

Welcome to NAOB!

A dancer's journey- moderate/beginner track

I want to explore and develop a love for dance while building a strong technical foundation!

I am a young dancer discovering the joy of dance for the first time!

I have never danced before but I'm excited to learn!

I've been dancing for a few years—at NAOB or elsewhere—and I'm excited to grow my technique and explore new styles at a moderate level!

SOAR PROGRAM

Ages 3-5

Levels:

Ages 3-4
Ages 4-5

Classes: Ballet/Jazz Combo, Ballet/Tap Combo, Hip Hop (Ages 4+)

★ **Recommended:** 1-2 classes per week to build consistency and confidence

ENRICHMENT PROGRAM

Ages 5-18

Levels:

Ages 5-7
Ages 7-10
Teen I (Ages 11+)- new to dance
Teen (Ages 11+) - prior dance training

Classes: Ballet, Tap, Jazz, Hip Hop, Lyrical/Contemporary (based on level)

★ **Recommended:** 2-4 classes per week for technical growth and style versatility

I want to take my training to the next level by competing and committing more deeply to dance.

SYNERGY

Ages 5-18

Levels:

Synergy I (Ages 5-7)
Synergy II (Ages 7-11)
Synergy III (Ages 12+)

★ **Required:** 3 classes per week to support accelerated training and performance readiness

I have graduated from the SOAR program and I am ready to experience multiple styles and build strong technique!

Our season runs from August-May with performance opportunities in December and early June. Not ready to commit to a full session?

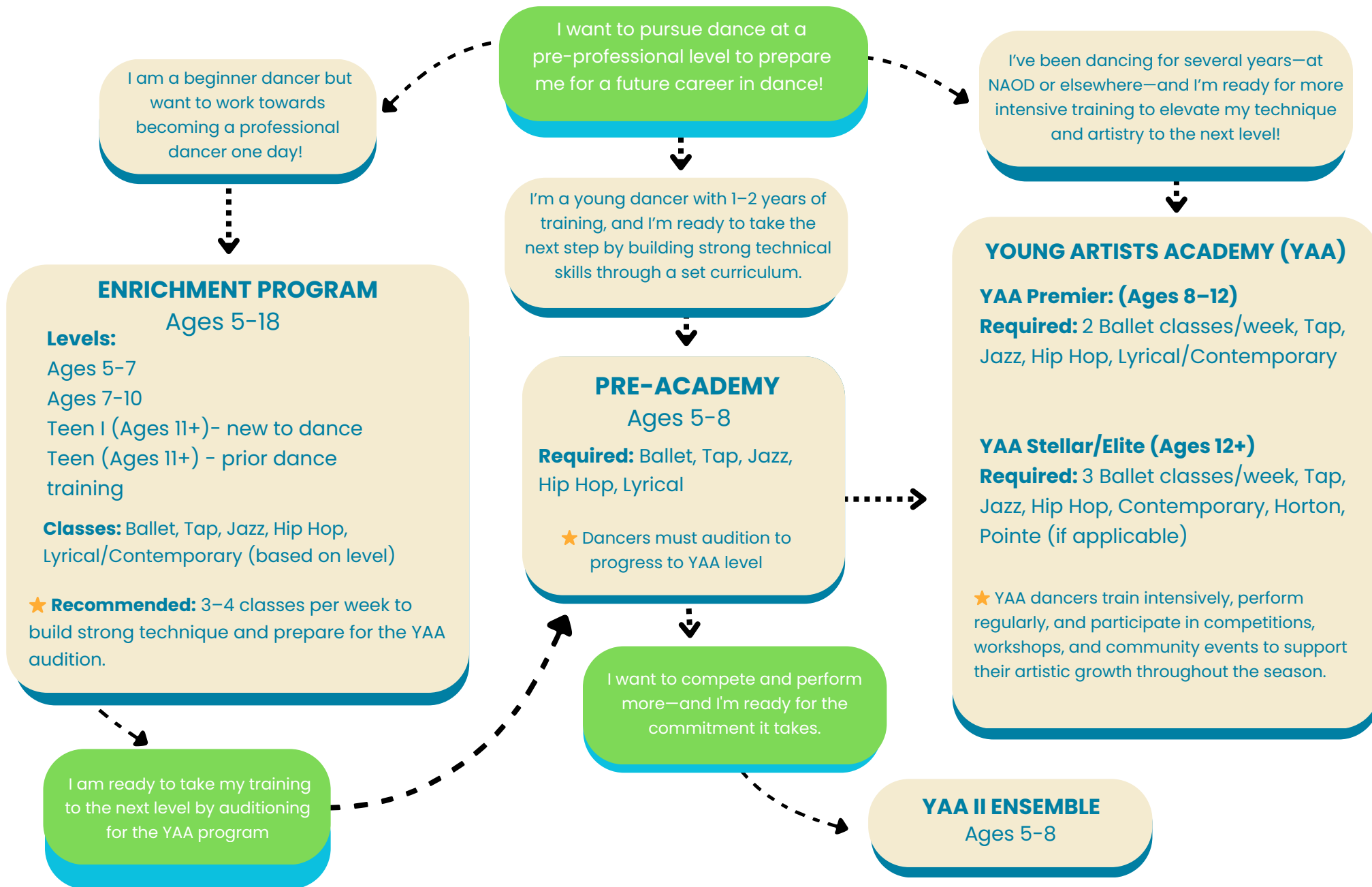
Try one of our short-term sessions—designed to fit your schedule and commitment level!

4-6 week sessions offered in the Fall and Spring, featuring a variety of dance styles.

Looking for more intensive training? Explore our Young Artists Academy Track! >

Welcome to NAOD!

A dancer's journey – Intermediate/Advanced Intensive Track



The YAA is an audition-based program with a full season commitment from August-May, plus additional summer requirements. Placement and advancement are determined by each dancer's skill, artistry, work ethic, and growth—not age. Most dancers spend at least two years per level, though likely longer. Every journey is unique, and by joining YAA, you commit to trusting our process as we guide your dancer with care and intention.