

# INE: Nutritionally Oriented Physical Exam - Introduction



**INE** INSTITUTE OF  
NUTRITIONAL  
ENDOCRINOLOGY

## Nutritionally Oriented Physical Exam: Introduction

Dr. Ritamarie Loscalzo

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**Medical Disclaimer:** The information in this presentation is not intended to replace a one-on-one relationship with a qualified health care professional and is not intended as medical advice. It is intended as a sharing of knowledge and information from the research and experience of Dr. Ritamarie Loscalzo, [drritamarie.com](http://drritamarie.com), and the experts who have contributed. We encourage you to make your own health care decisions based upon your research and in partnership with a qualified health care professional.

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### Functional Exam Components

- ✓ Blood Pressure
- ✓ Measurements
- ✓ Eyes
- ✓ Lips and Mouth
- ✓ Face
- ✓ Tongue
- ✓ Head
- ✓ Hands
- ✓ Skin



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