



## Spotlight Coaching Clarity Preparation

Name: \_\_\_\_\_

List all the happenings in your life over the past 3 months that you'd like to celebrate:

What's a challenge you're having or a project you'd like help with?

If you could narrow down the scope of your project or challenge to a single question, what would that be?

What's the minimal amount of background you need to share so that we can best help you?