

S.H.I.N.E. Conference October 2016

Guest Expert Presentations

Post-Conference Teleseminar:

"How to Add an Income Stream by Teaching Food Classes" with Elaina Love Wednesday, November 9th, 2016

Ritamarie Loscalzo : Welcome to our Post SHINE Class - with Elaina Love

Ritamarie Loscalzo : Elaina will show us how to create an extra income stream by teaching healthy food prep classes

sharonwegner : Are you supposed to see us too?

sharonwegner : thank you

Lynn DeBuhr Johnson : I'm here.

cassandraherbert : Hello everyone

Lynn DeBuhr Johnson : Hi, Cassandra!

cassandraherbert : Hello Lynn

cassandraherbert : Good to be in your virtual present again (smile)

Lynn DeBuhr Johnson : :-)

Helen : Hello, Everyone!

cassandraherbert : Hello Helen

Lynn DeBuhr Johnson : Hi, Helen!

Helen : :)

Lynn DeBuhr Johnson : <http://purejoyplanet.com/>

Elaine Watkins : I sure do appreciate the information being provided.

Lynn DeBuhr Johnson : Me, too. I have some classes I'm teaching locally coming up, so this is perfect timing.

cassandraherbert : Lynn I know your classes will be great. If I lived near you I would attend.

Elaine Watkins : How exciting!!

Helen : This is so great

Lynn DeBuhr Johnson : I'm teaching classes on how to eat healthy yet quick and easy during the holidays.

Lynn DeBuhr Johnson : This is great information!

Elaine Watkins : Wow. That sounds great Lynn.

Lynn DeBuhr Johnson : Thanks, Elaine! Let's hope people agree!

cassandraherbert : Lynn, They will love it.

Lynn DeBuhr Johnson : Sometimes, though, people like to see they don't have to spend lots of money on equipment, so my mis-matched bowls, etc., are received positively.

cassandraherbert : This is very helpful. didn't think about cafeteria trays

Lynn DeBuhr Johnson : I have used cafeteria trays.

Lynn DeBuhr Johnson : What do you think of interactive classes? Where they come up and help make the food.

Lynn DeBuhr Johnson : This will be a perfect recipe to use for my class.

cassandraherbert : YUM!

cassandraherbert : Yes, it would be Lynn

sharonwegner : This has been really great - thank you so much!!

cassandraherbert : This was very good. THANK YOU!

Helen : Thank you so much!

Lynn DeBuhr Johnson : Good thought.

Lynn DeBuhr Johnson : Oh, yes! Perfect!

susandesmarais : Can't wait to try the recipes. I hope to teach some classes in January

Elaine Watkins : This was so helpful, since I want to start doing this.

sharonwegner : Gotta run to work - thank you again.

Elaine Watkins : I learn best by watching, so this really helped.

Val : For those not familiar with Thrive Market, we got a coupon for a free year membership in our SHINE goodie bags. I'm really enjoying my free membership!

Summer : I'm at work right now so had to be in and out of this...will it be available to watch later? So far it all sounds great!

Lynn DeBuhr Johnson : It will, Summer. It will be on the SHINE dashboard area.

carol : Thank you this was awesome.

June Nies : Excellent! I look forward to the recording to listen again. I took lots of notes.

Lynn DeBuhr Johnson : Me, too, June!

Elaine Watkins : Thank you so much!!!!!!

Lynn DeBuhr Johnson : <http://www.PureJoyPlanet.com>

Summer : what is a good resource to learn about the natural sweeteners? i try to stay away in general, but if I do a class I need to be educated about them