

Emotional Healing & Transformation with Young Living Essential Oils!

| Emotional Scale of Harmonics | New Choice | What's Returning | Recommended Young Living Essential Oil Blends |
|--|--|---|---|
| Enthusiasm (Yipee!) Present | I AM Fully and Completely Present! | Love, Joy, Enthusiasm Peak State | Any Oil Your Heart Desires! |
| Pain (Ouch!) Withdrawn | I love my Pain! I can feel my feelings I can love what I feel | Love, Acceptance, Clear Intuition & Memories | Pan Away, Aroma Siez, Relieve It, Transformation, Trauma Life, Deep Relief, Copaiba |
| Anger (Resentment) Blame | I forgive _____, specifically for.... I claim my authority and I author my life! | Forgiveness & Loving Action | Inner Child, Forgiveness, Humility, Release, Acceptance, Sara, Awaken |
| Fear (Dread) Worry | I Believe in Me! I Can Do it! I AM Confident! I Trust in me! | Faith, Certainty, Self-Trust Self-Confidence | Valor, Believe, Peace & Calming, 3 Wise Men, Present Time, Transformation |
| Grief (Sadness) Victim | I Love my sadness into... | Joy & Happiness | Inner Child, Joy, Release, Humility, Harmony, Sara, Trauma Life |
| Apathy (Numb) Stuck | I choose to make this fun and easy! I Can do it! I am committed! | Caring, Ease, and Confidence | Magnify your Purpose, Live w/ Passion, Clarity, Awaken, Motivation, Believe, Into The Future |
| Unconsciousness I don't know | I choose to Know! God in me Knows! | Consciousness Returning | 3 Wise Men, Brain Power, Trauma Life, Sara, Hope |

| Emotions | New Choice | What's Returning | Recommended Young Living Essential Oil Blends |
|--|---|--|--|
| Shame Self-doubt & Low Self Esteem | I deeply and completely love and accept myself just the way I AM. I Believe in Me! God believes in Me! | Deep and complete love & honoring of yourself... Just the Way you Are! | Inner Child, Motivation, Humility, Sara, Into the Future |
| Guilt Feeling inadequate or unworthy | I forgive myself for _____, I love and accept me just the way I AM! I take authority over my life! I author my life! | A full and complete love and honoring of yourself leading into claiming your authority and AUTHORING YOUR LIFE! | Inner Child, Release, Three Wise Men, Humility, Forgiveness, Sara |



Attend Artemis' Tapping Techniques Live Video Training

Tues, Oct 21, Noon Central. SHINE attendees get FREE registration!

<http://bit.ly/TappingTechniquesTraining>

Coaching Package Special - This Weekend Only:

Purchase your **4, 8, or 12-session coaching package** with Artemis this weekend and receive these 1 hr video courses:

- How to Detoxify with Energy Medicine (Advanced)
- How to Use Emotional Alchemy Every Day
- Conscious Language Study Group Series (8 1-hr videos; lead by Krystalle)

****Visit us at our table to schedule your first session with Artemis****