

EMF's the Thyroid Gland and Cancer

A recent study published in the *Journal of Experimental Biology* showed that EMF exposure impacts both the structure and function of the thyroid.

For example, animals exposed to cell phone radiation produce lower levels of thyroid hormone, a marker of hypothyroidism.

The World Health Organization labelled the EMF emitting from mobile phones a class 2B carcinogen in May 2011

Limit exposure to mobile phones by using a land line when possible.

Never hold a mobile phone directly up to your head. Speakerphone or air tube headsets work to drastically reduce EMF exposure.

If you own your own home, ask your power company to change out your 'smart meter' for an analog meter. Smart meters emit much higher levels of EMF than a mobile phone and emit every 20 to 40 seconds, 24/7.

Turn off WIFI when you sleep. Change out wireless router for a hard wired ethernet router.

Fight EMF exposure by boosting your body's production of the potent detoxifier glutathione to counter EMF's harmful effects.

Warrior Blend by SUNWARRIOR is an excellent source of glycine, glutamic acid and cysteine from which glutathione is made.

Insure that you're getting all the nutrition that your body needs to manufacture healthy DNA. Consume a healthy diet high in raw plants and take a full spectrum multiple. But be sure that it is free of synthetic vitamins. Very few companies make such a product due to its high cost. SUNWARRIOR's Raw Vitamins and Vitamineral Rush are free of synthetic vitamins and dangerous additives and made from food extracted vitamins.

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