



INE | INSTITUTE OF  
NUTRITIONAL  
ENDOCRINOLOGY

# Nutritionally Oriented Physical Exam: Online

**Dr. Ritamarie Loscalzo**



**Medical Disclaimer:** The information in this presentation is not intended to replace a one-on-one relationship with a qualified health care professional and is not intended as medical advice. It is intended as a sharing of knowledge and information from the research and experience of Dr. Ritamarie Loscalzo, [drritamarie.com](http://drritamarie.com), and the experts who have contributed. We encourage you to make your own health care decisions based upon your research and in partnership with a qualified health care professional.



# Online Functional Exam

## VLM: Nutritionally Oriented Physical Exam

This is a virtual physical exam assessment. You may complete in stages by using the "save my progress" option.

Areas assessed include:

1. basic information, 2. blood pressure, 3. body measurements, 4. eye health, 5. lip and mouth, 6. face, 7. tongue, 8. head, 9. hand and nail, 10. skin health and 11. (final review)

Page 1 of 10 - Basic information

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### Personal Information - Basic

Name \*

<input type="text"/>	<input type="text"/>
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First      Last

E-mail \*

For whom are you completing this form \*

Self  Family Member  Client/Patient

Practitioner, doctor, or health coach's name (if you are under the care of)

<input type="text"/>	<input type="text"/>
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First

Last

Age \*

Height: \*

