



INE INSTITUTE OF NUTRITIONAL ENDOCRINOLOGY

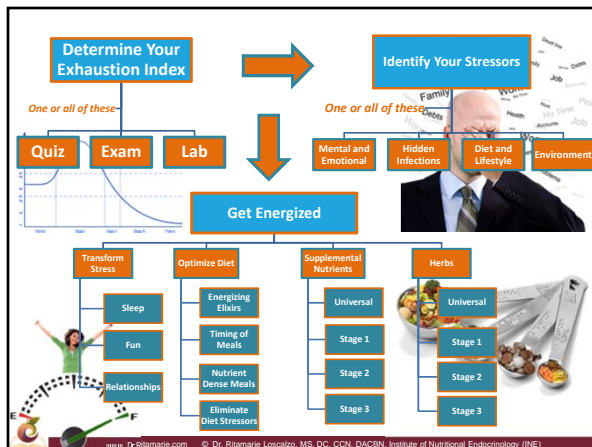
Practitioner's Adrenal Fatigue Training (PAFT) Part 3

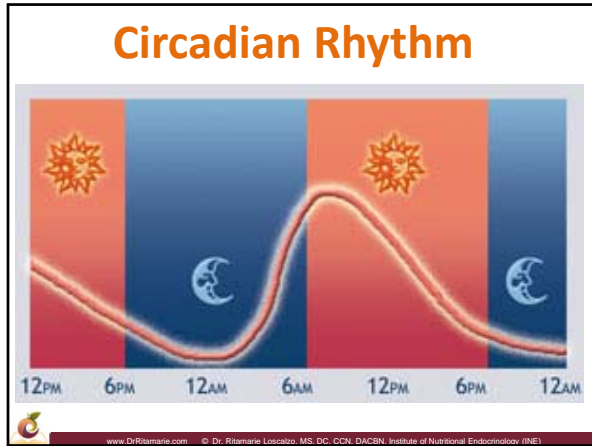
Dr. Ritamarie Loscalzo

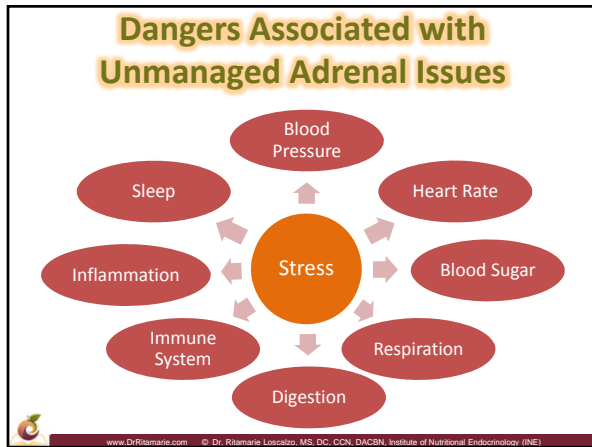
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Medical Disclaimer: The information in this presentation is not intended to replace a one-on-one relationship with a qualified health care professional and is not intended as medical advice. It is intended as a sharing of knowledge and information from the research and experience of Dr. Ritamarie Loscalzo, drritamarie.com, and the experts who have contributed. We encourage you to make your own health care decisions based upon your research and in partnership with a qualified health care professional.

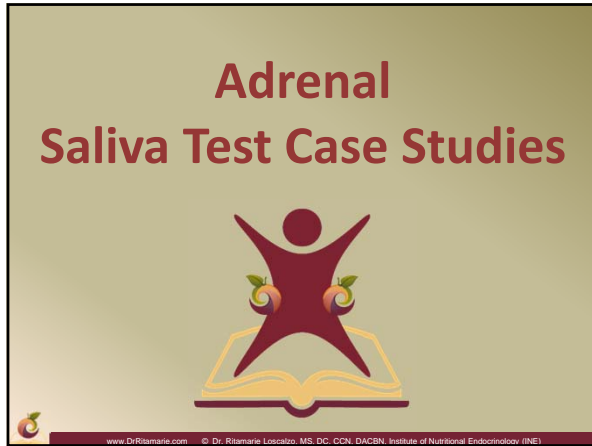
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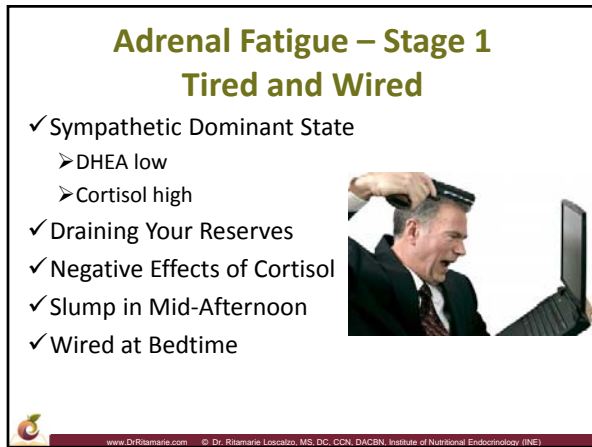












