYNERGY

*for the developing dancer ready to train,  
perform, and grow*

## PROGRAM OVERVIEW

Synergy is a pre-competitive program designed for beginner and intermediate dancers looking to deepen their commitment to dance. This program bridges the gap between our Enrichment and YAA tracks by offering a structured schedule, performance opportunities, and two competitions each season. Synergy helps dancers build confidence, consistency, and the skills needed for the next level of training.

## AGES + LEVELS

- Synergy I (Ages 5–7)
- Synergy II (Ages 7–11)
- Synergy III (Ages 12+)

*Ages are approximate - dancers will be accepted and placed based on skill*

## SUMMER CLASS REQUIREMENTS

- NAOD Summer Intensive (June 16–20)
- Summer choreography (August 4–10)

## CLASS REQUIREMENTS | AUGUST–JUNE

Synergy I & II - 3 hours/week

- 1 Ballet class
- 1 Tap class
- 1 Jazz class
- 1 Weekly rehearsal

Elective: Hip Hop

**Synergy III** - 3 hours/week

- 1 ballet class
- 1 jazz class
- 1 contemporary class
- 1 weekly rehearsal

Elective: Hip Hop & Tap

*Synergy I & III classes and rehearsals are held during the week. Synergy II classes and rehearsals are held on Saturdays.*

## PERFORMANCE REQUIREMENTS

- Holiday Concert (December 2025)
- Spring Concert (June 2026)
- Ensemble Concert (TBD)

## INVESTMENT

### Tuition Installments (August – May)

Tuition is based on the number of classes enrolled per week:

- **3 Classes (required):** \$206/month
- **4 Classes (required + 1 elective):** \$273/month
- **5 Classes (required + 2 electives):** \$330/month

Tuition is paid monthly via the DSP Portal

### SYNERGY ENSEMBLE FEE:

- \$2200 Annual Total

### PAYMENT OPTIONS:

- **1 installment** in full (June 16)
- **2 installments** (June 16 & November 3)
- **11 installments** beginning June 16 (remaining balance added to monthly tuition Aug–May)

### FORMS OF PAYMENT

- Money order, Cashier's Check, or DSP Portal

### NOTE: 11-Month Installment Plan

- Pay **via DSP Portal** (added to monthly tuition, due on the 1st; 3% processing fee)
- Pay **in person** via cashier's check or money order (payment schedule provided)
- **Choose one method** at the start of the season and stick with it through May 2026

# YOUNG ARTISTS ACADEMY (YAA)

*For the intermediate/advanced, dedicated dancer ready for year-round, high-level training and artistic growth.*



## PROGRAM OVERVIEW

The Young Artists Academy (YAA) is NAOD's most advanced training program for dancers committed to high-level growth. It includes exclusive classes, mentorship, and performance opportunities. Dancers participate in 2-3 regional competitions/conventions, a minimum of 2 group routines, and may be considered for solos, duets, or trios based on readiness.

## AGES + LEVELS

- **Pre-Academy** (ages 5-8)
- **Premier** (ages 8-12)
- **Stellar/Elite** (ages 12+)

*Placement based on technical ability, artistry, and growth potential.*

## SUMMER CLASS REQUIREMENTS

- NAOD Summer Intensive (June 16-20)
- Summer choreography (August 4-10)
- Optional outside intensives encouraged (Ages 10+)

## CLASS REQUIREMENTS | AUGUST-JUNE

*All hours + days / week are approximate. Hours include classes and rehearsal. Final schedules will be shared following auditions.*

- **Pre-Academy** - 3.75 / week (2-3 days)
  - **YAA II Ensemble:** additional rehearsals = 4.75/week total
- **Premier** - 6.75 hours / week (3 days)
- **Stellar/Elite** - 11.5 hours / week (4 days)

All YAA classes + rehearsals are held throughout the week.

## PERFORMANCE REQUIREMENTS

- Holiday Concert (December 2025)
- Spring Concert (June 2026)
- Ensemble Concert (TBD)

## INVESTMENT

### Tuition Installments (August – May)

- Based on program level: \$330- \$480/month

**Tuition is paid monthly via the DSP Portal**

### YAA ENSEMBLE FEE

- YAA II- Annual Total: \$3000
- YAA Premier - Annual Total: \$3600
- YAA Stellar/Elite - Annual Total: \$3800

\*Base Price - 1 Dancer w/ 2 Group Routine  
Membership Fee: \$200-\$250 (due June 16)

