

## Welcome to NAOD!

A dancer's journey-moderate/beginner track

I want to explore and develop a love for dance while building a strong technical foundation!



dance for the first time!

I have never danced before but I'm excited to learn! I've been dancing for a few years—at NAOD or elsewhere—and I'm excited to grow my technique and explore new styles at a moderate level! Our season runs from August-May with performance opportunities in December and early June. Not ready to commit to a full session?

Try one of our short-term sessions—designed to fit your schedule and commitment level!

4–6 week sessions offered in the Fall and Spring, featuring a variety of dance styles.

### **SOAR PROGRAM**

Ages 3-5

### Levels:

Ages 3-4 Ages 4-5

Classes: Ballet/Jazz Combo, Ballet/Tap Combo, Hip Hop (Ages 4+)

(Ages 4+)

★ Recommended: 1–2 classes per week to build consistency and confidence

### **ENRICHMENT PROGRAM**

Ages 5-18

### **Levels:**

Ages 5-7

Ages 7-10

Teen I (Ages 11+)- new to dance Teen (Ages 11+) - prior dance training

**Classes:** Ballet, Tap, Jazz, Hip Hop, Lyrical/Contemporary (based on level)

★ **Recommended:** 2–4 classes per week for technical growth and style versatility

I want to take my training to the next level by competing and committing more deeply to dance.

### **SYNERGY**

Ages 5-18

#### Levels:

Synergy I (Ages 5-7) Synergy II (Ages 7-11) Synergy III (Ages 12+)

★ Required: 3 classes per week to support accelerated training and performance readiness

I have graduated from the SOAR program and I am ready to experience multiple styles and build strong technique!



# Welcome to NAOD!

### A dancer's journey – Intermediate/Advanced Intensive Track

I want to pursue dance at a

me for a future career in dance!

I am a beginner dancer but want to work towards becoming a professional dancer one day!



I've been dancing for several years—at
NAOD or elsewhere—and I'm ready for more
intensive training to elevate my technique
and artistry to the next level!

### **ENRICHMENT PROGRAM**

Ages 5-18

**Levels:** 

Ages 5-7

Ages 7-10

Teen I (Ages 11+) - new to dance Teen (Ages 11+) - prior dance training

**Classes:** Ballet, Tap, Jazz, Hip Hop, Lyrical/Contemporary (based on level)

★ **Recommended:** 3–4 classes per week to build strong technique and prepare for the YAA audition.

I'm a young dancer with 1–2 years of training, and I'm ready to take the next step by building strong technical skills through a set curriculum.

### **PRE-ACADEMY**

Ages 5-8

**Required:** Ballet, Tap, Jazz, Hip Hop, Lyrical

★ Dancers must audition to progress to YAA level

I want to compete and perform more—and I'm ready for the

## YOUNG ARTISTS ACADEMY (YAA)

YAA Premier: (Ages 8-12)

**Required:** 2 Ballet classes/week, Tap, Jazz, Hip Hop, Lyrical/Contemporary

## YAA Stellar/Elite (Ages 12+)

**Required:** 3 Ballet classes/week, Tap, Jazz, Hip Hop, Contemporary, Horton, Pointe (if applicable)

★ YAA dancers train intensively, perform regularly, and participate in competitions, workshops, and community events to support their artistic growth throughout the season.

I am ready to take my training to the next level by auditioning for the YAA program

**YAA II ENSEMBLE** 

Ages 5-8

The YAA is an audition-based program with a full season commitment from August-May, plus additional summer requirements. Placement and advancement are determined by each dancer's skill, artistry, work ethic, and growth—not age. Most dancers spend at least two years per level, though likley longer. Every journey is unique, and by joining YAA, you commit to trusting our process as we guide your dancer with care and intention.