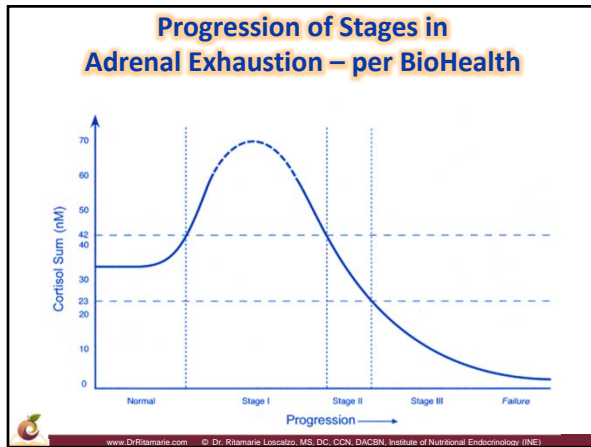


Adrenal Fatigue – Stage 3 Exhaustion

- ✓ Sympathetic Dominant State
 - DHEA low
 - Cortisol low
- ✓ Suffering From Negative Effects of Chronic Elevated Cortisol
- ✓ Low Libido
- ✓ Sex Hormone Imbalances
- ✓ Accelerated Aging
- ✓ Poor Memory



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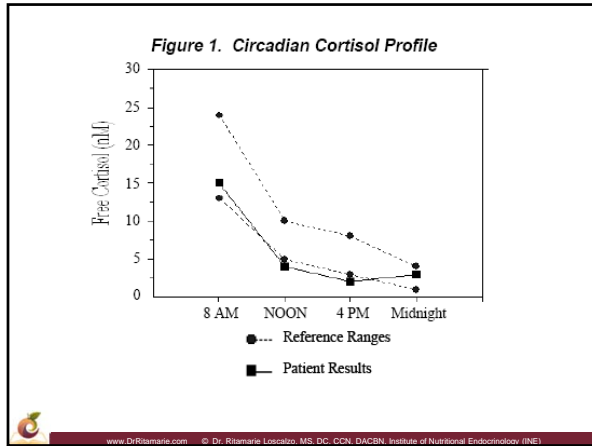


