



INE | INSTITUTE OF
NUTRITIONAL
ENDOCRINOLOGY

Nutritionally Oriented Physical Exam: Introduction

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Medical Disclaimer: The information in this presentation is not intended to replace a one-on-one relationship with a qualified health care professional and is not intended as medical advice. It is intended as a sharing of knowledge and information from the research and experience of Dr. Ritamarie Loscalzo, drritamarie.com, and the experts who have contributed. We encourage you to make your own health care decisions based upon your research and in partnership with a qualified health care professional.



Functional Exam Components

- ✓ Blood Pressure
- ✓ Measurements
- ✓ Eyes
- ✓ Lips and Mouth
- ✓ Face
- ✓ Tongue
- ✓ Head
- ✓ Hands
- ✓ Skin

