

# Our Programs

## S.O.A.R. Program Ages 3–5

An immersive dance experience designed to ignite imagination, inspire passion, and build a strong dance foundation in a joyful, supportive environment.

At NAOD, our S.O.A.R. Program reflects our commitment to excellence through four guiding pillars:

- **Strive:** We empower young dancers to reach for their fullest potential, nurturing a love for movement that lasts a lifetime.
- **Outshine:** Classes are designed using engaging props to spark imagination and encourage each dancer to shine in their own unique way.
- **Ascend:** Our curriculum blends age-appropriate technique with positive reinforcement to build both confidence and skill.
- **Rise:** Each class is thoughtfully tailored to meet students at their developmental stage, helping them grow physically, emotionally, and artistically.

### SOAR Levels:

- Ages 3–4
- Ages 4–5

### SOAR Classes:

- Ballet/Jazz Combo
- Ballet/Tap Combo
- Hip Hop (Ages 4+)



**\*Recommended:** 1–2 classes per week to build consistency and confidence\*

SOAR students have the opportunity to participate in our Holiday Concert (December) and Spring Concert (June).

# Our Programs

## Enrichment Program Ages 5–18

Our Enrichment Program is designed for students to explore and enhance their dance training in a supportive, encouraging atmosphere. This track is perfect for dancers who want to build a strong foundation in a variety of styles while progressing at their own pace.

Students can customize their schedule based on interest and commitment level, with the flexibility to take as many classes as they'd like. To support safe and effective technique, enrollment in Ballet is required for those taking Jazz or Contemporary.

No prior dance experience is needed to join—just a willingness to learn and grow!

### Enrichment Levels:

- Ages 5–7
- Ages 7–10
- Teen I (Ages 11+) – for dancers with no prior experience
- Teen II (Ages 11+) – for dancers with previous training

### Enrichment Classes:

- Ballet
- Tap
- Jazz
- Hip Hop
- Lyrical/Contemporary (if applicable)



**\*\* Recommended:** 2–4 classes per week to support technical growth and style exploration.

Enrichment dancers have the opportunity to participate in both our Holiday Concert (December) and Spring Concert (June). Enrichment students ages 5+ who are interested in competing may audition for our Synergy Program to deepen their training and performance experience.

# Our Programs

## Synergy Program Ages 5–18 | Audition Required

The Synergy Program is designed for dancers who are ready to deepen their commitment to dance and expand their training—but may not yet be ready for the full demands of the Young Artists Academy (YAA). This program bridges the gap between our Enrichment and YAA tracks, offering increased structure, **two competitions per year**, and additional performance opportunities. We actively seek out individuals displaying potential for growth and excellence, providing them with the tools and environment to thrive as they prepare for the next level of training.

### Program Levels:

- Synergy I (Ages 5–7)
- Synergy II (Ages 7–11)
- Synergy III (Ages 12+)

### Class Requirements:

All Synergy dancers are required to take a **minimum of 3 technique classes per week**, plus weekly rehearsals.

- Synergy I & II: Ballet, Tap, Jazz
- Synergy III: Ballet, Jazz, Contemporary

Upon acceptance, students are given a specific class schedule they must follow.

### Additional Requirements:

- Participation in the **Holiday Concert, Spring Concert, and Ensemble Show**
- Attendance at the **NAOD Summer Intensive** – (Outside intensives are encouraged for dancers ages 10+, but must not conflict with NAOD requirements.)



# Our Programs

## Young Artists Academy (YAA) Ages 5-18 | Audition Required

The Young Artists Academy (YAA) is a comprehensive training program for dancers committed to a full-time dance education. Designed for focused, passionate students, the YAA offers a structured curriculum that prioritizes both technical excellence and artistic development.

Students in this program are expected to maintain a strong work ethic, a positive attitude, and a deep dedication to their training. Dancers are evaluated throughout the year and formally assessed at the end of the season to determine continued placement within the program.

### Program Goals:

Our mission is to develop dancers who are:

- Technically strong
- Artistically well-rounded
- Performance-ready
- Committed to consistent growth



# Our Programs

## Young Artists Academy (YAA)

**Ages 5–18 | Audition Required**

### **Pre-Academy (Ages 5–7)**

The Pre-Academy serves as an introduction to the YAA experience. Students focus on building foundational skills in preparation for the full demands of the program.

#### **Requirements:**

- 5 weekly classes: Ballet, Tap, Jazz, Hip Hop, Lyrical
- Participation in the **Holiday Concert** and **Spring Concert**
- Attendance at the **NAOD Summer Intensive**

*Pre-Academy students looking to elevate their training can audition for the YAA II Ensemble, which offers competitions, workshops, and additional performance opportunities.*

*\*An audition is also required to officially enter the YAA upon reaching age eligibility.*

### **Young Artists Academy Divisions (Ages 8–18)**

Students are placed into one of three levels—**Premier, Stellar, or Elite**—based on their current technical ability, artistry, and growth potential. All YAA dancers are required to take a set number of technique classes per week, plus weekly rehearsals.

#### **YAA Premier**

- **6 weekly classes:** 2 Ballet, 1 Tap, 1 Jazz, 1 Lyrical/Contemporary, 1 Hip Hop

#### **YAA Stellar/Elite**

- **9–10 weekly classes:** 3 Ballet, 1 Tap, 1 Jazz, 1 Contemporary, 1 Horton, Hip Hop, Pointe (if applicable)

#### **Requirements:**

- Participation in the **Holiday Concert, Spring Concert, and Ensemble Show**
- Attendance at the **NAOD Summer Intensive** - (*Outside intensives are also encouraged for dancers ages 10+, but must not conflict with NAOD requirements*)

*In addition to classes, YAA Premier and Stellar/Elite dancers participate in competitions, workshops, community performances, and other artistic development opportunities throughout the season.*