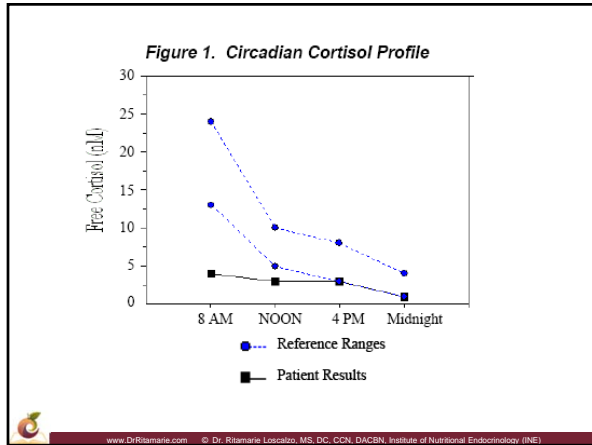
BioHealth Example – Stage 1

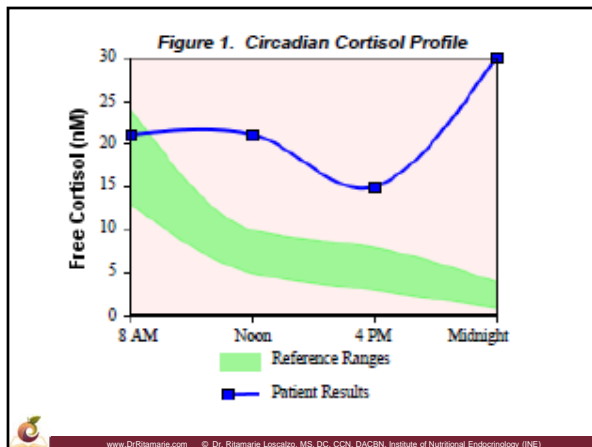
Functional Adrenal Stress Profile - 201			
Parameter	Result	Reference Range	Units
Cortisol - Morning (8 - 8 AM)	22.4	13.0 - 24.0	nM/L
Cortisol - Noon (12 - 1 PM)	10.0*	5.0 - 9.0	nM/L
Cortisol - Afternoon (4 - 5 PM)	13.4*	4.0 - 7.0	nM/L
Cortisol - Nighttime (10 PM - 12 AM)	7.3*	1.0 - 3.0	nM/L
Cortisol Sum	53.1*	23.0 - 42.0	nM/L
DHEA-S Average	2.00	2.00 - 10.00	ng/mL
Cortisol/DHEA-S Ratio	26.6*	5.0 - 6.0	Ratio

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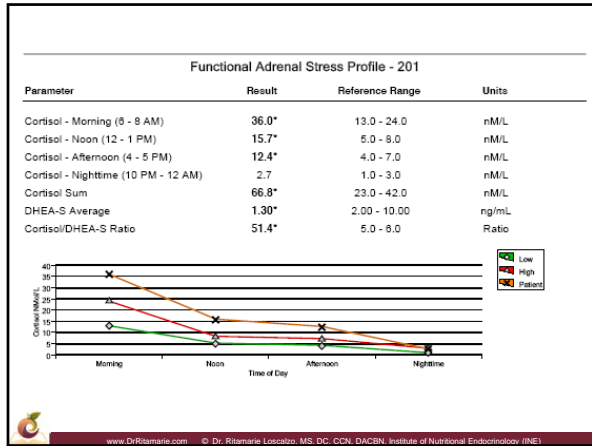
INE: (PAFT) Practitioner's Adrenal Fatigue Training - Part 3

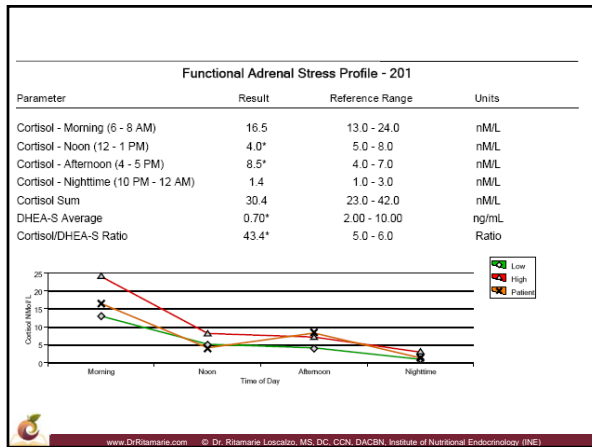


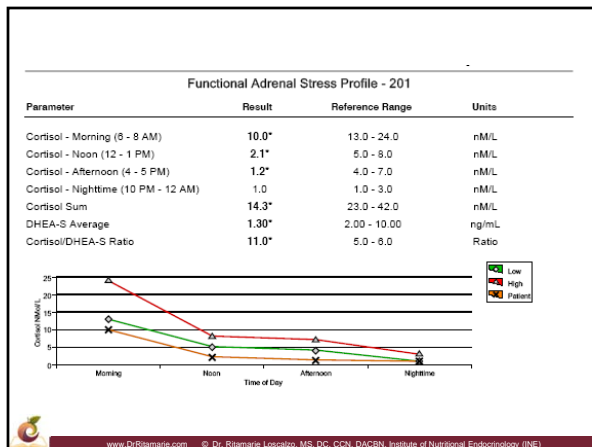




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