## PAYMENT OPTIONS:

- **1 installment** in full (June 16)
- **2 installments** (June 16 & November 3)
- **11 installments** beginning June 16 (remaining balance added to monthly tuition Aug-May)

## FORMS OF PAYMENT

- Money order, Cashier's Check, or DSP Portal

## NOTE: 11-Month Installment Plan

- Pay **via DSP Portal** (added to monthly tuition, due on the 1st; 3% processing fee)
- Pay **in person** via cashier's check or money order (payment schedule provided)
- **Choose one method** at the start of the season and stick with it through May 2026

# FIND THE RIGHT FIT FOR YOUR DANCER!

At Norma's Academy of Dance, we're committed to helping every dancer find the program that matches their passion, goals, and level of commitment. With a focus on excellence, growth, and community, each track provides valuable life and dance skills that extend far beyond the studio.

	<b>SYNERGY</b>	<b>YOUNG ARTISTS ACADEMY (YAA)</b>
<b>COMMUNITY PERFORMANCES</b>		✓
<b>WEEKLY PROGRAM-SPECIFIC TECHNIQUE CLASSES</b>		✓
<b>ATTENDS DANCE COMPETITIONS</b>	(2 per season) ✓	(2-3 per season) ✓
<b>SOLO OPPORTUNITIES</b>		By invitation
<b>NAOD CONCERTS &amp; SHOWCASES</b>	(Holiday, Spring, Ensemble) ✓	(Holiday, Spring, Ensemble) ✓
<b>TEAM BONDING EVENTS</b>	✓	✓
<b>INVESTMENT</b>	\$\$	\$\$\$
<b>HOURS / WEEK</b>	3	3.75- 10+
<b>REHEARSALS</b>	1 Weekly rehearsal	1-2 Weekly rehearsals (varies by level)
<b>REGISTRATION PROCESS</b>	Audition Required	Audition Required
<b>TYPE OF DANCER</b>	For beginner/intermediate dancers ready to grow and explore more structured training.	For intermediate/advanced serious dancers committed to high-level training

# WHAT PARENTS ARE SAYING



## *Young Artists Academy*

"So many wonderful things to say about Norma's Academy of Dance! I love the technique based training my daughter is receiving. I know no matter the direction she takes as a dancer she will have an adequate foundation to be successful. I also love the holistic approach to dance education. They truly focus on the whole artist and support each dancer's individual goals." -*Brianna M.*

"YAA has been just what my daughter has needed to elevate her technique. This experience has shown the possibilities she has in her dance career. From amazing workshops to competition, we both enjoy every minute of the Young Artists Academy! While it is hard work and takes a lot of dedication from both of us, my dancer wouldn't want to dance anywhere else!" -*Kennethia H.*

## *Synergy*

"Synergy has created both a positive and energetic environment for my child, which allowed her to feel confident and empowered to shine. Watching the team perform at the first competition was truly magical. Thank you to everyone at Norma's for your dedication, passion, and patience."

-*Erika H.*

"Being apart of the Synergy program has been a welcomed joy for our daughter. Before the program, she would have stage fright and limited confidence although she's been dancing since the age of 3. Since being apart of the program, we've seen first hand her confidence accelerate and vast improvement in her performance due to focused training, which the program provides. Over the last few months, she has shown a commitment to fostering relationships with her fellow Synergy sisters and also excelling as part of a team in competing in her first dance competition. We are extremely proud of her determination. We highly recommend this program!"

-*Angela C.*



# READY TO TAKE THE NEXT STEP?

Whether your dancer is ready to level up their training or explore new performance opportunities, we're here to help you find the perfect fit. Let's get started!

## AUDITION RSVP - MAY 10

Ready to join Synergy or the Young Artists Academy?  
RSVP for your audition time below:

- **Ages 5-7:** 1:30-3:00PM .....➔ [RSVP HERE](#)
- **Ages 8-11:** 3:15-4:45PM .....➔ [RSVP HERE](#)
- **Ages 12+:** 5:00-6:15PM .....➔ [RSVP HERE](#)

*All auditions held at NAOD Studio. Arrive 15 minutes early.*



## REGISTER EARLY & SAVE!

- ✓ 2025-2026 Class Registration begins **May 12**
- ✓ Registration Fee **Discount Deadline:** May 17
- ✓ Discounts removed May 18



*Don't miss your chance to save and secure your dancer's spot for the season!*

*Learn more!*

Have questions? Want to explore which program is right for your dancer? Stop by the front desk or email us at [\*\*ensemble@nadance.com\*\*](mailto:ensemble@nadance.com) — we're happy to help!